



CHAMBER OF COMMERCE HAPPENINGS

Promoting and celebrating the businesses and organizations of the Souhegan Valley.

Easter Seals NH and Souhegan Valley Chamber of Commerce Join Forces to Support Local Veterans and Their Families

Fundraiser and auction planned for April

Across the country people are coming together to support our brave military and their families as they sacrifice personal freedom for the freedom of all. Easter Seals New Hampshire and the Souhegan Valley Chamber of Commerce have formed just such a partnership that will result in a fundraiser and auction on Saturday, April 19 at 6:00 p.m. at the VFW Hall in Milford, NH. Proceeds will benefit military service members living in Souhegan Valley communities through the Easter Seals Veterans Count initiative.

The business community and concerned individuals are invited to take part in this exciting and heart-warming event. Sponsorships are available at a variety of levels ranging from \$50 to \$5,000, and we currently seek donations of a variety of goods and services to be auctioned off at the event. "These citizen soldiers are our neighbors, the people who provide everyday services in our communities, the employees of many of our Chamber member businesses. We are thrilled to have the opportunity to support them through the partnership with Veterans Count. And to give back to them some small token compared to what they give unselfishly. These men and women are our local heroes", said May Balsama, Executive Director, Souhegan Valley Chamber of Commerce.

Easter Seals NH's collaborative initiative Veterans Count, finds solutions to health and social service gaps that exist for veterans and their families throughout

New Hampshire. Veterans Count has a vision of developing and creating an integrated system that links National Guard and Reserve personnel with the Department of Health and Human Services and other key community service agencies to find solutions to meet their unmet care needs before they become critical. "Unlike any other war era, a significantly large number of active military personnel are reservists or serving in the National Guard," said Easter Seals NH COO Christine McMahon. "Because these families remain behind in our communities without the support infrastructure of the military community that exists on bases, the hardships faced by soldiers and their families, both while the service member is deployed and during the lengthy transition back into civilian life, are particularly problematic and unique in nature. We are thankful to the Souhegan Valley Chamber of Commerce for joining us in this very important effort."

If you are interested in attending the event, tickets are \$30 in advance or \$40 at the door. For tickets, questions about sponsorships, or to make an auction donation, please call May Balsama at 603.673.4360.

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*You can find it
in the
Souhegan Valley.*

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Marc Violette
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Amy Wheeler
First Colebrook Bank

Message From May's Desk:

Notice anything new? Please don't say "no" – or start turning this newsletter over and over. You know what I mean. You saw it right on the front page. It was unveiled in The Valley on January 31 in the Cabinet newspapers. We have a new logo! A fresh look for the Souhegan Valley Chamber of Commerce. Like getting a new suit! Same great organization with a mission of serving, promoting and fostering the business community and the important organizations that bring quality to life in our towns. Now with a representation that expresses it more directly.



Thank you to the efforts of Len Gerzon, Gail Hoar, Richard Mori and Leslie Palmer, members serving on our Communications Committee, led by Chairman Chuck Taylor, Trademark Graphic Design and Marketing. Chuck steered the deliberations through defining and refining the vision of what it means to be the Souhegan Valley Chamber of Commerce over the course of the past year. Your Chamber has a new symbol that visually represents the purpose and character of our association going forward into the next ten years or more.

Yes, by coincidence, this is the Twentieth year of the Chamber's separation from a larger body. The first ten years, it was the Milford/Amherst Chamber with a combination of the two initials. Ten years ago saw the launch of the one just retired when the name was changed to Souhegan Valley. Each symbol served the organization well and represented the focus of the time. With the new Chamber logo, the message is clear – we are in a very special place of history and beauty connected by the Souhegan River and we mean business.

The door decals are ordered and will be ready very soon for you to display with pride. We will have several formats available for you to use on your business cards, website, in advertising and promotional materials. Like all symbols, the logo carries a message. It is a message of pride in the area, commitment to be a good neighbor and community member, a message that instills confidence of quality and performance for the consumer. Be part of that positive message and let your membership bring value to your business. Help us share the message by using it whenever possible. Call me for files or assistance. I want it to become a familiar sight!

Souhegan Valley



69 Route 101A • Amherst, NH 03031
603-673-4360 • fax 603-673-5018
chamber@souhegan.net
www.souhegan.net

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of Commerce

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members and \$15.00 annually to non-
members.

Editor: May Balsama
Graphic Design: SJ Balsama
Publishing Support : Chuck Taylor

Welcome New Members

Caring Hands Massage Therapy, LLC

52 Nashua Street, Milford 508-1562

The mission of Caring Hands expresses the sense of purpose Ann M. Johnstone brings to her approach in her practice - Therapeutic and Relaxation Massage for the Many Changes in One's Life.

