



CHAMBER OF COMMERCE HAPPENINGS

Promoting and celebrating the businesses and organizations of the Souhegan Valley.

Veterans Count Auction and Dinner Saturday, April 19th - Milford VFW

Do your part to support the men and women of the National Guard and Reserves by joining us at the Auction on Saturday, April 19. The night will be filled with good food, great company and lots of wonderful items to bid for in the Silent and Live Auctions or take a chance in the Raffles. Over 160 donations have been received for a stay in an Italian Villa, Dynamics of Leadership or Entrepreneurial Leadership coaching programs, airplane tickets, restaurants, gifts, paintings, a scenic plane ride, Deep Sea Fishing, and on and on the list goes! Our auctioneer Steve Desmarais will help you place your bid! Tickets are available for \$30. in advance by calling the office or \$40. at the door. The following story about just one soldier from the Milford unit tells why this is one event you don't want to miss.

“Life started to unravel...”



Pfc. Jonathan Snodgrass

Most people would be hard pressed to remember what happened in their lives on a particular day and time – but for Private First Class Jonathan Snodgrass, the events of March 1, 2006 are ones he will never forget. That morning, Jonathan was involved in a roadside bombing during the eighth month of his tour of duty in Iraq. As the gunner, he manned the machine gun in the turret of his humvee. His head was unprotected when the blast and air pressure came up over the roof and struck him, injuring his left eye and caus-

continued on page 4

Join the Celebration on June 5th at the Alpine Grove

Twenty years of serving the business community, the civic organizations, the members of the Souhegan Valley – now that is something to celebrate! Save the date – June 5 – to come to the Annual Award Dinner at The Alpine Grove Banquet Facility in Hollis. We will be honoring the work of the people in the Chamber during the past two decades along with the awards being presented that night. We invite you to be part of this very special event by nominating your recommendation for the four awards.

Businesses of the Year will have two categories. The first is for businesses with

fewer than 50 employees and the other is for businesses with more than 50 employees. These awards recognize deserving businesses in the Souhegan Valley that exhibit successful practices and distinguish themselves as a business that advances the best interest

continued on page 7

Welcome New Members	p.3
Member Happenings	p.5
Town of the Month	p.8
Member Directory	p.9



*You can find it
in the
Souhegan Valley.*

Executive Board

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Message From May's Desk:

Funny thing happened the other day. I was talking with one of our members about an order for some work we needed and he made a comment that stopped me in mid-sentence. Our conversation had turned from the job at hand to the economy of the area and the state in general. His response to what was rather dismal news caught me by surprise. "Whenever there is a down turn, I have my best year!" Did I hear him correctly? His best business period? He was very proud to explain that "when things get tough, the tough get going" using an old cliché. No matter what the market conditions, there are opportunities.



While it's true the economy is in need of a boost and the word "recession" is used more and more frequently to describe it, business and its success depends on you and your ability to be flexible. What are the overriding needs of the customers in this economy that you can meet. Can you create new marketing strategies that get the message to the right people? Another of our members, Chuck Taylor, Trademark Graphic Design likes to relate this to someone going into Lowe's for a drill. They really need a hole somewhere – and the drill is just the means to satisfying that need. How good are you at promoting what

you can offer to meet the needs of this business climate? You and your team have to find and exploit the opportunities that are out there. The bad news can mean good news from another view. Higher gas prices? More reason to stay local! See where I am going?

Now more than ever, we all need to work together and take advantage of any tools available. Come to our Chamber Leads meeting this month and hear from Katherine Jasmine, MarketingFirst. Her workshop – "Marketing on a Shoestring" is for everyone! We can all pick up pointers, new perspective from her expertise over several industries. Be sure to mark your calendar for the Before Hours Seminar on April 24 at Stove Keepers, 50 Route 101A. "Fueling the Future with Biomass" is the title of the presentation of information and resources that might just help you save on fuel expenses down the road. At both of these events, as well as, all of the Chamber events – After Hours, Dinner, Auction – you will have a chance to make new connections and build on existing ones. Nothing is more powerful than a referral by someone who knows you and what you do. Good old-fashioned word of mouth. Be sure you are getting all you can out of the opportunities!

Souhegan Valley



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603-673-4360 • fax 603-673-5018
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www.souhegan.net

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Life started to unravel...

continued from page 1...

ing a concussion. Although the injuries meant he could have returned home, he was determined to finish out his 11 month tour. "I was in a position where I thought I could do something right", he says.

Going home to NH did not bring the peace most people would expect. As a member of the Army National Guard, Jonathan did not have a military base, filled with support services, to return to. He simply went home and although nothing had really changed there, he had.

Over time, "life started to unravel", he gradually became more and more depressed. Anxiety and the depression made it difficult to sleep which had a snowball effect. He started missing work, missing paychecks and having severe financial problems. "I just couldn't handle it and I realized I needed to start over," says Jonathan. On a ride to visit a fellow soldier who was hospitalized, he told his story to Colonel Chris Conley who connected him with Easter Seals. That was the start of putting his life back together.

