



CHAMBER OF COMMERCE HAPPENINGS

Promoting and celebrating the businesses and organizations of the Souhegan Valley.

*You can find it
in the
Souhegan Valley.*

Harbor Homes/Souhegan Valley Chamber Partnership Support Local Veterans

Members of the Souhegan Valley Chamber of Commerce feel strongly about their commitment to raising funds in support of programs that directly benefit New Hampshire's veterans. This year, the Chamber is partnering with Harbor Homes, Inc. to raise funds in part to help support Harbor Homes' Veterans FIRST program by sponsoring an auction and dinner on Saturday, April 16 at Alpine Grove in Hollis. SVCC Board Chairman, Amy Wheeler of First Colebrook Bank, feels that the selection of Harbor Homes as the beneficiary of this year's auction is especially important because of the immediate impact Harbor Homes has on the lives of veterans and their families. The Veterans FIRST program of Harbor Homes offers transitional housing and support services to honorably discharged veterans.

The Veterans FIRST Auction, on April 16 at Alpine Grove, is complete with a full-course, sit-down dinner and over 200 silent and live auction items. Items include both

fun and practical for the home, office and family with getaways in NH and Maine, vacation cottages, trips to Italy and an African safari. Sports enthusiasts and movie goers will want to bid on a signed

pair of boxing gloves by Mark Wahlberg and Mickey Ward from the film, *The Fighter* and enjoy lunch with Michael Dell'Orto, the actor who played the Commissioner! Red Sox and Jimmy Buffet tickets come with limousine rides; jewelry, restaurants, golf at the Balsam's and other courses, Stay-cation packages for family enjoyment and all sorts of home improvement services round out the many opportunities to bid and bring home wonderful items.

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Souhegan Valley All-Star Award Dinner

**Special Guest – Bill “Spaceman” Lee
June 2, 2011 at the Alpine Grove, Hollis**

Make it a triple play for the home team and save the date, reserve your tickets, support with a sponsorship or ad and be part of the celebration! You won't want to miss the excitement when the awards for 2011 are presented, Large and Small Business, Business Leader and Volunteer.

Our Special Featured Guest Speaker is none other than Bill Lee, Red Sox Hall of Fame Left Hand Pitcher.

“You have two hemispheres in your brain - a left and a right side. The left side controls the right side of your body and right controls the left half. It's a fact. Therefore, left-handers are the only



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Executive Committee

Effective July 1, 2010

Amy Wheeler - Chairman
First Colebrook Bank

Rick Boyd – VP Membership
Beard & Boyd Insurance

Mike Brisebois – VP Events
Hitchiner Manufacturing

Karen Keating - Treasurer
St. Mary's Bank

Heather Arvanitis - Secretary
PSNH

May Balsama – Executive Director

Board of Directors

Mark Constable
Nationwide Insurance

Cliff Harris
Prudential Verani

Jackie Staiti
Amanda Thomas Boutique

Gail Hoar
Non Profit Representative

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Boutin Financial

Rick Holder
Hampshire Hills & Fitness Club

Stephanie Kruey
Peoples United Bank

Richard Mori
Mori Books

Mary Kling
Wendi's Cleaning Service

Walter Schnecker
C1M Photography

Joan Lemire
Joan P. Lemire Real Estate

Julie Sullivan
SAU 41

Jay Maiona
Maiona Law Offices

Guy Scaife
Town of Milford

Tracy Bardsley
Milford DO-IT

Tony Oliver
Walmart

Rosie Deloge
Milford High School ATC

Debbie Hoffman
this Field, Center for Beginner's Mind

Message From May's Desk:

I want to take a moment here to tell you about a few of our very dedicated volunteer committee chairmen. They serve the members of the Souhegan Valley Chamber with their efforts to provide the events that support the Chamber and offer opportunities of great value to our businesses, often without a lot of notice by everyone. Just browse through these pages and see all that is coming up in the chamber calendar. We had a wonderful evening last month, the Winter Gala, with Opportunity Networks. The music was lively, the people terrific, the food fabulous (thank you, Al and Alpine Grove) – all in all very successful. Thank you to the folks at Opportunity Networks for working with us and sharing their time and efforts to make it a lovely event. Thank you to our Chamber committee led by Tracy Bardsley. Good job, everyone.



