



CHAMBER OF COMMERCE HAPPENINGS

Promoting and celebrating the businesses and organizations of the Souhegan Valley.

The Best of Souhegan Expo 2008 is here!

Green Up! What Can I Do? Best of Souhegan Expo

*11:00 Opening Celebration in the
Hampshire Dome
Exhibit Floor 12:00 Noon to 7:30 PM
Thursday, October 23
at Hampshire Hills, Milford*

The biggest event of the Souhegan Business Community is here. Plan to come to Hampshire Hills on October 23. This is your opportunity to connect with other businesses, make new connections, learn something new that will help you in your career and home. There is something for the whole family starting at 11:00 in the Hampshire Dome with a special keynote address from Gary Hirshberg, Stonyfield Farm and author of "Stirring It Up: How to Make Money and Save the World". Joined by Dr. Lyonel Tracy, Commis-

sioner, NH Dept. of Education, they will welcome the student participants for the Career aspect of the Expo and set the stage for a day full of workshops, exhibits, vendors and demonstrations. Live broadcast by The River – 92.5 FM will keep the crowd moving through the Exhibit Halls – FairPoint and Wal-Mart Courts, named for two of our major sponsors, to meet the merchants and professional services people of the area and sample the house specialties of our restaurants and culinary experts.

Demonstrations by Mount Washington Observatory Educational Center, Christa McAuliffe Planetarium, Creative Feast Chef, Liz Barbour, Dept. of Environmental Services, The Balsam's Culinary School, Kathy Blake Dance Studios, Granite State Dog Center, and Paper Moon are just a sample of what is in store. Workshops will

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Celebration of Souhegan Stars!

With the balloting done and the votes counted, it was time to celebrate! Readers Choice Awards were presented to the outstanding businesses and professionals of the valley communities at Amherst Country Club on September 23. Souhegan Valley Chamber's Rick Boyd and Merrimack Chamber's Bob Ellis, Chairmen of their respective boards congratulated the top two vote getters in the categories of Good Eats and Shopping. Shana Hoch, Nashua Telegraph, was at the podium to introduce the recipients in the Services. Karen Johnson, Mil-

ford Cabinet, shook hands and shared a few hugs with them as they received their certificates provided by the Cabinet Press.

One bittersweet moment to the evening came with the tribute to Mike Cleveland, editor of the Cabinet Press from Boyd in recognizing his outstanding career covering the Souhegan Valley. For almost thirty years, Cleveland has reported on the people, the governments and the progress of the communities. There wasn't a category called "Souhegan Valley's Best Editor,

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Executive Board

Effective July 1, 2008

Rick Boyd – Chairman
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John Pantalone
College Bound Movers

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PSNH

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TDS Telecom

Message From May's Desk:

A couple of remarks made to me recently have concerned me that some misconceptions may be out in the communities. I think that I need to clarify two issues. The first revolves around the political ads being run by the U.S. Chamber of Commerce here for the senatorial race between Shaheen and Sununu. It is easy to assume that we are related or linked in some way and that question is being asked in other Chambers as well.



To quote directly from their website, "The U.S. Chamber of Commerce is the world's largest business federation representing more than 3 million businesses of all sizes, sectors, and regions. Our core mission is to fight for business and free enterprise before Congress, the White House, regulatory agencies, the courts, the court of public opinion, and governments around the world." They have an international presence and purpose. We do not share in that. We are not a member or branch of that organization or any other for that matter.

We are a locally based Chamber of Commerce that is directed by bylaws written and adopted by our members in accordance with IRS code governing non-profits. Our mission is to serve our members, support the businesses in the Souhegan Valley and surrounding Southern NH communities and help support the quality of life that has drawn us all to this region.

The other comment I have heard more than once is directed to the Best of Souhegan Readers Choice Awards.

When the idea of the activity was first developed in December of 2006, it was as a result of the growing partnership with the Cabinet Press and the Souhegan Valley Chamber. We had just worked jointly on the Expo and the discussion centered on the number and variety of outstanding businesses and professional services

that call the Valley towns home. How could we highlight as many of these as possible, make our community members think about the people with whom they do business and the dedication of those people to serve their needs. That is how the idea was born. We determined it would be completely random. No ballot with a list of choices, but open to all to participate and to receive the votes of their patrons. We know there are a couple of skeptics out there. Please assure them that neither the Cabinet nor the Chamber has any desire to conduct a "popularity contest" or "beauty contest". We want to celebrate the wonderful neighbors and establishments we are fortunate to have. The customers and clients vote.

We congratulate everyone who participated, those who received votes, and all the companies in the many categories we missed – or ran out of room to include. There are many, many who did not receive an award that should have. Hats off – a round of applause and a pat on the back are due. We appreciate you all.