Jonathan's story is repeated over and over in the Souhegan Valley towns. Our citizen soldiers return to our communities changed in many ways with the experience of serving in a war zone. This program, Veterans Count and Easter Seals is there to help.

Jonathan will be joining us at the Auction on April 19 and will offer a few of the photographs he took while stationed in Iraq. Come hear from him, see through his eyes the people and the land of Iraq and help us support Jonathan and other soldiers and their families in the Souhegan Valley who serve for all of us.

Thank you to our Sponsors - Cirtronics Corporation, Souhegan Wood Products, Kimball Physics, Edward Jones, Milford, Dr. Edward Klopfer & Granite State Credit Union. Thank you to Frederick's Pastries, our Dessert Sponsor and Elisha's Restaurant, our Caterer for the Dinner and to Illuminart for our favors!



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Member Happenings

Frederick's Pastries – Amherst Location! Young Adults - \$65.00

New at Frederick's ~ a class designed for the young adults from ages 12 – 16! Vacation Fun ~ Outdoors in the Sun is our cake theme this month. Begin with our 8" cake, frost and decorate an outdoor scene using our delicious buttercream frosting. Leave with your cake and a Frederick's T-Shirt. Mon. April 28th ~ 4:00 – 5:30 pm

Adults - \$75.00

Join us for an evening of cake design! To welcome back spring we are having a Garden Theme this month. Start with our 8" cake and learn to create a spring flower garden using our buttercream frosting. Share the fun and call your friends! Sign up now on-line or call us direct, class size is limited.

Wed., April 16th ~ 6:00 – 7:30 pm

KIDS - \$55.00

April showers bring May flowers! Join us for a fun afternoon of cake decorating! Start with a 6" cake and create your own spring scene including umbrellas, rain and flowers with our delicious buttercream frosting! Leave with your decorated cake, chef's hat and a Frederick's Lil' baker apron!

Mon. April 28th ~ 1:00 - 2:30 pm | Wed.

April 30th ~ 1:00 – 2:30 pm

Sign up now on-line or call us direct, class size is limited.

All classes held in our Amherst, NH location.

109 Route 101A, Amherst, NH 03031

P: 603.882.7725

25 So. River Rd., Bedford, NH 03110

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Hours: Monday through Friday 8am – 6pm and Saturdays 8am – 5pm

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NH SBDC Workshops

It's 10am - Do You Know Where Your Business Is Going?

April 10, 8:30 a.m. - 12:00 noon

June 12, 8:30 a.m. - 12:00 noon

Two chances to spend half a day planning where your business is going at FastTrac® Listening to Your Business™.

Use critical evaluation tools and action steps to maximize the growth and profitability of your business! Small business owners actively plan for their businesses' development and growth during this hands-

on, facilitated workshop. A partnership between the NH SBDC and the NH Technical Institute, Concord. **Cost: \$79.** To register: <http://www.nhti.edu/businesstraining/small-business.htm>

The NH SBDC is an outreach program of the UNH Whittemore School of Business and Economics, and a cooperative venture of the U.S. Small Business Administration, the State of New Hampshire (DRED), the University System of New Hampshire, and the private sector.

Emotional Quotient Inventory (EQi™)

Certification Workshop, 8 am to 5 pm, May 6- 8 at the Nashua Country Club, Nashua, NH. The Emotional Quotient Inventory is a highly versatile tool that can be employed in corporate training and development, employee training and/ or selection, clinical, educational and medical settings and as an assessment for potential for success. Cost: \$2100 for 3 days of training. Contact: Jim Kimberly, Sapphire Consulting, 603-889-1099 or jim@consultsapphire.com. Visit www.consultsapphire.com for more details.

Auditions for MAP's hilarious summer show WONDER OF THE WORLD

April 7 and April 9, from 7 to 9 pm at the Amato Center in Milford.

The Milford Area Players will hold auditions for our hilarious summer play, David Lindsay-Abaire's Wonder of the World, on Monday April 7th and Wednesday April 9th, from 7 to 9 pm at the Amato Center in Milford. This comedy tells the story of Cass, who flees her mundane life after discovering a bizarre secret in her husband's sweater drawer. Her zany odyssey of self-discovery takes her to Niagara Falls, where she meets a colorful assortment of misfits on her way to solving the mystery of her own life's meaning. Be a part of this phenomenal production! Casting for 3 roles, and the selected actors will be on the Amato Center stage with NH theatre luminaries Mari Keegan, Maria Barry, Vick Bennison and Laurie Torosian, and directed by Kevin Riley.