Massage is an age-old tradition that has been used to aid in lowering stress to help the body in healing whether due to surgery or an injury. People are taking back control of their lives and learning of the many different avenues open to them through the Internet, news media and other resources. Massage is a holistic approach along with western medicine as a path of choice. Massage aids in increasing circulation to help eliminate toxins and waste from the body and is helpful in stress reduction. The body goes through many changes on our journey in life, both physical and psychological, with the image changing, as we grow older. Massage helps the body to cope with the many physical aches and pains and to reconnect with the psychological changes. Ann offers massage for pregnancy, postpartum, chair, geriatric, infant, menopause and deep tissue. Appointments are made by calling the number above. She extends a special discount right now.

For every 3 referrals that come in for a 60 minute massage, you will get half off your next massage session.

Dorothy's Country Baskets & Gifts **141 Route 101A, Amherst 889-7726**

Since purchasing the business nearly a year ago, Dorothy Nazarian has been amazed at the number of people she has met who had not visited the shop before as Bank Village Gift Baskets. The reception to the new products and gift lines, as well as replenishing some of the favorites, has been very exciting! A great December, Dorothy wishes to thank all those who helped make her first Christmas so successful! Don't be surprised to see one of the eleven grandchildren checking

out their favorite shelves at "Gramma's store". Dorothy and her husband, Ara, moved to the area just over a year ago and are surrounded by their four and the grands!

The focus at Dorothy's is to carry unique gifts and specialty foods that can be incorporated into the containers/baskets to fill the gift-giving needs of individuals and businesses for any and all occasions. You will find many already assembled and ready to go. With Dorothy and her associate, Cheryl, you can customize your selection to meet any needs or visit www.dorothysbaskets.com for ideas. They deliver locally or can ship to anywhere via UPS. Stop by on Coffee Mondays and sample some of the foods, exhale, and browse at your leisure.

J.M. Princewell **127 Union Square at the 1931 Building** **Milford 673-0611**

A peak in the window of this quaint old building gives just a hint of the variety and selection offered at J.M. Princewell. June Costa has brought years of retail experience in the best gift and personal accessory lines, well-known to all, to the Milford oval. She has searched out unique and unusual items from the four corners to bring a flair and excitement of discovery to the shop. The number of gift opportunities – for a friend, loved one, new baby to tween, for men and women – is boundless. Each time you enter, you will see something new. June is happy to assist with ideas to create the perfect gift and can help with special orders on most items.

One favorite and popular line that is in demand by women, young and not-so-young is the Troll Bead selection. Lovely silver bracelets can be adorned by beads and baubles that represent a special event, interest or expression of love. Other jewelry collections, handbags in many colors and materials, fun tees, decorative pieces for the home fill the shelves and

beg examination. Stop in at J.M. Princewell and give yourself time to explore and discover. June is open for browsing during an after dinner stroll. A great addition to the Milford Oval!

Nelson-Michaud Funeral Home **32 Maple Street, Wilton 654-6524**

When a family comes to Carl A. Michaud and his staff for their services, Michaud feels responsible for memorializing the life of the loved one. There are some who don't know how to go about making arrangements during their time of loss. Those left behind are often still adjusting to the fact that their loved one is no longer with them. They depend on Nelson-Michaud Funeral Home to help guide them through this process. Funerals should represent the unique life of the individual who died and they assist the increasing number of families becoming involved in making the funeral a celebration of a life that was well lived. They welcome the participation of family, because this allows the family to celebrate the life of their loved one as only they can.

At Nelson Michaud Funeral Home, they feel that one-on-one personal service from the individual who owns the funeral home is what matters most at this difficult time. This is the commitment to quality service: individualized care for individual needs.

We can provide or coordinate any combination of products and services of your family's choosing including: Casket and vault selection; Visitation and arrangements; Church service; Funeral service at the funeral home; Graveside or chapel service; Cemetery arrangements; Direct burial; Military honors for veterans; Floral arrangements.

Pre-planning service is available to alleviate the burden for loved ones left behind.

Business After Hours



First Colebrook Bank Hosts Winter Wonderland After Hours



It was a full house at First Colebrook Bank on January 16 as Chamber members and guests were treated to the hospitality of Amy Wheeler, Bank Manager and her team in the Amherst office. The theme - Winter Wonderland was carried throughout the evening with snowmobiles to snowflakes to sparkling decorations. DeLuna provided the background of music with her Harp for mingling, meeting friends and making new business connections. The extensive buffet of hors d'oeuvres and desserts was by Inspired Occasions.

One special moment in the evening came with the presentation of a Statement of Support to Jim Tibbetts, President and CEO of First Colebrook Bank with Judith Dalton, newly elected Chairman of the bank's Board of Directors, and Amherst Manager Amy Wheeler. Jim Goss, Executive Director for the Employer Support for the Guard and Reserve spoke to the audience about the bank's commitment to the men and women and the families of the National Guard and Reserves.

Everyone had a fantastic time at First Colebrook with the friendship, the music, the great food and the door prizes! Especially the newest Chamber member in attendance, Ann Marie Johnstone, Caring Hands Massage Therapy, LLC. Her name was the one pulled from the fishbowl for the Grand Prize of the night – a Two Night Stay at the Balsam's Resort!

Hear Ye! Hear Ye!