Souhegan Valley



69 Route 101A • Amherst, NH 03031
603-673-4360 • fax 603-673-5018
chamber@souhegan.net
www.souhegan.net

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of Commerce

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Graphic Design: SJ Balsama
Publishing Support : Chuck Taylor

Welcome New Members

Photography by Jmarie
99 Union Square, Milford
249-5805
www.photographybyjmarie.com

Jacqueline Nauyokas is the proprietor of one of the newest shops on the Milford Oval, Photography by Jmarie. She offers clients a unique experience at her photography studio. Each session is planned to suit the individuals included in the session. By doing this they are able to capture YOU!

On Saturday, October 25th, they will be opening the doors of Photography By Jmarie for a 1 day Event. They will be offering a complimentary mini session and 5x7 print in exchange for your new/unused paper product that will be donated to the SHARE Program. This event will take place from 9am-2pm. No appointments are necessary for this event, just show up and be photographed. If you happen to forget your paper goods, that's okay, we will also be accepting a \$5.00 donation that will go directly to SHARE.

Images taken at this event will be available for pickup at the studio on Saturday November 9th, from 10-2 and Sunday November 10th from 10-2. If you have any questions please contact Jacqueline directly at 249-5805 or by email at photogjmarie@comcast.net For more information on the SHARE program please visit them directly at www.sharenh.org

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Member Happenings

19th Annual Great Pumpkin Festival, October 10 – 12

In and Around the Milford Oval for three days packed with fun for all ages. Stage Shows, clowns, games, storytellers, and all things Pumpkin! Visit the website, www.milfordpumpkinfestival.org or call 672-4567. Programs available throughout the area merchants and at the Chamber of Commerce office.

Pine Hill Waldorf School

Woodland Storybook Walk at the Pumpkin Festival! Bring your children on a magical autumn walk at the festival and see what friendly and imaginative story folk you and your young child encounter in the words on this fun (not scary) trek. \$3. per child, \$10. maximum per family. Proceeds benefit the Pine Hill scholarship fund.

October 17, 7:00 – 8:45 p.m. Raising Loving Children, Master teacher Gene Campbell shares thoughts on how parents can raise open-hearted children.

Open House, Saturday, November 8, 2:00 to 4:30 p.m. Learn about Waldorf education and meet our teachers. Children are welcome to visit the classrooms, enjoy a puppet show. Pine Hill serves early childhood to Grade 8. Financial aid is available.

Milford Area Players

Amato Center for the Performing Arts, SVBGC

Mont Vernon Street, Milford
All My Sons, Friday to Sunday, October 17-19; 24-26.

Are You Ready to Make a Difference?

Meals on Wheels Needs Volunteer Drivers!
What does it take to be a driver?
1 afternoon a week (10:30-12:00)-A friendly smile

We have opportunities available in the Milford area. Training is provided. Please call Charlotte Troddyn at 603-424-9967 or email: ctroddyn@sjesinc.org to learn more. For more information on St Joseph Community Services please visit www.mealsonwheelsnh.org

Frederick's Pastries Fall Decorating Classes

Adult Cake Decorating Class - 10/22 – 6:30 – 8:00 Are you looking for a unique, delicious centerpiece for your next fall gathering? Join us in this month's cake decorating class and we will teach the techniques of mastering your own sweet cornucopia. Start with an 8" cake, frost to cover, then pipe on a cornucopia filled with a bountiful harvest using our delicious buttercream frosting. Class fee \$75.

Kids Cake Decorating Class – 10/22 – 4:00 – 5:30 Ghosts, goblins, spiders – oh my!

Join us in our Halloween decorating class. Start with a Jack-O-Lantern shaped cake, pipe on your choice of face – no carving needed! Add spiders, webs, scars and more. For a finishing touch add grass and creatures with our buttercream frosting for a perfect ground setting. Leave with your decorated cake, chef's hat and your own child sized apron. Child must be accompanied by an adult. Class may be rescheduled if minimum of 4 participants is not met. Class Fee \$60.

Young Adult Cake Decorating Class – 10/20 – 4:00 – 5:30

Ghosts, goblins, spiders – oh my! Join us in our Halloween decorating class. Start with carving a Jack-O-Lantern from cake, frost with our delicious buttercream frosting and then pipe on your choice of face! Add spiders, webs, scars and more. For a finishing touch add grass and creatures with our buttercream frosting for a perfect ground setting. Leave with your decorated cake and a Frederick's t-shirt. Class Fee \$70.

Classes Held in Amherst, NH Class may be rescheduled if minimum of 4 participants is not met.

Parkhurst Place, Amherst

Strength Training Classes (on-going)

Join at any time, fee will be pro-rated

Two classes per week:

Tuesdays & Fridays, 10:30 – 11:15 am OR

Tuesdays & Fridays, 11:30 am – 12:15 pm

(Join class at any time: fee will be pro-rated)

Cost: \$30/six weeks (for 2 classes per week)

Participants use light weights to strengthen and tone muscles. Exercises for strength, balance and stretching will be done seated and standing by the chair.