This month we have the Veterans FIRST Auction. A very dedicated committee headed up by Karen Keating has been hard at work since September to put together an outstanding list of auction items to appeal to just about everyone and every interest. This marks the fourth year of support for our local veterans and their families. To date, we have raised in excess of \$40,000 for assistance through Easter Seals. This year our partnering agency, Harbor Homes, gives assistance to veterans and their families who have fallen on hard times through providing shelter and help with job search. We are

proud of the partnership and applaud the wonderful work they do.

What's next? Our 23rd Annual Award Dinner June 2. It is going to be a real Home Run! All-Star Award Dinner is the theme and to add that extra punch to the event we have invited Red Sox Hall of Famer, Bill "Spaceman" Lee. He has great stories to tell – He is a story in himself. You are not going to want to miss out on this night. Mark the calendar to join in the fun arranged by our co-chairs, Jackie Staiti and Heather Arvanitis.

October may seem like a long way off, but the Expo Task Force has been meeting since last November to bring the biggest and best showcase of businesses yet to the Hampshire Dome. Mike Brisebois has assembled a great group of members to plan a day filled with opportunity to come visit the service providers, retailers, farmer's market, high school programs and restaurants displayed in the booths that will fill the field. Lots of new features will make October 20 an important day for all. Book your booth early so you aren't left out.

Please read about the new program starting May 3 thanks to Jay Maiona of monthly Small Business Forums. Members can come with questions to "ask the expert" or come to discuss with others concerns or obstacles they have encountered. An added benefit of membership.



69 Route 101A • Amherst, NH 03031
603-673-4360 • fax 603-673-5018
chamber@souhegan.net
www.souhegan.net

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Welcome New Members

Adam Vaillancourt Roofing and Construction, LLC

45 Emerson Road, Milford 03055
www.adamvroofing.com 603-673-0006

At Adam Vaillancourt, LLC Roofing & Construction it is our mission to give you a top quality product at a reasonable price. Although recently established in 2004, we have quickly earned the reputation as a leader in residential and commercial roofing. To date, we have completed over 600 projects and have built quality relationships with hundreds of homeowners and General Contractors. Adam Vaillancourt, LLC Roofing and Construction is dedicated to providing you with the best services in the most efficient and timely manner. We are committed to fulfilling the promise of our mission.

Adam Vaillancourt, LLC Roofing and Construction uses only the industry's highest standards in roofing products such as Owens Corning, CertainTeed, and Gaf shingles. Our products come with manufacturer's warranties ranging from 25 to 50 years. We use aluminum drip edge instead of galvanized, which will eventually rust and stain your trim and siding; ice and water shield vapor barrier to deter costly leaks due to ice build up; as well as, ridge and power vents to allow trapped heat to escape preventing premature aging to your roof and helps in reducing ice dams.

When you need roofing services, look no further than Adam Vaillancourt, LLC Roofing & Construction. We are ready for your business!

Atlantic Lawn Irrigation
167 West Street, Milford 03055
www.atlanticlawnirrigation.com
603-673-2034

Atlantic Lawn Irrigation Inc. is a family operated full service lawn Irrigation Company.

Our business has been built on quality workmanship, friendly customer service, and Customer referrals. Our motto " When You Want It Done Right " came from our

customers who demand the best.

Our President Ray Green has been in the Irrigation industry since 1983. He has an extensive background in the industry of automatic lawn irrigation systems. He has brought Atlantic Lawn Irrigation to the standards that we operate by today. Our company offers a virtually unlimited list of capabilities in irrigation because of our vast corporate networking. Enjoy the outside with professionally installed Techo-Bloc patio block walkways, steps, entranceways, and patios. We design, install, repair.

We are now scheduling Spring Start-Ups of Irrigation Systems. Please go to our service section and schedule on line or call the office at (603) 673-2024 to schedule an appointment.

Arabellas-Boutique.com
56 Merrimack Road, Amherst 03031
www.arabellas-boutique.com 603-673-7417

Visit this innovative online store for a wide variety of clothing from well-known designers. Beautiful clothing for Special People is the motto of Arabellas-Boutique! We offer a wide range of brand names and specialty clothing for all ages. Both new and pre-owned items from bargain to couture. Women's, men's and children's. We carry brands including PJ Salvage, Cosabella, Yummie Tummie, Christopher Blue, Worn Brand Jeans, Old Navy, Random World and much more!

Zumba Fans – Take a look at the pants that everyone is wearing – Parachute Pants with attitude! Supplies are limited and a waiting list may be necessary.