Come join the Milford Rotary and participate in "100 Holes of Golf in One Day"

This is a joint fundraising effort of the Nashua and Milford, NH, Rotary Clubs. This year is the 14th Annual Golf Tournament and will be held August 1, 2008 at Amherst Country Club. It is a day of pampered golf. It starts with breakfast followed by shotgun tee off at 6:00 am. Each player has his/her own cart. We have spotters on the long fairways and gimmie rings around each hole. Rotarians ferry sandwiches, fruit, granola bars, water, Gatorade, etc. out to golfers all day. The day ends with a sumptuous banquet provided by Outback Steakhouse of Tyngsboro, MA. To play, players need to sell 50 raffle tickets.

Can't play? Buy a raffle ticket or two, (\$20 each), for a chance to win one of 10 prizes. The drawing will be held at the banquet. Attendance is not required to win.

| | |
|---------------------|---------|
| 1st prize..... | \$5,000 |
| 2nd prize | \$2,500 |
| 3rd prize | \$1,250 |
| 4th prize | \$1,000 |
| 5th prize | \$750 |
| 6th prize to | |
| 10th (5 Drawn)..... | \$500 |

Please contact Stephanie Kruey at Ocean Bank at 672-2780 or May Balsama at the Chamber Office at 673-4360 for tickets or further information.

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Member Happenings

Wadleigh Memorial Library– Milford

Saturday, February 16 Acoustic Cafe:
(Split Bill):The Bradford Bog People
and String Theory - Doors open at 7 PM,
Performance starts at 7:30 PM
The Bradford Bog People perform
southern old-time music from Eastern
Kentucky, the Virginias, the Ozarks and
N. Carolina on banjo and fiddle.

The Acoustic Café is a library-sponsored
program showcasing regional acoustic
musicians. Open to the public, it is held
the 3rd Saturday from October thru April
in a smoke-free intimate environment.
Admission is FREE !

The Acoustic Café is also supported by
the Friends of the Library. All proceeds
from coffee and refreshment sales benefit
the café and the library.

Tuesday, February 19 at 1 PM in the AV
Room Benefits of Chocolate
Come to the Wadleigh Library to discover
the facts and fictions surrounding the
tasty secret of the cacao tree - chocolate.
Robyn Putnam, Director of Harborside
Healthcare in Milford, will explain how
to get the benefits of oxidants in dark
chocolate and how to choose among the
many varieties on the market. Samples of
chocolate will be on hand for tasting!
To register for this free program, call
the library at 673-2408, email refdesk@wadleigh.lib.nh.us or sign up online on
the library calendar at www.wadleigh.lib.nh.us.

Tax Season!

It's that time of year, yet again. The Library has received a number of tax forms and publications. Library staff are unable to provide tax assistance, however, AARP Tax Aide advisors will be providing free tax consultation and preparation in the Keyes Room at the Library on the following dates: Tuesdays from 9:30AM to 2PM (January 29 through April 15) and Thursdays from 3:30 PM to 7:30 PM (February 7 through April 15). Bring

along a copy of your 2006 taxes and the necessary paperwork for 2007. A consultant will assist and prepare with you all tax forms required to file. For more information, contact AARP Tax-Aide at 1-888-687-2277 or visit the AARP web page at <http://www.aarp.org/money/taxaide/>.

Frederick's Pastries

Kids Cake Decorating Class - \$55.00
Easter is early this year ~ hop on in and join us for an afternoon of fun! Start with a 6" cake and create your own perfect Easter Bunny face with our buttercream frosting! Leave with your decorated cake, chef's hat and a Frederick's Lil' baker apron!
Mon. February 18th ~ 4:00 - 5:30 pm |
Wed. February 27th ~ 1:00 - 2:30 pm
Young Adults Cake Decorating Class - \$65.00

New at Frederick's ~ a class designed for the young adults from ages 12 - 16!
Easter is early this year ~ hop on in for an afternoon of cake design. Begin with our egg shaped cake, frost and decorate with spring flowers using our buttercream frosting, finish by nesting your egg in a bed of green coconut grass. Leave with your cake, chef's hat and a Frederick's T-Shirt.

Wed., February 20th ~ 4:00 - 5:30 pm |
Wed. February 27th ~ 3:30 - 5:00 pm
Adult Cake Decorating Class - \$75.00

Join us for an evening of cake design this month! Start with our 8" cake and learn to create a Bountiful Basketweave Bouquet using our buttercream frosting. Share the fun and call your friends! Sign up now on-line or call us direct, class size is limited.

Wed., February 20th ~ 6:30 - 8:00 pm
All classes are held at the Amherst Location. Call 882-7725 to reserve your place!

Gavin Remodeling achieves CERTIFIED NEW HAMPSHIRE

BUILDER Designation!

The Home Builders and Remodelers Association of New Hampshire (HBRANH) established the CNHB program (CNHB) as a part of its long standing construction industry education program.