Gentle Yoga Classes (on-going)

One class per week: Mondays OR

Thursdays

(Join these classes at any time, fee will be pro-rated)

Mondays, 8:15 – 9:15 am OR

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Amherst, NH 03031
603-672-5520

Marc D Chareth
1 Elm Street
Milford, NH 03055
603-673-3957

Tony Yakovakis
297 Daniel Webster Highway
Suite 5
Merrimack, NH 03054
603-429-3833

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

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Member Happenings

Thursdays, 10:00 – 11:00 am
 Cost: \$ 30 for 6-week session

Regular yoga practice will increase flexibility, balance and energy, and gives you tools to cope with the stresses of everyday life. No experience is necessary.

Art Instruction for Adults (on-going)
 Join class at any time @ \$10 per class
 9:30 – 11:30 am
 Second Floor Activity Room
 Instructor: Susan Peterson, PMEC Artist-In-Residence
 Cost: \$60 for 6-week session

All levels, from beginner to experienced.
 Multimedia Pre-registration required. Call Susan Peterson: 673-5951.
 AARP Driver Safety Program
 Monday, November 3rd, 2008, 9:00 am – 1:00 pm
 AND Wednesday, November 5th, 2008, 9:00 am – 1:00 pm

Bean Community Room
 Cost: \$10 for 2-day class

The AARP Driver Safety Program is a refresher course for drivers age 50 and older. Learn about current rules of the road, how to operate your vehicle more safely in today's increasingly challenging driving environment, and some adjustments to common age-related changes in vision, hearing, and reaction.

Call Lorraine at 249-1600 to register for all programs.

Oktoberfest at Salzburg Square!

Saturday, October 18 10 – 5
 Come celebrate in the atmosphere of a Bavarian village and enjoy the sounds, the foods and the fun with all the merchants in the Square. Special offers, a Chili Contest, activities for the young and young-in-heart.



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- 10/11 Hollis Congregational Church, Hollis
- 10/14 St. John Neumann Church, & 28 Merrimack
- 10/16 VFW Post 4368, Milford



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SHARE Has a New Home: The Knights of Columbus Building

This year the SHARE Outreach Program has cause for a double celebration, its 30th anniversary, and moving into their new home, the Knights of Columbus Building in Milford, NH. For thirty years, St. Patrick Parish has been very generous and supportive of the outreach program by providing space and paying many operating expenses. SHARE is forever grateful. Over the years, the number of people coming to SHARE for financial help and for food has increased. In 2007, SHARE spent more than \$260,000 helping people out of their desperate situations. Because of this continuous growth, the members of the SHARE Board of Directors began considering moving to a larger location to enable SHARE to better serve the community.

The Knights of Columbus building, in Milford, came on the market and appeared to be an ideal location for SHARE. As the Board talked about setting up a fund for a possible purchase, someone else showed serious interest in the building. The Board was forced to move quickly. SHARE made an offer and SHARE was delighted that the Knights accepted its offer. The build-

ing will provide SHARE with more office space, offering clients more privacy, and a large space for a Food Pantry on street/ground level would accommodate people with handicaps. The hall and kitchen would be ideal for functions, such as the Christmas Fair and the Christmas Program. There would also be plenty of parking. Having this building will make it possible for SHARE to live out its mission to treat people with dignity, respect and confidentiality. The move will take a lot of work and SHARE is counting on the community's support. Renovations are needed, such as painting, putting up walls for 2 offices and shelves in the Pantry.

For 30 years, 100% of SHARE's donations have gone directly to help the people who come to SHARE for assistance. Over the past few years SHARE has gradually assumed operating expenses, paying phone bills, postage, salaries, and purchasing office supplies and insurance. SHARE was able to do this through the generous donations made to a special Operating Account. The operating costs will be increasing as SHARE now has a mortgage payment,

along with other expenses such as heat and electricity. SHARE will be appreciative of any financial help members of our community can offer - no donation is too small. SHARE's 30th anniversary inspires a look back at how the SHARE Outreach program began in 1979 when Mariette Facques, a member of St. Patrick Parish Council in charge of Community Affairs, initiated an outreach program. SHARE began with a Food Pantry in a closet in the parish hall and a Clothing Barn in the upstairs of the Tara House barn. From this small start, under God's loving providence and with the help of hundreds of volunteers, SHARE has grown immensely. Numerous churches have joined the program by giving support through financial and food donations and by serving on the Resource Committee. SHARE's many invaluable volunteers are from various churches and organizations in the area. The towns that SHARE serves are Amherst, Brookline, Milford and Mont Vernon. Please know that all of your donations will enable SHARE to serve people who are in need. If you have the time and a desire to help, please call the SHARE office at 673-9898.