Blue Sky Power Washing
PO Box 108, Milford 03055
www.blueskypowerwashing.com 603-594-WASH

Time for Spring Cleaning! Here at Blue Sky Power Washing, for regular exterior residential homes, commercial buildings, decks, driveways or sidewalks, low pres-

sure hot water softwashing, we will not only clean but extend the life of the material while enhancing the appearance. Hot water softwashing with a good technique is the key to cleaning well. Besides cleaning the house or building from dust, dirt, mildew, or bird residual, pressure washing should also be done when you want to prepare for new paint by removing chalking residue from old oil or latex paint. Our multi-velocity water sprays are exceptionally good not only because they're fast but also because they scour the old paint so the new coat will adhere better.

Power washing will work on wood, granite, asphalt, bricks and aluminum. We do not recommend using it on hardboards because they are more sensitive and if the pressure is applied for extended periods the surface can be damaged. Instead Blue Sky would utilize a steam and softwashing process. Blue Sky Power Washing will proceed step by step to pressure wash your house or commercial building building so that it gets a new and fresh look

Our Town Interior Designs
PO Box 363, Wilton 03086
603-654-1029

Looking a little tired? Need a facelift? Want to polish the look? Your home or place of business is what we are talking about! Our Town Interior Designs specializes in listening to you and what you want to accomplish. From complete, top to bottom redesign to just decluttering, we can help you love the look, function and feel of your surroundings.

Sharon Kemp brings her extensive experience in organization and design work to help you achieve your goals for your project. Whether you are looking to find new treasures or updating current possessions, limited budget, consultation only or planning for a whole new home or office, Our Town Interior Designs has the resources and skills needed to make your project a complete success.

Member Happenings

Bridges: Domestic & Sexual Violence Support

Elm Street, Milford
E. Pearl Street, Nashua

Join Bridges: Domestic & Sexual Violence Support on Friday, April 8th at Bonhoeffer's Café in Nashua for a free screening of Searching for Angela Shelton in honor of Sexual Assault Awareness Month. In this multiple award-winning documentary, filmmaker Angela Shelton drives around the United States surveying other Angela Sheltons. She discovers that 24 out of the 40 Angela Sheltons she speaks to are survivors of rape, childhood sexual abuse and/or domestic violence. On her journey, the filmmaker meets an Angela Shelton who tracks sexual predators and lives in the same town as the filmmaker's father, who sexually abused her and her siblings for years. Angela Shelton's survey of women becomes a journey of self-discovery during which she decides to finally confront her own past and her abusive father - on Father's Day. The Angela Sheltons complete the journey by teaching the filmmaker about healing, faith and the power of the human spirit, no matter what your name is.

Doors open at 6:30pm and the film will begin at 7:00pm. Due to the mature subject matter, this screening is recommended for an adult audience. Bonhoeffer's is located at 8 Franklin Street in Nashua. For more information, please call (603)889-0858.

Low Impact Aerobics Offered at St. Joseph Hospital

Kinsley St., Nashua

Do you get tired easily; have trouble with high blood pressure, shortness of breath, sleeping, balance, or joint flexibility? Are you unsatisfied with the way you look or feel? Exercise may help.

Exercise, especially aerobics; lowers blood pressure, improves circulation, endurance, and strengthens the heart and bones. It also improves self-image, and reduces

stress and depression. Low impact aerobics is performed by always keeping one foot on the ground, reducing the risk for lower leg injuries. Do your body and mind a favor and join the low impact aerobics group at St. Joseph Hospital. The group meets every Monday and Thursday from 5 to 6 pm beginning April 4 through June 30. The fee is \$55 for a 12-week session. If you are interested in learning more about Low Impact Aerobics, or would like to register, please call Community Health Education at St. Joseph Hospital at (603) 595.3168, or visit us online at www.stjosephhospital.com.

St. Joseph Hospital Hosts Early Childhood Resource Fair Kinsley St., Nashua

Join us for the spring early Childhood Community Resource fair on Saturday, April 16 from 9am to noon. Local area day care centers and schools will be available for families with children between the ages of birth thorough five years. In addition, the fair will also provide educational information for children, free screenings, free car seat inspections and activities, including an Easter Egg Hunt with a surprise guest! FREE! For more information or to register, please contact Community Health Education at St. Joseph Hospital at (603) 595.3168, or visit us online at www.stjosephhospital.com

Frederick's Pastries

109 Route 101A ~ Amherst, NH 03031 ~ 603-882-7725
25 South River Road ~ Bedford, NH 03110 ~ 603-647-CAKE
119 Main Street ~ North Andover, MA 01845 ~ 978-208-7806

Easter is right around the corner ~ be sure to order your Easter centerpiece today! Visit our website at www.pastry.net for more ideas!