All CNHB participants agree to follow a strict ethical standard in business relationships with consumers and agree to participate in ongoing continuing education in various builder related subjects, including customer service, business management, construction contracts, building codes and building technology.

Through participation in the program, builders, remodelers, and subcontractors seek nationally recognized professional designations including Graduate Master Builder (GMB), Certified Graduate Builder (CGB) and Certified Graduate Remodelor (CGR).

The above professional designations are products of the National Association of Home Builders (NAHB) and offer excellent opportunities for professionals to improve their skills, advance their career, and be recognized for commitment to professional growth.

The CNHB program is administered by the HBRANH through its Construction Institute of New Hampshire with courses being offered throughout the year here in New Hampshire. Courses are also offered by other home builder associations throughout the country as well as at the annual International Builders' Show.

All CNHB members must sign an agreement stating that they will adhere to the CNHB Code of Conduct and Ethics and all of the policies of the Program. Violation of the Code of Conduct and Ethics will be grounds for dismissal from the Program.

Gavin Remodeling is located in Brookline and can be reached at 672-3200.

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Member Happenings

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SNHU Adds New Program to Nashua Center

Southern New Hampshire University (SNHU) is offering the Graduate Certificate in Project Management at the Nashua Center. The next course, QSO 645 – Project Management for PMP Certification is offered in our Spring Term, March 31 – June 14, 2008. This course provides a comprehensive knowledge of Project Management while preparing the students for the Project Management Professional (PMP®) certification exam conducted by the Project Management Institute (PMI®). Pre-requisite for this course is 6 credit hours of mathematics and 3 hours of statistics. Open to the public.

Please call Kevin Coyne at (603)-881-8393 for details.

Beaver Brook Association Offers Workshops – Outdoor Opportunities

February 7, 2008

Herbal workshop: Making oils, salves and creams 7 -9pm

In this class participants will make a simple oil infusion, which involves extracting herbal essences into an oil.

Each person will also learn to make a lip balm and moisturizing cream using herbs. Herbs that the group will work with are likely to be calendula, comfrey or St. John's wort. Rivka will share her knowledge of the medicinal and aromatherapy properties of plants and their many other uses.

Participants will also receive handouts that include many herbal recipes. Beaver

Brook Brown Lane Barn, Brown Lane Hollis. Call to register 603-465-7787. Fee \$20.

Monday February 18, 2008.

President's Day Hike or Snowshoe.

11am-2pm.

Enjoy a winter day hike or snowshoe (if conditions permit) around Beaver Brook lands. We will provide the snowshoes, if nature provides the snow. We'll hike and stop for lunch. Return back to Maple Hill Farm all refreshed and aired out! Bring a lunch, a water bottle and wear warm hiking boots. Dress in layers.

Beaver Brook Maple Hill Farm 117 Ridge Road Hollis.

Call to register 603-465-7787. Fee: \$10

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economy in NH started in the early 1930's. A major contributor to the tax base, the industry grew not just in the mountains to the north, but right here in our communities. The first tow lift opened in 1935 and by 1950, tens of thousands came to NH to ski every weekend. And almost every town had some type of downhill area operating, many with rope tows where ski trains would bring skiers from Boston, Hartford and New York City. The evidence is right there in the display that Brookline, Wilton, Milford and Temple were favorite local spots.

One of the earliest books on skiing written in 1894 entitled, *Modern Vikings* by Boyesen sits along side the first Ski Map the NH Planning and De-

velopment Commission published for 1934-35. Toys have always mirrored the interests of the times as represented in the 1930's toy Ski Jumper seen in the accompanying photo. Stop by for a history lesson you will enjoy. Get ready for the fireside conversations at the lodges and visit Just Read Books, 172 South Street in Milford.



The Milford Area Players

The Milford Area Players are kicking off our 2008 season with Stephen Sondheim and George Furth's *Getting Away with Murder* for six shows March 7th through March 14th at the Souhegan Valley Boys and Girls Club Amato Performing Arts Center. You are invited to buy a season's ad in the program and help support the growth of community theater for our area.

Ad sizes and prices:

| | |
|-----------------------------------------------|-------|
| Outside Back Cover: | |
| 4 ½" W x 7 ½" H | \$250 |
| Inside Front Cover or First Full Page: | |
| 4 ½" W x 7 ½" H | \$200 |
| Full inside page: | |
| 4 ½" W x 7 ½" H | \$150 |
| Half of page: | |
| 4 ½" W x 3 ¾" H | \$100 |
| Third of page: | |
| 4 ½" W x 2 ½" H | \$70 |

We would prefer camera-ready ads, but can work from your business card or other artwork. Please contact Diane Cobb: dmgc101401@msn.com
Reservation and artwork deadline: February 8, 2008

Easter Seals NH and Souhegan Valley Chamber of Commerce

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About Easter Seals New Hampshire

Easter Seals NH provides exceptional services to ensure that all people with disabilities or special needs and their families have equal opportunities to live, learn, work and play in their communities. Easter Seals serves more than 25,000 children and adults in New Hampshire annually in more than 60 programs at 23 locations. To learn more about Easter Seals NH, and Veterans Count, visit our website at www.eastersealsnh.org.