Best of Souhegan Expo: Workshop Overview

A number of excellent opportunities to learn about new initiatives, new projects and improvements for your business and everyday life are being featured in a series of workshops throughout the day at the Expo. Subjects are targeting our young people to financial management in times of uncertainty to using local, seasonal foods in your menus. All are included in the nominal admission fee of \$5. No additional charges to participate. See the insert for details on time and descriptions.

- **Making Good Choices (Consequences of Poor Choices)**
Merrimack Police
- **Getting Ready for the job Interview Putting your Best Self Forward** – Jim Kimberly, Sapphire Consulting
- **Establishing Sound Banking and borrowing Practices—**
Stephanie Kruey, Ocean Bank
- **Our Greening Job Market**
Jane Fluhr, Wilton-Lyndeborough Coop
- **Saving Money & Energy in Your Schools and Buildings**
Kirk Stone, The Jordan Institute
- **Renewable Energy Systems in NH**
Mark Weissflog, KW Management
- **When the Dump Becomes a Goldmine**
UNH Durham & Ecoline
- **Energy Efficient Lighting**
PSNH
- **Making Cents Out of Chaos – Investing in Tumultuous Times** - Ocean Bank
- **Generational Marketing – CATALYST Performance Learning—Waldorf Education: An Answer for the Future?**
High Mowing School
- **Feeding Your Family Locally and In Season – Demonstration**
Creative Feast
- **Introducing a New Way to Pay Your Healthcare Costs**
Granite Bay Financial Services
- **UNH's Carbon Challenge – UNH Cooperative Extension**

Celebration of Souhegan Stars



Mike Cleveland receiving his tribute from Rick Boyd. Above photo courtesy of Gail Maloney.

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reporter, recorder of life and editorial conscience and friend of the valley”, but if there were, the recipient would surely be Mike.

Since he has announced his retirement recently from the Cabinet, the audience took the opportunity to say, “Thank You, Mike Cleveland for unwavering fairness, concern for getting the news out and getting it right. For keeping the important issues in the forefront – for celebrating our successes and telling us when we have strayed – we wish you well and years ahead to enjoy the communities you have served so well.”

During five weeks from the end of June through July, the Cabinet Press solicited participation of readers of the Milford Cabinet, Merrimack, Hollis-Brookline and Bedford Journals in voting for their choices in

almost 70 different business and service categories. Printed ballots in the papers could be submitted as last year, or voting could be done on the website. No lists were published nor was there any limit on the candidates except that they do their work in the Souhegan Valley towns covered by the paper. “This was not a ‘beauty or popularity contest’, stated May Balsama, Executive Director of the SVCC. “We were very careful to not do anything to influence the voting or limit who was eligible. Those receiving the two highest numbers of votes were announced the last week of August. The people I called or spoke with about the reception and their award were overwhelmed and humbled by the awards. They understood it was a way for their customers and clients to say, ‘thank you! Job well done! We appreciate your care and commitment to do your best for us!’



September After Hours at Triangle Credit Union

Triangle Credit Union opened their doors to Chamber Members and their guests on September 17 to introduce the new manager of the Route 101A branch office in Amherst. Ijaz Aktah has joined our Souhegan Valley communities to fill the shoes of long-time friend of the Chamber, Ron Robillard. Ijaz was the perfect host welcoming us and expressing his appreciation for the congratulations and support of his able and experienced staff.

It was time to Fall Back to Business after a long summer hiatus for many regular attendees. The After Hours gave new members a chance to meet and mingle and introduce themselves. Everything Nice by Kerri and Stormy Moon Farm were two of the new businesses that were in the crowd. Great desserts from Frederick's Pastries and refreshments put a "sweet touch" to the evening. Raffles and lots of fun giveaways added to the fun.

Ron's move to the newest branch in Manchester of TCU brings him closer to his

home. We wish him well and hope he will stop by to say "hello".



Best of Souhegan

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take place throughout the day dealing with a number of topics of interest to the general public and for our student audience. Targeting subjects important to our young people looking to enter college or the workforce, we are offering interviewing skills, sound banking and borrowing practices, the green job market, and making good choices to avoid long-term consequences. See the insert in the newsletter for details and presenters for these and other workshops dealing with investing in tumultuous times, new ways to pay for your healthcare costs, generational marketing, using seasonal products in cooking, and the carbon challenge.

The Expo is open to the public with activities for all ages. Admission is \$5. per person, children and students are free.

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603-647-4700

food_for_pets@comcast.net

Member Directory

Every month all of our Chamber members will be listed. Bold print will be used to distinguish Premiere and Premiere Plus Members. Additional information may be included in the listing for a nominal fee. A listing that includes logo, name, address, telephone and website is \$48 annually. Please contact the Chamber at 673-4360 for more information.