Characters needed:

Cass Harris - female, 30s, the fleeing wife with a long "things to-do in life list"

Kip Harris - male, 30s, Cass's husband, a really nice guy with a really strange hobby
Captain Mike - male, 30s, upstanding pilot of the Maid of the Mist tour boat.

Please have a prepared monologue of no more than 1 minute, your choice.

If you have questions, please call director Kevin Riley at 603-880-0243 or email him at KPRiley7@aol.com. Play production dates are July 18 to 27, 2008 (two weekends).

Souhegan Lighting Products LLC is pleased to announce the opening of an Outlet Store located within their current facility at 13 Columbia Drive in Amherst. The Lighting Outlet of Amherst will carry energy efficient lighting products for home and office use. The store will feature a discount display where overstocks and discontinued items will be heavily discounted. Check out our compact fluorescent lamps offered in a wider variety of styles and color temperatures than the Big Retail Stores. Our featured product for April is the Wobblelight. This is a self-righting work-light that can take all of the abuse that a household or office can dish out. Look for it at the Chamber Auction this month as we have donated one for the event.

Kitchen Tune-Up® of Southern NH Earns Regional Customer Service Award

Kitchen Tune-Up®, the national franchise system headquartered in Aberdeen, S.D., announced that Kitchen Tune-Up® of S. NH had recently earned its regional customer service award for 2007. This award is given to franchises that exceed the expected levels in providing excellent customer service. The decision is based on customer's written testimonials regarding the value of service provided, quality of workmanship, professionalism and overall experience.

The Milford-based franchise serves the greater Southern NH area and can be reached at (603) 673-6499. Kitchen Tune-Up® serves residential and commercial customers through services that range from restoring and reconditioning wood cabinetry, to refacing cabinetry, replacing doors and hardware, installing new custom cabinetry and countertop installations.

continued on page 6...

Member Happenings

continued from page 5...

Hampshire Hills Opportunities!

Group Reformer at Hampshire Hills
March 31-April 25

Build a strong and stable core while lengthening and strengthening all muscles with Pilates Reformer training. Fees are based on 4 week sessions. A maximum of 4 per group. Introductory rate is \$60 for members and \$100 for non-members. If continuing on, member rate is \$70 and non-members \$120. Please call Joanne Leedy for more information.

Full Course Lifeguard Training at Hampshire Hills Learn the skills necessary to become a member of a lifeguard team. Training covers rescue, spinal injury management, post rescue care and more. CPR/AED Professional Rescuer certification included in this course. Ages 15 and up are welcome. \$50 non-refundable deposit is required. Member rate is \$140 and non-members \$180. April 2 at 6:30pm is the precourse swim test and April 7- May 21st, Monday and Wednesdays from 6-9pm is the full course.

Friday Night Tennis Social at Hampshire Hills April 4th 6-9pm All levels of tennis players ages 16 and older are invited to join in on the fun in the monthly mixed doubles tennis social. Players are sectioned by skill level. \$15 fee includes a can of balls and \$10 worth of club credit to use at Tiebreakers Family Grille after the social. Register at the front desk or call 673-7123. Open to members and their guest.

Volleyball at Hampshire Hills Co-ed intermediate/advanced league for the serious 18 and older player who wants to have fun. Games are refereed. Not for beginners. Contact Nichole Flores at bballcoachnikki@yahoo.com for more information.

CPR/AED Certification at Hampshire Hills Comprehensive course for individuals looking to cover all areas of CPR for all age groups. Two nights, three hours per night. Community certification level only, not for professionals. The class meets on Monday, April 7 and Wednesday, April 9th from 6-9pm. Member rate is \$40 and non-members \$50.

Hampshire Hills Swim Lesson Registra-

tion Lessons are available for all ages and levels. Classes include Juniors, Water Bugs, Little Tykes, Special Needs Aquatics and Adult Learn to Swim. The complete schedule is available online at www.hampshirehills.com. Registration for spring lessons starts Wednesday, April 16th for members and Thursday, April 17th for non-members. Member rate is \$42 and non-members \$66 for the session. On the day of registration you can come in person from 8am -1pm or call by phone 673-7123 x204.

Alpine Grove Presents our "MOTHERS DAY BRUNCH"

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Dorothy's Country Baskets and Gifts

Visit Dorothy at her shop in Heritage Place on Route 101A for her Specials for the Month of April. Buy one specialty food product and get the second one at half price! (Wine excluded) The sale also includes all Bags and selected personal care fragrances from Thymes, too! While you are in Dorothy's Country Baskets and Gifts don't forget to register for the monthly drawing of a \$50. Gift Certificate. You can call her at 889-7726 for information.

Institute of Higher Earning Offers Free Seminar: Eliminate a 30-Year Mortgage In As Little As 9 years With No Extra Income!

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of thousands and dump it all into your retirement! We passionately believe that EVERYONE should see this program for themselves. The Greater Milford Area could become a model community for America: Debt-Freedom-USA! Come to one of our FREE, no-obligation demonstrations, and see what we can do for YOUR financial situation. Families welcome. No sales pitch. Just a low key, informative presentation certain to impress and restore hope as this recession worsens.