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Chamber "Leads" the Way!

Third Tuesday of each month finds many members beginning the day at 8:00 am at a networking Sales Referral group session – Chamber Leads - at the Chamber office. The participating businesses and professionals represent a wide variety of fields and is open to anyone interested in joining. No reservations – no fee required! The format is simple – each person tells a little about what they do and what makes their service unique. Limited to one minute each, they have to be succinct and clear in telling their story.

Special presentations of up to 20 minutes are drawn from the areas most requested by the members. Marketing tips, financial advice, insurance concerns are the topics scheduled for the next few months. Chamber members and guest speakers with extensive

experience in one of these fields offer their expertise. Time is available for questions before wrap-up.

The session concludes with news and prospects for sharing referrals or one-on-one meetings.

By the end of the hour, the members of the Chamber Leads Sales Referral group have a good knowledge about each other and the sense of trust that comes with this kind of relationship building. The opportunity for developing a network for developing solid business contacts has brought successful referrals to members of the group.

Interested in joining? All are welcome. Come the third Tuesday of any month at 8:00 am and give it a try!

Energy Tip

How Much Energy Will That New Appliance Use?

Wondering how much extra energy a second refrigerator will use—and how much that will add to your bill each month?

Our interactive Energy Calculator at psnh.com provides customized reports based on your input. It is a great tool to help you manage your energy use wisely.

Use of the Energy Calculator is just one of the benefits you'll receive by registering for PSNH's Online Services. Check it out at psnh.com.

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Member Directory

Every month all of our Chamber members will be listed. Bold print will be used to distinguish Premiere and Premiere Plus Members. Additional information may be included in the listing for a nominal fee. A listing that includes logo, name, address, telephone and website is \$48 annually. Please contact the Chamber at 673-4360 for more information.

-A-

Accountants

Abacus Tax & Accounting Services ph: 557-7754
Brayman, Houle, Keating & Albright PLLC
ph: 595-8000

Business Clinic, Inc., The ph: 672-1234
Dionne & Strout, PA ph: 598-3693

J. Kenneth Fordham CPA ph: 672-1830

Acupuncture

Amherst Acupuncture ph: 672-7800

Advertising Promotional Specialties

American T Shirt Co. of NH ph: 672-4481

Antique Cars

Amherst NH Outdoor Antique Market, Inc.
ph: 673-2093

Antiques

Antiques at Mayfair ph: 546-0896

Apartments

Woodland Heights Apartments ph: 673-1155

Apparel

Barbour, Inc. ph: 673-1313

Appliance Sales & Service

Brennan & MacKay Appliances ph: 673-1177

Appraisal Services

Appraisal Source, LLC ph: 249-1640
F & M Appraisal Group, Inc. ph: 673-9666

Art Galleries/Instruction

Andres Institute of Art ph: 673-7441
Expressions Gallery, Inc. ph: 673-2136
Riverview Artist Mill, The ph: 654-7178

Automobile Sales & Service

Contemporary Chrysler Dodge, Inc. ph: 673-5511
Medlyn Motor, Inc. ph: 673-1667
Saturn of Nashua ph: 800-422-4825
Subaru of Milford ph: 673-0510

-B-

Bakeries

Frederick's Pastries



109 Route 101A, Amherst, NH 03031
ph: 882-7725
25 South River Road, Bedford, NH 03110
ph: 647-CAKE
www.pastry.net
Maple Lane Farm ph: 654-5362

Banks & Banking Associations

Centrix Bank & Trust - Milford ph: 672-4200
Citizens Bank - Amherst ph: 673-0177
Citizens Bank - Milford ph: 673-3480

First Colebrook Bank



69 Route 101A
Amherst, NH 03031
ph: 673-1440

fax 673-1290

www.firstcolebrookbank.com

Lake Sunapee Bank ph: 673-2350

Ocean National Bank - Jones Road ph: 673-4700

Ocean National Bank - Lorden Plaza ph: 672-5055

Sovereign Bank - Hollis ph: 465-7080

Sovereign Bank - Wilton ph: 654-2621

TD Banknorth ph: 249-4021

Banquet Catering

Alpine Grove Banquet Facility ph: 882-9051

Bed & Breakfasts

Greenfield Inn, The ph: 547-6327
Stepping Stones Bed & Breakfast ph: 654-9048

Book Stores

Just Read Books / Amherst Book Center
ph: 732-0258
Toadstool Bookshop ph: 673-1734

Boutiques & Specialty Shops

Amanda Thomas Women's Boutique ph: 595-9447
Salzburg Square ph: 732-6507
Whimsey Square Gift Shoppe ph: 673-3111

Breweries

Pennichuck Brewing Co., Inc. ph: 672-2750

-C-

Candle Manufacturing

Alene Candles, Inc. ph: 673-5050

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Inspired Occasions ph: 879-0476