-A-

Accountants

Abacus Tax & Accounting Services ph: 557-7754
Brayman, Houle, Keating & Albright PLLC
ph: 595-8000
Business Clinic, Inc., The ph: 672-1234
Dionne & Strout, PA ph: 598-3693
J. Kenneth Fordham CPA ph: 672-1830

Acupuncture

Amherst Acupuncture ph: 672-7800

Advertising Promotional Specialties

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Town Planner Community Calendar ph: 791-4748

Antique Cars

Amherst NH Outdoor Antique Market, Inc.
ph: 673-2093

Air Conditioning/Heating

Absolute Mechanical ph: 249-9800

Antiques

Antiques at Mayfair ph: 546-0194

Apartments

Woodland Heights Apartments ph: 673-1155
Brookstone Manor ph: 673-0126

Apparel

Barbour, Inc. ph: 673-1313

Appliance Sales & Service

Brennan & MacKay Appliances ph: 673-1177

Appraisal Services

Appraisal Source, LLC ph: 249-1640
F & M Appraisal Group, Inc. ph: 673-9666

Art Galleries/Instruction

Andres Institute of Art ph: 673-7441
Expressions Gallery, Inc. ph: 673-2136
Riverview Artist Mill ph: 654-2805

Automobile Sales & Service

Accent Auto Group ph: 673-3333
Contemporary Chrysler Dodge, Inc. ph: 673-5511
Medlyn Motor, Inc. ph: 673-1667
Saturn of Nashua ph: 800-422-4825
Subaru of Milford ph: 673-0510

-B-

Bakeries



Frederick's Pastries

109 Route 101A, Amherst, NH 03031
ph: 882-7725
25 South River Road, Bedford, NH 03110
ph: 647-CAKE
www.pastry.net

Maple Lane Farm ph: 654-5362

Banks & Banking Associations

Centrix Bank & Trust - Milford ph: 672-4200
Citizens Bank - Amherst ph: 673-0177
Citizens Bank - Milford ph: 673-3480
First Colebrook Bank



69 Route 101A
Amherst, NH 03031
ph: 673-1440

fax 673-1290

www.firstcolebrookbank.com

Lake Sunapee Bank ph: 673-2350

The Nashua Bank ph: 882-2700

Ocean Bank - Jones Road ph: 673-4700

Ocean Bank - Lorden Plaza ph: 672-5055

Sovereign Bank - Hollis ph: 465-7080

Sovereign Bank - Wilton ph: 654-2621

TD Banknorth ph: 249-4021

Banquet Catering

Alpine Grove Banquet Facility ph: 882-9051

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Stepping Stones Bed & Breakfast ph: 654-9048

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Toadstool Bookshop ph: 673-1734

Boutiques & Specialty Shops

Amanda Thomas Women's Boutique ph: 595-9447
Dorothy's Country Baskets & Gifts ph: 889-7726
Inquire Within ph: 654-2627
J.M. Princewell ph: 673-0611
Just Naturals Boutique ph: 672-6900
NH Scrapbook Cabin, LLC ph: 921-0176
Salzburg Square ph: 732-6507
The Cozy Tea Cart ph: 249-9111
Whimsey Square Gift Shoppe ph: 673-3111

Business and Organizing Services

Space 4U, LLC ph: 765-9267

-C-

Candle Manufacturing

Alene Candles, Inc. ph: 673-5050

Catering

Inspired Occasions ph: 879-0476

Chiropractors

Amherst Family Chiropractic Wellness Center
ph: 673-0010
Backstop Chiropractic Health Ctr, Inc., The ph: 673-1511
Elm Chiropractic Center ph: 673-6133
Spinal Corrective Center ph: 673-5600

Civic Organizations

Amherst Lions Club ph: 673-2834
American Red Cross ph: 625-1951
DO-IT Milford Main Street Program ph: 672-4567
High Hopes Foundation of NH, Inc. ph: 429-1010

Little Hands to Hold Inc. ph: 547-2114
Make-A-Wish Foundation of NH ph: 623-9474
Milford Rotary Club ph: 673-4778
Opportunity Networks ph: 883-4402
SCORE ph: 666-7561
SHARE ph: 673-9898
Souhegan Valley Interfaith Council ph: 673-4781
United Way of Greater Nashua ph: 882-4011
Veteran's of Foreign Wars, Harley Sanford
Post #4368 ph: 673-9817
Wilton Main Street Association ph: 654-3020

Cleaning/Restoration

Certrex, LLC ph: 437-4594
Wendi's Cleaning Services, Inc. ph: 673-4266
The Cleaning Authority 673-6810