Dates & Location - Every Thursday in April, 6PM & 7PM. Chamber of Commerce Office, 69 Rte 101A in Amherst, NH, across from J&J Party & Janitorial, white bldg, to the right of 1st Colebrook Bank, 1st Floor.

Sponsored By: Institute of Higher Earning, Milford, NH 1-800-504-2340, Gordon and Marlena Phillips, marlena@higherearning.com

First Colebrook Bank hosts Special Exhibit

The NH Locked Moose Antler Project, Inc. announces that our exhibit "Forever Locked" will be on display at the First Colebrook Bank, Amherst Branch, NH, on Saturday May 10, 2008 from 10:00 to 2:00 .

"Forever Locked" is a life-size, museum-quality taxidermy exhibit depicting a rare, natural event that occurred near an early settlement known as Fowlertown, located in Gile State Forest, Springfield, NH. It portrays two bull moose that permanently locked antlers while dueling, causing their deaths.

The exhibit is the property of the N.H. Locked Moose Antler Project, Inc. (non-profit) and was created in partnership with Nature's Reflection Taxidermy, Gray, Maine.

"Forever Locked" is an educational wildlife exhibit that accurately captures a naturally occurring wildlife phenomenon. It works in cooperation with the NH Conservation Officers Relief Association and supports the mission of the NH Fish and Game Department which reads: "As guardian of the state's fish, wildlife, and marine resources, the NH Fish and Game Department works in partnership with the public to; Conserve,

Member Happenings

continued from page 6...

manage and protect these resources and their habitats; Inform and educate the public about these resources; and provide the public with opportunities to use and appreciate these resources?"

Wadleigh Memorial Library

TAX SEASON It's that time of year, yet again. The Library has received a number of tax forms and publications. Library staff are unable to provide tax assistance, however, AARP Tax Aide advisors will be providing free tax consultation and preparation in the Keyes Room at the Library on the following dates: Tuesdays from 9:30AM to 2PM (thru April 8) and Thursdays from 4 PM to 6:30 PM (thru April 10). Bring along a copy of your 2006 taxes and the necessary paperwork for 2007. A consultant will assist and prepare with you all tax forms required to file. For more information, contact AARP Tax-Aide at 1-888-687-2277 or visit the AARP web page at <http://www.aarp.org/money/taxaide/>.

Join the Celebration on June 5th

continued from page 1...

of the community through leadership, concern for their employees and community involvement.

The Leader of the Year recognizes the outstanding achievements of a business person and their contribution to their field and to their community. The Volunteer of the Year focuses on those who through their commitment and work in one or more organizations give freely of their time and talents for the betterment of all. Our Souhegan Valley high schools will be selecting their Future Business Leader for 2008 from among the students in the junior classes.

Nominees do not have to be members of the Chamber. They should be residents or have their business located in one of our eleven towns. The nomination process asks for a brief description of the company or the nominee's position in the organization with a summary of community

involvement, highlighting awards, offices and other special positions held and the qualities that set this nominee apart from the rest.

A committee of Chamber members and past recipients will review the nominations submitted and make the final selection. All decisions will be confidential and the 2008 Award recipients will not be announced until the night of the celebration!

The form for nominations can be found on the website – www.Souhegan.net, in the March newsletter insert or it can be faxed to you through the Chamber office. So many wonderful contributions are made quietly without seeking recognition. So many of our businesses and community members give a great deal of their time and resources and go unnoticed. Help us to recognize those who make our Souhegan Valley such a great place and to say Thank You!

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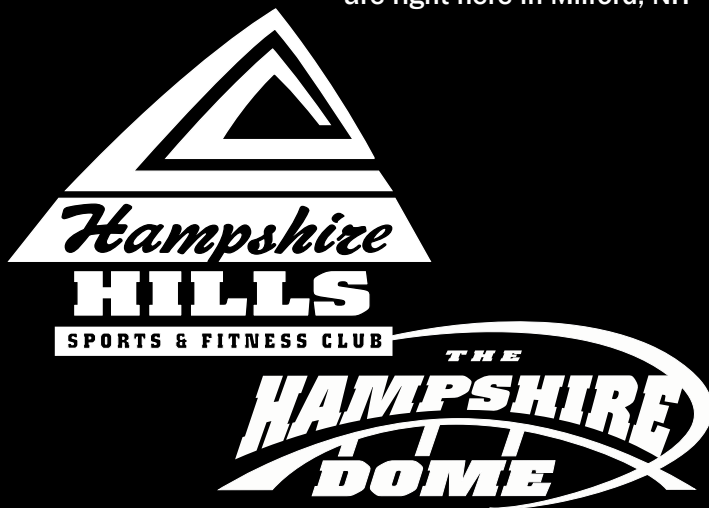
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Town of the Month – Mason



The home of Samuel Wilson



Mason Congregational Church was completed in 1837 on Valley Road

First known as Number 1, Mason was the first in a line of border towns that was part of the area allotted to NH by Massachusetts upon its' establishment as a separate state in 1741. The town's charter was granted in 1749, and in 1768, Governor John Wentworth named it in honor of New Hampshire's founder, Captain John Mason. Captain Mason was the holder of patent with title to the land that became New Hampshire.