White Home Market

40 West Intervale Rd, Wilton
654-5900

Only three days in April to shop the White Home Market – Theme is “Spring Ahead”! Join us for fresh ideas and fresh decorating items for your home or gifts.

Michigan Lutheran Seminary Choir Concert

Sunday, April 17 at 2:00pm
Location: St Paul Lutheran Church

Join us for an afternoon of beautiful music selected for the Easter Season. This is a sacred music concert performed by a 30 voice choir.

Souhegan Valley All-Star Dinner

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people in their right minds.” says Lee. Source: Sports Illustrated (April 7, 1980). Bill will be joining us with stories of the years in Boston and the players and teams who are part of the Red Sox legends.

Please think about the businesses and people who you admire for their contribution to our Souhegan Valley and nominate them for one of the awards. The forms are online at souhegan.net and will be mailed out. To be eligible, the candidate or business must reside or be employed in one of the 11 SV Chamber towns. An individual or company does not have to be a member of the Souhegan Valley Chamber of Commerce to nominate a business or individual or to be selected for an award. The large business award applies to companies with more than 50 employees.

All that is necessary is the name and contact information for the nominee and the person submitting the nomination, a brief description of the company and/or the nominee's position in the organization, a statement of the company's (individual's) contribution to the community and three qualities that distinguish this nominee.

The deadline for nominations is May 10.

Member News & Announcements

Meals on Wheels awarded \$7,500 grant by the Bishop's Charitable Assistance Fund

St. Joseph Community Services (SJCS), the provider of Meals On Wheels throughout Hillsborough County, received a \$7,500 grant from the Bishop's Charitable Assistance Fund for its Meals On Wheels Program. The Bishop's Charitable Assistance Fund makes grants to tax-exempt organizations without regard to religious affiliation for projects that help people in New Hampshire meet their basic needs. The Fund is operated by volunteer lay men and women who serve as Directors and who make recommendations to the Bishop of Manchester for grants to any organization in New Hampshire whose mission is consistent with the teachings of the Roman Catholic Church. The Fund raises money through solicitation of individuals, businesses and philanthropic organizations. An annual accounting of funds raised and disbursements is available at www.catholicnh.org/BCAF.

Last year, SJCS, the provider of Meals On Wheels, served 448,409 meals through Hillsborough County. Over the past two years, the number of meals served has increased by 17%. SJCS serves an average of 1,650 meals a day to its homebound and community diners. This generous grant will help SJCS continue to meet the ongoing and increasing need for its Meals On Wheels Program, which will in turn help people live better. New Hampshire has the 4th oldest population in the nation. The number of elderly is increasing at a rapid pace, and the need for SJCS' services will only continue to grow.

Holt Initiates Three Agency Merger, Focuses on Community

The Holt Agency of Milford NH announces a merger with two of the area's most well respected insurance agencies: The Proctor Agency of Wilton and the McBriarty Agency of Milford.

The new name for the three agencies is being launched as "Holt Proctor McBriarty Insurance Agency." The three agencies not only come together in name, but also location as they are united under one roof at 633 Elm Street in Milford.

The goal of merging the three agencies is to provide the community with greater expertise and more carrier options. This means more coverage and pricing options for the community.

"With the three agencies united under one roof, we are able to combine our strengths to provide the area with a lot more choices for insurance, both in coverage and price," said Lyle Fulkerson, president of the newly minted entity. "We have a proven staff with 200 years of combined experience. We look forward to bringing this expertise together to benefit our clients and the community."

As the world of insurance has moved off Main Street and onto faceless companies with call centers and talking lizards, Holt Proctor McBriarty Insurance stresses its commitment to remaining local. The agency offers one-stop shopping with personal, commercial, life and health insurance available.

"We are large enough to offer a wide variety of company choice and products, but small enough to know our clients. As a client or prospect, you will never be put in a caller queue, but instead deal with one person in a timely fashion," said Lyle. "We feel this provides the best of both worlds for any insured."

For more information about this release, the agency or any other topic regarding Holt,

Proctor, McBriarty Insurance please contact Lyle Fulkerson, 6003-673-1201 ext: 102 or lyle@theholtagency.com.