Coin Dealers/Collectibles

Rare Coins of New Hampshire, Inc. ph: 673-9311

Computer Services

Computer Troubleshooters ph: 262-1557

Computer Software

Dharma Systems, Inc. ph: 732-4001

Conservation Education

Beaver Brook Association ph: 465-7787

Construction/Contractors

Gavin Remodeling ph: 672-3200
Hammersmith Post & Beam ph: 654-3210
Portrait Homes Inc. ph: 672-8228
Steve Desmarais Construction, Inc. ph: 673-7751

Country Clubs & Golf

Amherst Country Club ph: 673-6351

Credit Card Processing

East Commerce Solutions, Inc. ph: 800-527-5395

Credit Unions

Granite State Credit Union ph: 249-9035
St. Mary's Bank phone ph: 249-7301
Triangle Credit Union ph: 577-9137

-D-

Dance Instruction

Kathy Blake Studios ph: 673-3978

Dental Practices

AmeriDent Dental ph: 672-6546
Amherst Pediatric Dental Associates ph: 673-1000
Family Dental Care of Milford P.A.



154 Elm Street / PO Box 135
Milford, NH
ph: 673-3332
www.fdcmilford.com

Kenneth G. Edwards, D.D.S. Family Dental Care
ph: 673-0782

Department Stores

Wal-Mart ph: 672-3421

-E-

Elder Housing

Parkhurst Place ph: 249-1600
The Isle at Ledgewood ph: 672-5037

Electricians

KB Electric, LLC ph: 801-3563

Employment Staffing Services

Adecco, The Employment People ph: 598-0117
Personnel Interface Staffing Services, Inc., The
ph: 732-0206

Event Planners

Be Dazzled Events ph: 577-1647

-F-

Family Services

Big Brothers Big Sisters of Greater Nashua
ph: 883-4851
Bridges-Domestic & Sexual Violence Support
ph: 672-9833
Granite State Child and Family Counseling, LLC
ph: 672-1881
Nashua Pastoral Care Center, Inc.
ph: 886-2866

Farms/Farmer's Markets

Stormy Moon Voc. Development Farm ph: 654-9582

Financial Services

Boutin Financial Group ph: 878-0584
Edward Jones Investments - Amherst ph: 672-5520
Edward Jones Investments - Merrimack ph: 429-3833
Edward Jones Investments - Milford ph: 673-3957
Hamlin Financial Solutions ph: 654-2329
Legacy Financial Services ph: 672-5000
Merrill Lynch ph: 628-3244
Money Concepts, CTS Financial Service, Inc.
ph: 880-6671
Waddell & Reed ph: 626-1300 x121

Fitness Facilities

Hampshire Hills Sports & Fitness Club ph: 673-7123

Florists

Everything Nice by Kerri ph: 880-3393
Woodman Florist ph: 673-3545

Fuel

Ciardelli Fuel Co., Inc. ph: 673-1336

Funeral Homes

Nelson-Michaud Funeral Home ph. 654-6524

Furniture Retail

Winchendon Furniture Co., Inc. ph: 880-6393

-G-

Garden Centers & Nurseries

Milford Agway ph: 673-1669

Government

Town of Amherst ph: 673-6041
Town of Milford ph: 673-2257

Graphic Design Services

Trademark Graphic Design and Marketing
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Tel 603-880-1410 - Fax 603-669-4936
www.trademarkgraphicdesign.com

Innovative marketing and packaging design.

Robin Warren Website Design

ph: 424-0814

Gymnastics Instruction

Gymnastics Village, Inc. ph: 889-8092

-H-

Home Health Care/Nursing Homes

Harborside Healthcare-Milford ph: 673-2907
Living at Home SeniorCare ph: 546-6060

Souhegan Home & Hospice Care ph: 673-3460

Home Improvement

Artistic Tile ph: 886-1920
Lowe's Home Improvement ph: 521-9241

Hospitals

Foundation Medical Partners ph: 577-2770

-I-

Insurance

Allstate Ins. Co. Jim Parolin & Associates ph: 429-8800
Beard & Boyd Insurance Agency LLC ph: 673-7228
Constable Agency-Nationwide, Inc. ph: 672-2243
Eaton & Berube Insurance Agency, Inc. ph: 673-0500
Holt Agency, The ph: 673-1201
Proctor Insurance Agency, The ph: 654-2081
Tebbetts Insurance Agency, ph: 603-465-3333
Tom Peters State Farm Insurance Agency
ph: 889-4333

-K-

Kitchen & Bath Design

Kitchen Tune-Up® ph: 673-6499

-L-

Landscaping Contractors

Kearney's Landscaping, LLC ph: 878-2864

Law Offices

David G. Sturm, Counselor at Law, PLLC ph: 673-4543
Foy Law Office ph: 673-4030
Griffin & Owen P.C. ph: 673-5200
Hamblett & Kerrigan, P.A. ph: 883-5501
Wiggin & Nourie ph: 669-2211
Wing & Weintraub, P.C. ph: 673-7256