Mason, a small out of the way town has several places worth visiting. Pickity Place was the model for grandmother's house in Elizabeth Orton Jones 1948 illustrated version of Little Red Riding Hood. Today the cottage, built in 1786, houses a restaurant, bookstore, gift shop, garden shop and greenhouse

and of course, the Red Riding Hood Museum.

Also in Mason is Parker's Maple Barn, an out of the way restaurant and maple sugar shack that draws people from all over for their famous breakfast. Mason is the boyhood home of "Uncle Sam," Samuel Wilson. Samuel Wilson was a meat-supplier who is believed to have inspired the Uncle Sam character. The private house is today identified by a state historical marker.

Look for Uncle Sam's childhood home on Route 123. The new owners are restoring the home and will be opening it for visitors during the 240th Anniversary Celebration. Mark your calendars for September 13, 2008 to visit and enjoy the festivities in Mason.

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Member Directory

Every month all of our Chamber members will be listed. Bold print will be used to distinguish Premiere and Premiere Plus Members. Additional information may be included in the listing for a nominal fee. A listing that includes logo, name, address, telephone and website is \$48 annually. Please contact the Chamber at 673-4360 for more information.

-A-

Accountants

Abacus Tax & Accounting Services ph: 557-7754
Brayman, Houle, Keating & Albright PLLC
ph: 595-8000
Business Clinic, Inc., The ph: 672-1234
Dionne & Strout, PA ph: 598-3693
J. Kenneth Fordham CPA ph: 672-1830

Acupuncture

Amherst Acupuncture ph: 672-7800

Advertising Promotional Specialties

American T Shirt Co. of NH ph: 672-4481

Antique Cars

Amherst NH Outdoor Antique Market, Inc.
ph: 673-2093

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Antiques at Mayfair ph: 546-0896

Apartments

Woodland Heights Apartments ph: 673-1155
Brookstone Manor ph. 673-0126

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Barbour, Inc. ph: 673-1313

Appliance Sales & Service

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Appraisal Services

Appraisal Source, LLC ph: 249-1640
F & M Appraisal Group, Inc. ph: 673-9666

Art Galleries/Instruction

Andres Institute of Art ph: 673-7441
Expressions Gallery, Inc. ph: 673-2136
Riverview Artist Mill ph: 654-2805

Automobile Sales & Service

Contemporary Chrysler Dodge, Inc. ph: 673-5511
Medlyn Motor, Inc. ph: 673-1667
Saturn of Nashua ph: 800-422-4825
Subaru of Milford ph: 673-0510

-B-

Bakeries



Frederick's Pastries

109 Route 101A, Amherst, NH 03031
ph: 882-7725
25 South River Road, Bedford, NH 03110
ph: 647-CAKE
www.pastry.net
Maple Lane Farm ph: 654-5362

Banks & Banking Associations

Centrix Bank & Trust - Milford ph: 672-4200
Citizens Bank - Amherst ph: 673-0177
Citizens Bank - Milford ph: 673-3480

First Colebrook Bank



69 Route 101A
Amherst, NH 03031
ph: 673-1440
fax 673-1290
www.firstcolebrookbank.com
Lake Sunapee Bank ph: 673-2350
Ocean Bank - Jones Road ph: 673-4700
Ocean Bank - Lorden Plaza ph: 672-5055
Sovereign Bank - Hollis ph: 465-7080
Sovereign Bank - Wilton ph: 654-2621
TD Banknorth ph: 249-4021

Banquet Catering

Alpine Grove Banquet Facility ph: 882-9051

Bed & Breakfasts

Greenfield Inn, The ph: 547-6327
Stepping Stones Bed & Breakfast ph: 654-9048

Book Stores

Just Read Books / Amherst Book Center
ph: 732-0258
Toadstool Bookshop ph: 673-1734

Boutiques & Specialty Shops

Amanda Thomas Women's Boutique ph: 595-9447
Dorothy's Country Baskets & Gifts ph. 889-7726
J.M. Princewell ph. 673-0611
Salzburg Square ph: 732-6507
Whimsey Square Gift Shoppe ph: 673-3111

Breweries

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-C-

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Alene Candles, Inc. ph: 673-5050

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Inspired Occassions ph: 879-0476