St. Mary's Gives \$3,470 to New Horizons Soup Kitchen and Shelter

MANCHESTER, NH—March 31, 2011—St. Mary's Bank announced it recently donated \$3,470 to New Horizons For New Hampshire, Inc. in Manchester to help fund phase two of an initiative to create a computer-based volunteer and donation kiosk. St. Mary's donated \$3,200 in 2009 to begin implementation of phase one of the project. The system will allow New Horizons to more effectively and efficiently track volunteers and donations, increasing productivity and improving the overall operations of delivering services to the needy.

Located at 199 Manchester Street, New Horizons is an adult shelter, food pantry and soup kitchen that provides food and shelter

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Honoring all who serve Families • Neighbors • Friends

We Need Your Help! Veterans FIRST must raise additional funds to expand emergency housing to service members and their families in need.

Auction

Date:

Saturday, April 16, 2011

Time:

6:00PM – 10:00PM

Location:

Alpine Grove
19 S Depot Road, Hollis, NH

Sponsored by Souhegan Valley Chamber of Commerce and Harbor Homes Inc.

Partnership Supports Local Veterans

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Harbor Homes gives many veterans a second chance to reestablish normalcy in their lives. When a veteran becomes homeless due to medical issues, loss of work, or financial crises, the most common feeling amongst them is the desire to keep their personal dignity intact. Having housing is one of many steps that helps make this possible. That plus up to two years of additional services offered by Harbor Homes are provided to help residents get back on their feet in good health and on the path to financial recovery as quickly as possible at Buckingham Place and Dalianis House. Both offer one and two bedroom apartments for individuals and families. These facilities also have community kitchens, laundry facilities, and common areas for the residents. Each residence has a sense of community among the residents.

John Pelletier was a truck driver for years after he served our country as a former Marine and veteran of the Vietnam War. John eventually learned that he had a serious medical condition, which took all of his savings to treat. This, in turn, led to his family losing their home. He discovered Harbor Homes through a health providing agency,

and learned that as a veteran, he qualified to apply for up to two years of housing. After a review of his application, John was given a room and later a furnished apartment at Buckingham Place where he, his wife, and youngest son now reside. John says, "This program saved my life. At first I was a bit down, but with the help of the staff, things got better."

When asked about his plans, John commented, "My first goals were to find housing and put my family back together." Now he looks forward to staying as healthy as possible, finding permanent housing, and finding a job that will fit with his health requirements.

Women also live in Veterans FIRST apartments. One female veteran who wishes to remain anonymous served in the Air Force, and was recently referred to Buckingham Place by VA personnel. She appreciates living in a place that has most of the amenities she needs, saying, "Even my apartment was furnished. This meant I could focus on my medical appointments and other things I needed to take care of, like job searches and looking into continuing my education. It's a great environment here. There is staff here

all the time to help, even on weekends and at night."

Even though this veteran has only been residing at Buckingham Place for a short while, she has already found a job and is on the way to financial recovery. She commented, "I started work this week and am really happy to be employed and productive again."

Sue Cater and Michelle Cool are two of the staff members at Buckingham Place. Sue, also a veteran from serving with the National Guard, is the Program Manager for Buckingham Place. This entails overseeing the staff and the services which are rendered to each resident, as well as personally providing assistance to residents.

Sue stated, "Military people are taught to be independent, but at the same time to be part of tight community. That's what we have here – independence and community together."

One resident said, "Sue and Michelle take things three steps further. They treat people as people and not as numbers. They both have been a big help to me."

For tickets at \$45 each, contact the Souhegan Valley Chamber office at (603) 673-4360, or go online www.souhegan.net or www.harborhomes.org to purchase tickets electronically. Additional donations and sponsorships are welcome for this event.

Harbor Homes is part of the Partnership for Successful Living, a collaboration of six nonprofit organizations providing access to housing, health care, education, employment, and supportive services to help individuals and families achieve healthy and sustainable independence. For more information on Harbor Homes, visit their website at www.harborhomes.org and view the Q&A section to learn more about the Veterans FIRST program.



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672-8816 • FAX 673-8829 • www.postalcenterusa.com

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to people in need and offers supportive services to help them achieve self sufficiency.

“Volunteers are an important resource to non-profit organizations like New Horizons,” said Tom Champagne, Director of Community Outreach at St. Mary’s Bank. “St. Mary’s is pleased to help them provide a seamless experience for their volunteers, whose time and efforts is a great gift to the under-served of the Greater Manchester community.”