Chiropractors

Backstop Chiropractic Health Ctr, Inc., The ph: 673-1511
Power of One Chiropractic, The ph: 673-6133
Spinal Corrective Center ph: 673-5600

Civic Organizations

Amherst Lions Club ph: 673-2834
DO-IT Milford Main Street Program ph: 672-4567
High Hopes Foundation of NH, Inc. ph: 429-1010
Little Hands to Hold Inc. ph: 547-2114
Make-A-Wish Foundation of NH ph: 623-9474
Milford Rotary Club ph: 673-4778
NH Charitable Gaming, LLC ph: 502-0214
Opportunity Networks ph: 883-4402
SCORE ph: 666-7561
SHARE ph: 673-9898
Souhegan Valley Interfaith Council ph: 673-4781
United Way of Greater Nashua ph: 882-4011
Veteran's of Foreign Wars, Harley Sanford
Post #4368 ph: 673-9817
Wilton Main Street Association ph: 654-3020

Cleaning

Wendi's Cleaning Services, Inc. ph: 673-4266
Space4U ph: 765-9267

Coin Dealers/Collectibles

Rare Coins of New Hampshire, Inc. ph: 673-9311

Computer Services

Computer Troubleshooters ph: 262-1557

Conservation Education

Beaver Brook Association ph: 465-7787

Construction/Contractors

Gavin Remodeling ph: 672-3200
Leighton A. White, Inc. ph: 673-2294
Portrait Homes Inc. ph: 672-8228
Steve Desmarais Construction, Inc. ph: 673-7751

Convenience Stores

Merrill's Convenience Center ph: 673-2405

Country Clubs & Golf

Amherst Country Club ph: 673-6351

Credit Card Processing

East Commerce Solutions, Inc. ph: 800-527-5395

Credit Unions

Granite State Credit Union ph: 249-9035
St. Mary's Bank phone ph: 249-7301
Triangle Credit Union ph: 577-9137

-D-

Dental Practices

AmeriDent Dental P.C. ph: 672-6546
Family Dental Care of Milford P.A. ph: 673-3332
Kenneth G. Edwards, D.D.S Family Dental Care
ph: 673-0782

Department Stores

Wal-Mart ph: 672-3421

-E-

Education/Tutoring

KnowledgePoints ph: 769-3970

Elder Housing

Housing Initiatives of NE Corp. ph: 641-2163
Parkhurst Place ph: 249-1600
The Isle at Ledgewood ph: 672-5037

Electricians

KB Electric, LLC ph: 801-3563

Employment Staffing Services

Adecco, The Employment People ph: 598-0117
Personnel Interface Staffing Services, Inc., The
ph: 732-0206

-F-

Family Services

Big Brothers Big Sisters of Greater Nashua
ph: 883-4851
Bridges-Domestic & Sexual Violence Support
ph: 672-9833
Granite State Child and Family Counseling, LLC
ph: 672-1881
Nashua Pastoral Care Center, Inc.
ph: 882-2866

Farms/Farmer's Markets

Amherst Farmers' Market ph: 249-9809

Financial Services

Boutin Financial Group ph: 878-0584
Edward Jones Investments - Amherst ph: 672-5520
Edward Jones Investments - Merrimack ph: 429-3833
Edward Jones Investments - Milford ph: 673-3957
Hamlin Financial Solutions ph: 654-2329
Legacy Financial Services ph: 672-5000
Merrill Lynch ph: 628-3244
Money Concepts, CTS Financial Service, Inc.
ph: 880-6671

Fitness Facilities

Hampshire Hills Sports & Fitness Club ph: 673-7123

Florists

Garden Party, The ph: 249-9809
Woodman Florist ph: 673-3545

Food Specialties

House on the Hill ph: 673-2393

Fuel

Ciardelli Fuel Co., Inc. ph: 673-1336

Furniture Retail

Willette Fine Furniture ph: 673-7972
Winchendon Furniture Co., Inc. ph: 880-6393

-G-

Garden Centers & Nurseries

Milford Agway ph: 673-1669

Government

Town of Amherst ph: 673-6041
Town of Milford ph: 673-2257
Town of Wilton ph: 654-9451

Graphic Design Services

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PO Box 6083
Manchester, NH 03108
Tel 603-880-1410 - Fax 603-669-4936
www.trademarkgraphicdesign.com

Innovative marketing and packaging design.