Chiropractors

Backstop Chiropractic Health Ctr, Inc., The ph: 673-1511
Elm Chiropractic Center ph: 673-6133
Spinal Corrective Center ph: 673-5600

Civic Organizations

Amherst Lions Club ph: 673-2834
DO-IT Milford Main Street Program ph: 672-4567
High Hopes Foundation of NH, Inc. ph: 429-1010
Little Hands to Hold Inc. ph: 547-2114
Make-A-Wish Foundation of NH ph: 623-9474
Milford Rotary Club ph: 673-4778
Nashua Pastoral Care Center ph. 886-2866
NH Charitable Gaming, LLC ph: 502-0214
Opportunity Networks ph: 883-4402
SCORE ph: 666-7561
SHARE ph: 673-9898
Souhegan Valley Interfaith Council ph: 673-4781

United Way of Greater Nashua ph: 882-4011
Veteran's of Foreign Wars, Harley Sanford
Post #4368 ph: 673-9817
Wilton Main Street Association ph: 654-3020

Cleaning

Wendi's Cleaning Services, Inc. ph: 673-4266
Space4U ph: 765-9267

Coin Dealers/Collectibles

Rare Coins of New Hampshire, Inc. ph: 673-9311

Computer Services

Computer Troubleshooters ph: 262-1557

Conservation Education

Beaver Brook Association ph: 465-7787

Construction/Contractors

Gavin Remodeling ph: 672-3200
Leighton A. White, Inc. ph: 673-2294
Portrait Homes Inc. ph: 672-8228
Steve Desmarais Construction, Inc. ph: 673-7751

Convenience Stores

Merrill's Convenience Center ph: 673-2405

Country Clubs & Golf

Amherst Country Club ph: 673-6351

Credit Card Processing

East Commerce Solutions, Inc. ph: 800-527-5395

Credit Unions

Granite State Credit Union ph: 249-9035
St. Mary's Bank phone ph: 249-7301
Triangle Credit Union ph: 577-9137

-D-

Dental Practices

AmeriDent Dental PC. ph: 672-6546
Amherst Pediatric Dental Associates ph. 673-1000
Family Dental Care of Milford P.A. ph: 673-3332
Kenneth G. Edwards, D.D.S Family Dental Care
ph: 673-0782

Department Stores

Wal-Mart ph: 672-3421

-E-

Education/Tutoring

KnowledgePoints ph: 769-3970

Elder Housing

Housing Initiatives of NE Corp. ph: 641-2163
Parkhurst Place ph: 249-1600
The Isle at Ledgewood ph: 672-5037

Electricians

KB Electric, LLC ph: 801-3563

Employment Staffing Services

Adecco, The Employment People ph: 598-0117
Personnel Interface Staffing Services, Inc., The
ph: 732-0206

-F-

Family Services

Big Brothers Big Sisters of Greater Nashua
ph: 883-4851
Bridges-Domestic & Sexual Violence Support
ph: 672-9833
Granite State Child and Family Counseling, LLC
ph: 672-1881
Nashua Pastoral Care Center, Inc.
ph: 886-2866

Farms/Farmer's Markets

Amherst Farmers' Market ph: 249-9809

Financial Services

Boutin Financial Group ph: 878-0584
Edward Jones Investments - Amherst ph: 672-5520
Edward Jones Investments - Merrimack ph: 429-3833
Edward Jones Investments - Milford ph: 673-3957
Hamlin Financial Solutions ph: 654-2329
Legacy Financial Services ph: 672-5000
Merrill Lynch ph: 628-3244
Money Concepts, CTS Financial Service, Inc.
ph: 880-6671

Fitness Facilities

Hampshire Hills Sports & Fitness Club ph: 673-7123

Florists

Garden Party, The ph: 249-9809
Woodman Florist ph: 673-3545

Food Specialties

House on the Hill ph: 673-2393

Fuel

Ciardelli Fuel Co., Inc. ph: 673-1336

Funeral Homes

Nelson-Michaud Funeral Home ph. 654-6524

Furniture Retail

Willette Fine Furniture ph: 673-7972
Winchendon Furniture Co., Inc. ph: 880-6393

-G-

Garden Centers & Nurseries

Milford Agway ph: 673-1669

Government

Town of Amherst ph: 673-6041
Town of Milford ph: 673-2257
Town of Wilton ph: 6549451

Graphic Design Services

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ph: 424-0814

Gymnastics Instruction

Gymnastics Village, Inc. ph: 889-8092

-H-

Home Decorating

Budget Blinds of Amherst ph: 880-4844

Home Health Care/Nursing Homes

Harborside Healthcare-Milford ph: 673-2907
Living at Home SeniorCare ph: 546-6060
Souhegan Home & Hospice Care ph: 673-3460