Leather Goods

Hayward's Trading Post ph: 673-1321

Libraries

Wadleigh Memorial Library ph: 673-2408

Lighting, Lamps, Fixtures & Supplies

Souhegan Lighting Products, LLC ph: 889-8962

Limousine Service

L.A. Limousine ph: 654-3899

Locksmiths

Advanced Lock Company, LLC. ph: 672-2112

-M-

Management Consultation & Training

MarketingFirst
44 Catacunemaug Road
Shirley, MA 01464
979-764-8711
Sapphire Consulting, LLC ph: 889-1099

Manufacturing

Cirtronics Corporation ph: 249-9190
Hitchiner Manufacturing Company, Inc. ph: 673-1100
MTH ph: 886-0011
Pike Industries ph: 654-9400
Saint-Gobain Crystals ph: 673-5831
Williams & Hussey Machine Co., Inc. ph: 654-6828

Marketing Consultants

MarketingFirst
44 Catacunemaug Road, Shirley, MA 01464 978-764-
8711

Markets

Earthward Natural Foods & Co-op ph: 673-4322

Massage Therapy

Associated Muscular Therapy ph: 582-5409
Blue Sky Massage Therapy ph: 465-2777
Caring Hands Massage Therapy, LLC ph. 508-1562
Sarah Whitcomb Massage ph: 672-4124

Mortgage Services

Cousins Home Lending, Inc. ph: 433-2223
Dedicated Mortgage Associates ph: 472-1100

Moving & Storage

Currier Self Storage ph: 673-9538
College Bound Movers, Inc. ph: 882-6683
Granite Clover Self Storage, LLC ph: 883-2188

Music/Performing Arts

Andy's Summer Playhouse ph: 654-2613
Milford Area Players ph: 801-4473
Monadnock Chorus ph: 654-5566
Souhegan Valley Chorus ph: 673-7302

-N-

Newspapers

Cabinet Press, The ph: 673-3100
Milford Observer ph: 672-1800
Telegraph, The ph: 594-6539

-O-

Office Equipment

New England Copy Specialists
ph: 800-321-6327 x7745
Konica Minolta Business Solutions
ph: 898-4114

Office Supplies

Staples Office Superstore ph: 578-4897

Optometrists

Joseph J. Raczek O.D. ph: 673-7428
Nashua Eye Associates, Inc. ph: 672-8800

Orthodontics

Amherst Orthodontics ph: 672-0844
Edward L. Klopfer D.D.S., PA Orthodontist
ph: 673-2406

-P-

Party and Event Rentals

Special Events of New England ph. 624-8389

Payroll Services

Infinity Payroll ph: 821-5000

Pets

Food for Pets / Souhegan Pet Supply

 Cobblestone Corner, 76 Route 101A
Amherst, New Hampshire 03031
ph: 673-7387
email: food_for_pets@comcast.net

Granite State Dog Center ph: 672-3647
The Doggie Bag and Day Spaw ph: 249-1149

Photography

Gail Maloney Photography ph: 465-7087
Photos Plus ph: 672-2431
Catching 1 Moment Professional Photography
ph: 673-8200

Physical Therapy

Hampshire Hills Clinic for Physical Therapy
ph: 672-4478

Physicians & Surgeons

Amherst Medical Associates ph: 249-3000
Dartmouth - Hitchcock Milford ph: 673-2515
Robert D'Agostino MD Family Practice
ph: 672-2003

Postal / Package Services

Postal Center USA ph: 672-8816

Printing/Publishing

Amherst Label, Inc. ph: 673-7849

Copy Shop, Inc., The ph: 882-9111

Hansen Printing & Design Services, LLC ph: 672-7599

Gallagher Printing Services, ph: 672-4540

Labels For Less ph: 654-8379

SendOutCards Distributor ph: 878-2411

Solid Print ph: 673-3347

Town Planner Community Calendar ph: 791-4748

The Armarium Press/Canterbury Talls Books

ph: 878-3811

Propane

EnergyNorth Propane ph: 654-6070

Suburban Propane ph: 673-2903

Property Management

Stewart Property Management ph: 641-2163

Psychotherapy

Woodard Hypnosis and Research, Inc.

ph: 673-2582

Public Relations

Civic Media Corporation ph: 673-9545

-R-

Real Estate

Amherst Rose Realty ph: 673-9141

Brookstone Manor ph: 673-0126

Coldwell Banker Residential Brokerage

ph: 673-4000

Grubb & Ellis/Coldstream Real Estate Advisors, Inc.