Robin Warren Website Design

ph: 424-0814

Gymnastics Instruction

Gymnastics Village, Inc. ph: 889-8092

-H-

Home Decorating

Budget Blinds of Amherst ph: 880-4844

Home Health Care/Nursing Homes

Harborside Healthcare-Milford ph: 673-2907
Living at Home SeniorCare ph: 546-6060
Souhegan Home & Hospice Care ph: 673-3460

Home Improvement

Artistic Tile ph: 886-1920
Lowe's Home Improvement ph: 521-9241

Hospitals

Southern New Hampshire Medical Center ph: 577-2988

-I-

Insurance

Allstate Ins. Co. Jim Parolin & Associates ph: 429-8800
Beard & Boyd Insurance Agency LLC ph: 673-7228
Constable Agency-Nationwide, Inc. ph: 672-2243
Eaton & Berube Insurance Agency, Inc. ph: 673-0500
Holt Agency, The ph: 673-1201
Patriot Healthcare ph: 296-0312

Proctor Insurance Agency, The ph: 654-2081
Tebbetts Insurance Agency, ph: 603-465-3333
Tom Peters State Farm Insurance Agency
ph: 889-4333

-K-

Kitchen & Bath Design

Kitchen Tune-Up® ph: 673-6499

-L-

Landscaping Contractors

Kearney's Landscaping, LLC ph: 878-2864

Law Offices

David G. Stum, Counselor at Law, PLLC ph: 673-4543
Foy Law Office ph: 673-4030
Griffin & Owen P.C. ph: 673-5200
Hamblett & Kerrigan, P.A. ph: 883-5501
Wing & Weintraub, P.C. ph: 673-7256

Leather Goods

Hayward's Trading Post ph: 673-1321

Libraries

Wadleigh Memorial Library ph: 673-2408

Lighting, Lamps, Fixtures & Supplies

Souhegan Lighting Products, LLC ph: 889-8962

Limousine Service

L.A. Limousine ph: 654-3899

Locksmiths

Advanced Lock Company, LLC. ph: 672-2112

-M-

Management Consultation & Training

Sapphire Consulting, LLC ph: 889-1099

Manufacturing

Cirtronics Corporation ph: 249-9190
Hitchiner Manufacturing Company, Inc. ph: 673-1100
Hy-Ten Plastics ph: 673-1611
Saint-Gobain Crystals ph: 673-5831
Williams & Hussey Machine Co., Inc. ph: 654-6828
MTH ph: 886-0011

Markets

Earthward Natural Foods & Co-op ph: 673-4322

Massage Therapy

Associated Muscular Therapy ph: 582-5409
Blue Sky Massage Therapy ph: 465-2777
Sarah Whitcomb Massage ph: 672-4124

Mortgage Services

Cousins Home Lending, Inc ph: 433-2223
Dedicated Mortgage Associates ph: 472-1100

Moving & Storage

Currier Self Storage ph: 673-9538
College Bound Movers, Inc. ph: 882-6683
Granite Clover Self Storage, LLC ph: 883-2188

Music/Performing Arts

Andy's Summer Playhouse ph: 654-2613
Milford Area Players ph: 801-4473
Monadnock Chorus ph: 654-5566
Souhegan Valley Chorus ph: 673-7302

-N-

Newspapers

Cabinet Press, The ph: 673-3100

Hippo Press, The ph: 821-7279
Telegraph, The ph: 594-6539

Nutrition

Nashua Nutrition, LLC ph: 673-0974

-O-

Office Equipment

New England Copy Specialists
ph: 800-321-6327 x7745
Konica Minolta Business Solutions
ph: 898-4114

Office Supplies

Staples Office Superstore ph: 578-4897

Optometrists

Joseph J. Raczek O.D. ph: 673-7428
Nashua Eye Associates, Inc. ph: 672-8800

Orthodontics

Amherst Orthodontics ph: 672-0844
Edward L. Klopfer D.D.S., PA Orthodontist
ph: 673-2406

-P-

Payroll Services

Infinity Payroll ph: 821-5000

Pets

Food for Pets / Souhegan Pet Supply



Cobblestone Corner, 76 Route 101A
Amherst, New Hampshire 03031
ph: 673-7387
email: food_for_pets@comcast.net

Granite State Dog Center ph: 672-3647
The Doggie Bag and Day Spaw ph: 249-1149

Photography

Gail Maloney Photography ph: 465-7087

Physical Therapy

Hampshire Hills Clinic for Physical Therapy
ph: 672-4478

Physicians & Surgeons

Amherst Medical Associates ph: 249-3000
Dartmouth - Hitchcock Milford ph: 673-2515
Emerald Hill Aesthetic Laser ph: 672-3172
Robert D'Agostino MD Family Practice
ph: 672-2003

Postal / Package Services

Postal Center USA ph: 672-8816

Printing/Publishing

Amherst Label, Inc. ph: 673-7849
Copy Shop, Inc., The ph: 882-9111
Hansen Printing & Design Services, LLC ph: 672-7599
Gallagher Printing Services, ph: 672-4540
Labels For Less ph: 654-8379
NH Kids' Directory ph: 566-3641
SendOutCards Distributor ph: 878-2411
Solid Print ph: 673-3347