St. Mary’s donation will specifically help New Horizons enhance its current volunteer kiosk and tracking system by adding touch screen functionality and upgrading to a new software service.

“With previous donations from local businesses like St. Mary’s, we’ve been able to add some wonderful benefits to our system to date,” said Nancy Comai, New Horizons Development Director. “Our volunteer resource was executed for the City of Manchester Chili Festival, we introduced the volunteer system to Families in Transition and the NH Food Bank, and we plan to present the work at Volunteer New Hampshire’s year-end workshop in May. We’re grateful to St. Mary’s Bank for giving us the ability to update our software to a new, more user-friendly and comprehensive system.”

For more information on New Horizons, call 603.668.1877 or visit their Website at www.newhorizonsformh.org.

About St. Mary’s Bank

Founded in Manchester, New Hampshire in 1908, St. Mary’s Bank is the nation’s first credit union. As a not-for-profit, member-owned credit union, St. Mary’s Bank makes progressive financial products and services available and affordable to consumers and businesses. Members enjoy excellent service, competitive rates, low fees and state-of-the-art banking services. Headquartered in Manchester, New Hampshire, St. Mary’s Bank has branches in Manchester, Hudson, Londonderry, Milford and Nashua. Call 1-888-786-2791 or visit www.stmarysbank.com for more information.

Ponemah Veterinary Hospital Host of April After Hours

Assisted by:

Boyd & Boufford Insurance Agency

The Meeting Place, 199 Route 101, Amherst

Wednesday, April 20th 5:30 to 7:30 PM

Dr. Jennifer Edwards, her wonderful, caring staff at Ponemah Veterinary Hospital are looking forward to welcoming Chamber members and guests to their facility dedicated to the health and well-being of our four-legged friends. Come and say hello to Dr. Mary Ann Sanfilippo, DVM, who has recently joined the practice.

Co-hosts, Rick Boyd, & Jeff Boufford of Boyd & Boufford Insurance Agency on the Village Green in Amherst are the Refreshments Sponsors for the After Hours. Come see if there is a special announcement! The partnership of two great Chamber businesses will ensure a successful event.

Join us for an evening of giveaways, raffles, networking, hors d’oeuvres, and more. Connect with business and community members, industry leaders from across the region, and Chamber Board members and staff. We expect this PM Networking event will be very well attended as other networking organizations have been invited to join us ... you do not want to miss out!

Introducing a new, free member benefit!

Souhegan Valley Chamber of Commerce Small Business Forum

May 3, 1:00 – 2:00, Chamber Office, 69 Route 101A, Amherst, NH

Are you a business owner or manager that does not have a board of directors, advisors or colleagues that you can run ideas by? Do you have a nagging question or concern that you just haven’t had the time to go looking for an answer? Do you just want to be able to speak openly with your peers and share common experiences? Do you want to do this for free with no obligation or commitment? Then the Souhegan Valley Chamber of Commerce Small Business Forum is for you!

The format of the Small Business Forum is open...open office hours where you can come for the whole hour or just a few minutes. Whether you are looking for individual attention (“Ask the Professional”) or a group discussion (“CEO Roundtable”), the Forum is here to support you and your business. Depending on the participants and topics, the CEO Roundtable will allow you to discuss with other owners and managers best practices, seek advice and counsel from your peers, and share ideas and experiences (good and bad). You can

share your insight or just sit back and learn. The choice is yours. The Forum is open to all businesses and industries and will be moderated by a Chamber volunteer.

The first Small Business Forum will be held on May 3 and continues the first Tuesday of every month from 1:00 to 2:00 at the Chamber Office in Amherst. It is for Souhegan Valley Chamber of Commerce members only. It will be moderated by Jay Maiona, a small business consultant and attorney. Jay volunteers and is a Board Member for your Chamber bringing over 20 years of business and legal experience to the Forum.

No appointment or signing up in advance necessary. You can stop by just once or every month if you like. The Small Business Forum is intended to be a flexible, and free, member benefit that we hope you will take advantage of. For any questions or suggestions, please contact Jay at jrm@maionalaw.com, 603-769-3924 or May Balsama at the Chamber at may@souhegan.net, 603-673-4360. Look forward to seeing you.

“The value of your Chamber membership just keeps getting better!”

Protecting Your Most Important Asset

Felicia Hoynacki Mutual of Omaha
Felicia.hoynacki@mutualofomaha.com
603-627-7808 X245

What's your most important asset? Your home? Other property? Savings? For most Americans, one particular asset – your income – is more important than any of these. Everything most people own is dependent on their ability to earn an income. It's that steady paycheck that allows you to hold on to what you have.