ph: 623-0100 x 207

Joan P. Lemire Real Estate ph: 654-6118

Kokko Realty, Inc. ph: 673-7000

Leonard, Lee & Company ph: 672-5100

Prudential/Verani Realty, Inc. - Londonderry 434-2377

Prudential/Verani Realty, Inc. - Milford ph: 459-5134

RE/MAX Country Properties - Amherst 673-9747

Roedel Partners, LLC ph: 654-2040

Transitions Realty Marketing, LLC ph: 673-0833

Recreation

Hot Laps Karting Center ph: 529-2929

NH Charitable Gaming, LLC ph: 502-0214

Referral Services

LeTip of Nashua ph: 498-6462

Renovations/Restorations

Red Hen Woodwork & Renovation ph: 673-6564

Restaurants

Elisha's Restaurant ph: 249-9452

Longhorn Steakhouse ph: 579-6975

New Boston Tavern ph: 487-2733

-S-

Salons & Spas

Ageless Salon & Medical Day Spa ph: 883-3550

Emerald Hill Med Spa ph: 672-3172

Schools

High Mowing School ph: 654-9408

Little Einsteins Preschool Learning Center, LLC

ph: 673-3022

Mascenic Regional High School ph: 878-1113

Pine Hill Waldorf School ph: 654-6003

Regional Services & Education Center, Inc. 673-6656

SAU #39-Amherst/MontVernon/Souhegan 673-2690

SAU #41 Hollis/Brookline School District 465-2269

SAU #40-Milford School District ph: 673-2202

Southern New Hampshire University ph: 881-8393

Wilton-Lyndeborough Coop Jr. Sr. ph: 654-6123

Sealcoating/Snowplowing

Shattuck Sealcoating LLC



P.O. Box 486

Milford, New Hampshire 03055

ph: 654-5695 • fax 654-2027

email: shattucksealcoating@hotmail.com

BLACK DAWG Sealcoat ph: 594-3294

Security Products Systems Burglar Alarms

Watchman Security Systems, Inc. ph: 673-8875

Septic Services

Souhegan Septic Tank Service, LLC ph: 673-4711

Sign Manufacturing

Classic Signs ph: 883-0384

Poyant Signs, Inc. ph: 673-4233

Stoves – Wood, Pellet, Gas

Stove Keepers ph: 672-1280

Sporting Goods

Golf USA ph: 598-8721

Sports Authority COMING SOON

Supermarkets

Shaw's Supermarkets, Inc. ph: 672-1280

Stop & Shop ph: 673-6013

Surveyors & Engineering

Meridian Land Services, Inc. ph: 673-1441

-T-

Take-Out Foods

Moulton's Market ph: 673-2404

Telecommunications/Communication

Moore Enterprises ph: 978-597-0204

TDS Telecom ph: 888-837-1347

US Cellular - Nashua ph: 533-2070

Tire Dealers

Carson City Tire, Inc. ph: 673-5402

Tractor Sales & Service

B - B Chain, Inc. ph: 673-3455

Chappell Tractor Sales ph: 673-2640

Trash Removal

H2O Waste Disposal Services, LLC ph: 732-0961

Travel Agencies

Rainbow Cruises ph: 672-9511

-U-

U.S. Military

Amy National Guard - Milford ph: 673-3784

Employer Support for the Guard and Reserves

ph: 225-1342

Utilities

Public Service of New Hampshire ph: 634-2380

-V-

Veterinary Medicine & Surgery

Hollis Veterinary Hospital, PLLC ph: 465-7071

Ponemah Veterinary Medicine and Hospital

ph: 673-5300

-W-

Website Development

Robin Warren Website Design ph: 424-0814

A Turn Key Website.com ph: 978-449-0069

-Y-

Youth Clubs & Organizations

Souhegan Valley Boys & Girls Club ph: 673-6820

Plan Ahead!

Best of Souhegan Expo-October 23
at Hampshire Hills, Milford

Veterans Count Auction with Easter
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OCTOBER 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Expo Booth Sub-Comm.	2 8:00 Veteran's Count Auction	3 8:00 Expo Comm.	4 10-4 Grand Opening SpaScape 71Rte 101A, Amherst
5	6	7	8 8:00 Communications Comm	9	10 8:00 Expo Comm. Pumpkin Festival	11 11:00 Grand Opening Transitions Realty/NH Scrapbooking Pumpkin Festival
12 Pumpkin Festival Final Day	13	14	15	16 8:00 Board of Direc- tors	17 8:00 Expo Comm.	18
19	20	21 8:00 Chamber Leads	22	23 11:00 Opening Hampshire Dome 12:00-7:30 Expo Hamp. Hills	24	25
26	27	28 8:00 Membership/ Ambassador Comm.	29	30	31 8:00 Expo Wrap-Up	Nov. 4 5-7 BAH Elisha's, Milford

Biggest After Hours of the Year – Best of Souhegan Expo Oct. 23

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Milford Rotary Club – Scholarship
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