Home Improvement

Artistic Tile ph: 886-1920
Lowe's Home Improvement ph: 521-9241

Hospitals

Southern New Hampshire Medical Center ph: 577-2988

-I-

Insurance

Allstate Ins. Co. Jim Parolin & Associates ph: 429-8800

Beard & Boyd Insurance Agency LLC ph: 673-7228

Constable Agency-Nationwide, Inc. ph: 672-2243

Eaton & Berube Insurance Agency, Inc. ph: 673-0500
Holt Agency, The ph: 673-1201
Patriot Healthcare ph: 296-0312
Proctor Insurance Agency, The ph: 654-2081
Tebbetts Insurance Agency, ph: 603-465-3333
Tom Peters State Farm Insurance Agency
ph: 889-4333

-K-

Kitchen & Bath Design

Kitchen Tune-Up® ph: 673-6499

-L-

Landscaping Contractors

Kearney's Landscaping, LLC ph: 878-2864

Law Offices

David G. Stum, Counselor at Law, PLLC ph: 673-4543
Foy Law Office ph: 673-4030
Griffin & Owen P.C. ph: 673-5200
Hamblett & Kerrigan, P.A. ph: 883-5501
Wing & Weintraub, P.C. ph: 673-7256

Leather Goods

Hayward's Trading Post ph: 673-1321

Libraries

Wadleigh Memorial Library ph: 673-2408

Lighting, Lamps, Fixtures & Supplies

Souhegan Lighting Products, LLC ph: 889-8962

Limousine Service

L.A. Limousine ph: 654-3899

Locksmiths

Advanced Lock Company, LLC. ph: 672-2112

-M-

Management Consultation & Training

Sapphire Consulting, LLC ph: 889-1099

Manufacturing

Cirtronics Corporation ph: 249-9190
Hitchiner Manufacturing Company, Inc. ph: 673-1100
Hy-Ten Plastics ph: 673-1611
Saint-Gobain Crystals ph: 673-5831
Williams & Hussey Machine Co., Inc. ph: 654-6828
MTH ph: 886-0011

Markets

Earthward Natural Foods & Co-op ph: 673-4322

Massage Therapy

Associated Muscular Therapy ph: 582-5409
Blue Sky Massage Therapy ph: 465-2777
Caring Hands Massage Therapy, LLC ph. 508-1562
Sarah Whitcomb Massage ph: 672-4124

Mortgage Services

Cousins Home Lending, Inc ph: 433-2223
Dedicated Mortgage Associates ph: 472-1100

Moving & Storage

Currier Self Storage ph: 673-9538
College Bound Movers, Inc. ph: 882-6683
Granite Clover Self Storage, LLC ph: 883-2188

Music/Performing Arts

Andy's Summer Playhouse ph: 654-2613
Milford Area Players ph: 801-4473
Monadnock Chorus ph: 654-5566
Souhegan Valley Chorus ph: 673-7302

-N-

Newspapers

Cabinet Press, The ph: 673-3100
Hippo Press, The ph: 821-7279
Telegraph, The ph: 594-6539

Nutrition

Nashua Nutrition, LLC ph: 673-0974

-O-

Office Equipment

New England Copy Specialists
ph: 800-321-6327 x7745
Konica Minolta Business Solutions
ph: 898-4114

Office Supplies

Staples Office Superstore ph: 578-4897

Optometrists

Joseph J. Raczek O.D. ph: 673-7428
Nashua Eye Associates, Inc. ph: 672-8800

Orthodontics

Amherst Orthodontics ph: 672-0844
Edward L. Klopfer D.D.S., PA Orthodontist
ph: 673-2406

-P-

Party and Event Rentals

Special Events of New England ph. 624-8389

Payroll Services

Infinity Payroll ph: 821-5000

Pets

Food for Pets / Souhegan Pet Supply



Cobblestone Corner, 76 Route 101A
Amherst, New Hampshire 03031
ph: 673-7387
email: food_for_pets@comcast.net

Granite State Dog Center ph: 672-3647

The Doggie Bag and Day Spaw ph: 249-1149

Photography

Gail Maloney Photography ph: 465-7087

Physical Therapy

Hampshire Hills Clinic for Physical Therapy
ph: 672-4478

Physicians & Surgeons

Amherst Medical Associates ph: 249-3000
Dartmouth - Hitchcock Milford ph: 673-2515
Emerald Hill Aesthetic Laser ph: 672-3172
Robert D'Agostino MD Family Practice
ph: 672-2003

Postal / Package Services

Postal Center USA ph: 672-8816

Printing/Publishing

Amherst Label, Inc. ph: 673-7849
Copy Shop, Inc., The ph: 882-9111
Hansen Printing & Design Services, LLC ph: 672-7599
Galligher Printing Services, ph: 672-4540
Labels For Less ph: 654-8379
NH Kids' Directory ph: 566-3641
SendOutCards Distributor ph: 878-2411
Solid Print ph: 673-3347