If you became unable to work because of sickness or injury, how would you pay your monthly bills? Generations of Americans continue to depend on disability income insurance, which was introduced by Mutual of Omaha and other companies in the early 1900s. Disability income insurance provides protection for your income. It's an affordable solution that pays a monthly benefit while you are disabled due to a covered sickness or injury and can't work. Nobody wants to think about becoming disabled, but ignoring the risks could result in a catastrophe. Can you afford to miss more than two months of work without having to borrow money? The problem is borrowing often isn't feasible because it can be tough to get approved for a loan without an income. Social Security will pay disability benefits, but only after a lengthy waiting

period. You can tap your savings, but that will exhaust most workers' savings in about two months. Selling your assets is a last resort – but you may not get fair value for your assets and then you'll have nothing.

Disability Income Insurance Provides A Bridge

Disability income insurance provides a bridge over times of trouble. Disability income insurance can be designed to provide a significant portion of your regular monthly income (generally 60 percent) and benefits can be timed to begin according to need.

Disability income policies also could continue to pay benefits during rehabilitation, job re-training and part-time employment. A survivor benefit would pay a lump-sum benefit to your beneficiary if you die during a period of disability. Optional features (riders) could be added to most disability income policies at extra cost. These may include a cost of living adjustment to compensate for inflation and a return of premium rider. This latter feature may allow the consumer to specify that a portion of the premiums (sometimes up to 80 percent) will be paid back – less any claims paid – after the insurance has been in force for 10 years.

Owners of small businesses who select disability income insurance could have

business overhead expense coverage that will help pay business costs including rent, utilities and interest on business loans. Disability income insurance also provides some benefits that are intangible, but still very important. Your most important reason for purchasing disability income insurance could be the "peace of mind" that comes with knowing that bills will be paid in the event of a disabling illness or injury.

And don't underestimate the boost in confidence and sense of self-worth that comes from providing for your family even though you're experiencing a disability.

Member Breakfast

Managing the Generational Mix in the Workplace

Member Breakfast

Thursday, April 28 7:30 – 9:00 AM
Huntington Learning Center, 2 Cellu Dr,
Nashua

On April 28, 2011 at Huntington Learning Center, Sandy Demarest of Demarest Career Directions will talk about the generational challenges in today's workplace and the need to find a balance between acknowledging the skills of older workers and nurturing the ambition of younger workers. Laura Byers of NH Workers will present timely information about the Return to Work Program. This program was developed to stimulate job growth and provide the citizens of New Hampshire skills necessary to compete in today's challenging job market.

Generation Y makes up 22.5 % of the workforce, but over the next 3 to 5 years, about 7 million more Gen Years will join the ranks. What does this mean for hiring managers and supervisors?

How are we going to get along and work together successfully?

How do employers manage the expectations of two different groups of employees? RSVP to may@souhegan.net for reservations. Space is limited.

ST. JOSEPH BUSINESS & HEALTH

Occupational Health Services

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17 Riverside Street
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Wheeler Receives Paul Harris Fellowship

Rotary International has honored First Colebrook Bank Vice President Branch Administration & Marketing Amy Wheeler as a Paul Harris Fellow. During a recent dinner in Nashua held to present the new Souhegan Valley club with its Rotary charter, Rotary International President Ray Klingensmith presented her with the fellowship pin and certificate. "That is extremely rare," she added, explaining that Klingensmith oversees 34,000 Rotary clubs in 200 countries. "It was a real honor and sheer luck on my part."



Studies in the Netherlands. In her banking career, she has been a customer service representative, a client relations representative, a business development sales manager and trainer, and a market manager and consumer loan officer.

Amy came to First Colebrook Bank in 2005 as Assistant Vice President/Branch Manager/Business Development and was promoted to Vice President/Branch Administration and Marketing in 2009. Earlier this year, she was a co-recipient of the bank's prestigious Bill Bromage Community Service Award. The award is given annually in honor of former bank President and CEO Bill Bromage to First Colebrook Bank employees who demonstrate the accomplishments and selfless community service that Bromage exemplified.