Propane

EnergyNorth Propane ph: 654-6070
Suburban Propane ph: 673-2903

Psychotherapy

Woodard Hypnosis and Research, Inc.
ph: 673-2582

Public Relations

Civic Media Corporation ph: 673-9545

-R-

Real Estate

Amherst Rose Realty ph: 673-9141
Brookstone Manor ph: 673-0126
Grubb & Ellis/Coldstream Real Estate Advisors, Inc.
ph: 623-0100 x 207
Joan P. Lemire Real Estate ph: 654-6118
Kokko Realty, Inc. ph: 673-7000
Leonard, Lee & Company ph: 672-5100
Lorden Associates L.P. / W/P Realty, Inc. 610-552-6000
Prudential Verani/ Foster Realty - Lyndeborough
ph: 654-6322
Prudential/Verani Realty, Inc. - Londondery 434-2377
Prudential/Verani Realty, Inc. - Milford ph: 459-5134
RE/MAX Country Properties - Amherst 673-9747
Roedel Partners, LLC ph: 654-2040

Recreation

Hot Laps Karting Center ph: 529-2929

Referral Services

LeTip of Nashua ph: 498-6462

Rehabilitation Centers

Crotched Mountain Foundation ph: 547-3311

Renovations/Restorations

Red Hen Woodwork & Renovation ph: 673-6564

Restaurants

Elisha's Restaurant ph: 249-9452
J Beaners Coffee House & Cafe ph: 672-3332
Longhorn Steakhouse ph: 579-6975
New Boston Tavern ph: 487-2733


-S-

Schools

High Mowing School ph: 654-9408
Little Einsteins Preschool Learning Center, LLC
ph: 673-3022
Mascenic Regional High School ph: 878-1113
Pine Hill Waldorf School ph: 654-6003
Regional Services & Education Center, Inc. 673-6656
SAU #39-Amherst/MontVernon/Souhegan 673-2690
SAU #41 Hollis/Brookline School District 465-2269
SAU #40-Milford School District ph: 673-2202
Southern New Hampshire University ph: 881-8393
Wilton-Lyndeborough Coop Jr. Sr. ph: 654-6123

Sealcoating/Snowplowing

Shattuck Sealcoating

 6 Burns Hill Road
Wilton, New Hampshire 03086
ph: 654-5695 • fax 654-2027
email: shattucksealcoating@hotmail.com

Security Products Systems Burglar Alarms

Watchman Security Systems, Inc. ph: 673-8875

Septic Services

Souhegan Septic Tank Service, LLC ph: 673-4711

Sign Manufacturing

Poyant Signs, Inc. ph: 673-4233

Stoves – Wood, Pellet, Gas

Fireplace Depot, LLC ph: 546-0085

Supermarkets

Shaw's Supermarkets, Inc. ph: 672-1280
Stop & Shop ph: 673-6013

Surveyors & Engineering

Meridian Land Services, Inc. ph: 673-1441

-T-

Take-Out Foods

Moulton's Market ph: 673-2404

Telecommunications/Communication

Moore Enterprises ph: 978-597-0204
TDS Telecom ph: 888-837-1347
US Cellular - Nashua ph: 533-2070

Tire Dealers

Carson City Tire, Inc. ph: 673-5402

Tractor Sales & Service

B - B Chain, Inc. ph: 673-3455
Chappell Tractor Sales ph: 673-2640

Trash Removal

H2O Waste Disposal Services, LLC ph: 732-0961

Travel Agencies

Rainbow Cruises ph: 672-9511

-U-

U.S. Military

Army National Guard - Milford ph: 673-3784
Employer Support for the Guard and Reserves
ph: 225-1342

Utilities

Public Service of New Hampshire ph: 634-2380

-V-

Veterinary Medicine & Surgery

Hollis Veterinary Hospital, PLLC ph: 465-7071

-Y-

Youth Clubs & Organizations

Souhegan Valley Boys & Girls Club ph: 673-6820



Mark Your Calendars!

Our Veterans Count Auction and Fundraiser

April 19

Platinum Anniversary Award Dinner

June 5

Golf Classic and Varsity Invitational

August 21

Best of Souhegan Expo

October 23

Thank You to Our Contributors:

Len Gerzon, Laurie Johnson

Amy Wheeler, Milford Area Players

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Contact the Chamber for more details.

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FEBRUARY 2008

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--------|----------------------------------------------|---------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|-----------------------------------------|----------|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 Veterans Count Auction Comm 8AM | 7 Veterans Count Auction Comm 8AM | 8 Best of Souhegan Expo Comm 8AM | 9 |
| 10 | 11 | 12 Golf Tournament & Invitational 8AM | 13 Communications Comm 8AM Excel in Your Business Workshop 9-1PM* Veterans Count Auction Comm 8AM | 14 Members Breakfast 8AM Barn @ Hitchners Annual Comm 8AM | 15 Ambassadors Comm 8AM | 16 |
| 17 | 18 | 19 Chamber Leads Referral Group 8AM | 20 Veterans Count Auction Comm 8AM | 21 Board of Directors Meeting 8AM | 22 Best of Souhegan Expo Comm 8AM | 23 |
| 24 | 25 | 26 | 27 Veterans Count Auction Comm. 8AM | 28 Intro to Microcredit Workshop 3-5PM | 29 *Call for Information | |

**Thank You for
Your Sponsorship!**

Veterans Count Auction
April 19
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Cirtronics Corp.
Bronze Sponsor
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