Propane

EnergyNorth Propane ph: 654-6070
Suburban Propane ph: 673-2903

Psychotherapy

Woodard Hypnosis and Research, Inc.
ph: 673-2582

Public Relations

Civic Media Corporation ph: 673-9545

-R-

Real Estate

Amherst Rose Realty ph: 673-9141
Brookstone Manor ph: 673-0126
Grubb & Ellis/Coldstream Real Estate Advisors, Inc.
ph: 623-0100 x 207
Joan P. Lemire Real Estate ph: 654-6118
Kokko Realty, Inc. ph: 673-7000
Leonard, Lee & Company ph: 672-5100
Lorden Associates L.P. / WP Realty, Inc. 610-552-6000
Prudential Verani/ Foster Realty - Lyndeborough
ph: 654-6322
Prudential/Verani Realty, Inc. - Londondery 434-2377
Prudential/Verani Realty, Inc. - Milford ph: 459-5134
RE/MAX Country Properties - Amherst 673-9747
Roedel Partners, LLC ph: 654-2040

Recreation

Hot Laps Karting Center ph: 529-2929
NH Charitable Gaming, LLC ph. 502-0214

Referral Services

LeTip of Nashua ph: 498-6462

Rehabilitation Centers

Crotched Mountain Foundation ph: 547-3311

Renovations/Restorations

Red Hen Woodwork & Renovation ph: 673-6564

Restaurants

Elisha's Restaurant ph: 249-9452
J Beaners Coffee House & Cafe ph: 672-3332
Longhorn Steakhouse ph: 579-6975
New Boston Tavern ph: 487-2733


-S-

Schools

High Mowing School ph: 654-9408
Little Einsteins Preschool Learning Center, LLC
ph: 673-3022
Mascenic Regional High School ph: 878-1113
Pine Hill Waldorf School ph: 654-6003
Regional Services & Education Center, Inc. 673-6656
SAU #39-Amherst/MontVernon/Souhegan 673-2690
SAU #41 Hollis/Brookline School District 465-2269
SAU #40-Milford School District ph: 673-2202
Southern New Hampshire University ph: 881-8393
Wilton-Lyndeborough Coop Jr. Sr. ph: 654-6123

Sealcoating/Snowplowing

Shattuck Sealcoating

 6 Bums Hill Road
Wilton, New Hampshire 03086
ph: 654-5695 • fax 654-2027
email: shattucksealcoating@hotmail.com

Security Products Systems Burglar Alarms

Watchman Security Systems, Inc. ph: 673-8875

Septic Services

Souhegan Septic Tank Service, LLC ph: 673-4711

Sign Manufacturing

Poyant Signs, Inc. ph: 673-4233

Stoves – Wood, Pellet, Gas

Fireplace Depot, LLC ph: 546-0085

Supermarkets

Shaw's Supermarkets, Inc. ph: 672-1280
Stop & Shop ph: 673-6013

Surveyors & Engineering

Meridian Land Services, Inc. ph: 673-1441

-T-

Take-Out Foods

Moulton's Market ph: 673-2404

Telecommunications/Communication

Moore Enterprises ph: 978-597-0204
TDS Telecom ph: 888-837-1347
US Cellular - Nashua ph: 533-2070

Tire Dealers

Carson City Tire, Inc. ph: 673-5402

Tractor Sales & Service

B - B Chain, Inc. ph: 673-3455
Chappell Tractor Sales ph: 673-2640

Trash Removal

H2O Waste Disposal Services, LLC ph: 732-0961

Travel Agencies

Rainbow Cruises ph: 672-9511

-U-

U.S. Military

Army National Guard - Milford ph: 673-3784
Employer Support for the Guard and Reserves
ph: 225-1342

Utilities

Public Service of New Hampshire ph: 634-2380

-V-

Veterinary Medicine & Surgery

Hollis Veterinary Hospital, PLLC ph: 465-7071

-W-

Website Development

Robin Warren Website Design ph. 424-0814

-Y-

Youth Clubs & Organizations

Souhegan Valley Boys & Girls Club ph: 673-6820



Business After Hours
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Crop Walk for Hunger
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APRIL 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Veterans Count Comm 8:00	3 20th Anniversary Dinner Comm 4:00	4 Exec Comm 8:00	5
6	7 Golf Tournament 8:00	8	9 Veterans Count Comm 8:00	10 Communications 8:00	11	12
13	14	15 Chamber Leads 8:00 Marketing on a Shoestring, MarketingFirst	16 Veterans Count Auction 8AM	17 Board of Directors 8:00	18 Deadline for Award Nominations	19 Veterans Count Auction & Dinner 6:00 VFW Milford
20	21 Golf Tournament 8:00	22 Ambassadors/Membership Comm 8:00	23 Veterans Count Wrap-Up 8:00	24 BioMass Breakfast Seminar at Stove Keepers 8:00	25 Expo 8:00 Deadline for May Newsletter	26
27	28	29	30			

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