Paul Harris Fellows are recognized either for their overall contributions to Rotary or for important financial donations to the organization's Annual Programs Fund, PolioPlus, or the Humanitarian Grants Program. "Amy was instrumental in the creation of the Souhegan Valley Rotary Club," says First Colebrook Bank President Loyd Dollins. In 2009, she helped found the Souhegan Valley Happy Hour Rotary Club, so named for its after-hours meeting time and now known as the Souhegan Valley Rotary Club, which meets every Monday at 5:30pm at the Hampton Inn on Amherst Street in Nashua. "Active in a number of New Hampshire business, community, and charitable organizations, Amy is a recipient of the Souhegan Valley Chamber of Commerce's Volunteer of the Year Award. She has been a chamber board member since 2006 and currently serves as chair."

Amy participated in a Rotary International Group Study Exchange to the Philippines. A member of IUGO, Nashua's network for young professionals, she is also a 2010 graduate of the Leadership Greater Nashua program. Currently in her second term on the Nashua Pastoral Care Center Board of Directors, Amy has also served as event planner for several organizations.

After earning a bachelor of science degree in business administration from the University of New Hampshire's Whittemore School of Business & Economics, Amy studied International Business at Maastricht University Center for European

SAVE THE DATE!

Souhegan Valley
Chamber of Commerce
All Star Award Dinner
June 2, 2011 at Alpine
Grove, Hollis

March After-Hours



Virtual Homes Real Estate "Home" for March 23 After Hours

A warm welcome and great hospitality was extended to Chamber members and guests gathered at the offices of Virtual Homes at Ponemah Road in Amherst. Next to the Ponemah Green Driving Range, the offices are easy to find and offer complete services for residential and commercial real estate. Fred Doleac acted as master of ceremonies for the welcome announcements and the many door prizes that were awarded. New and not-yet members joined in the networking and were made to feel "right at home"!

Thank you to all the agents and associates for the wonderful refreshments, prizes and gracious hosting to make us welcome!

SOUHEGAN VALLEY CHAMBER OF COMMERCE REFERRAL GROUP

Since July, 2010

220 Referrals

\$108,000 in Revenue

\$4,587 per Seat

Mark Cedras, MarkalAngelo.com "Coloring your dreams..."

My painting business has gained at least 10%, in a down economy, from our referral group. Besides providing direct income, the group has also enriched my marketing skills and aligned me with reputable businesses in our area.

What are your goals for 2011?

See what you're missing...

Contact Walter Schneck

C1M Photography

673-8200 or wschnecker@c1mpp.com

Are Mass Emailings Legal?

The CAN-SPAM Act of 2003 provides guidance for mass mailings, and sets fines for non-compliance.

In general, you may send a first email to anyone whose email address you acquire through any means. But a commercial mailing must comply with a few common sense rules:

- 1) You can't pretend the email is coming from a business other than your own. The From and Reply To settings may not be deceptive.
- 2) The Subject line of the email must accurately reflect the content. Don't send a mailing with a Subject of Vacation Photos from Susie if the purpose of your message is to market your new product line.
- 3) The email has to include the name of your company and a valid address, either a PO Box or a physical address.
- 4) You must provide a way for recipients to opt-out or unsubscribe from future mailings. This can be as simple as telling readers they may unsubscribe by replying to the email with the word unsubscribe in the Subject line.
- 5) You must honor Unsubscribe requests within 10 days (by removing them from your list). You may not sell or give an unsubscribed email address to any other company. And you may not add them back onto your list unless they specifically ask you to (by opting in).

For more information, visit business.ftc.gov or en.wikipedia.org and search for "can-spam act".

In addition to the federal CAN-SPAM law, some states (primarily in the mid-west) prohibit some mailings to minors unless you have parental consent.

Some of my customers use services like Constant Contact to reach current and potential customers. The monthly charge may not be cost effective if you are not committed to doing monthly mailings (and if your list is large), and this approach also requires that you trust the online service with your treasured list of email addresses. Another option is emailing software such as eCampaign, where you pay a one-time license fee for unlimited use.

Mass mailings can be an effective way of keeping in touch with past customers and finding new ones. Don't be afraid to send mailings - just be sure to follow the rules outlined above.

Robin Warren - Website Design
www.3webpros.com

Tips on Choosing Contractor

By Barbara Allen, *Allen Remodeling*, 672-5992

Get recommendations and references. Talk to friends, family and others who have used the contractor for similar work. Get at least three written estimates. Insist the contractors come to your home to evaluate what needs to be done. Be sure all the estimates are based on the same work so that you can make meaningful comparisons.

Check the contractor complaint records. Your state or local consumer protection agency or Better Business Bureau can provide this information.

Contact your local building inspection department. Check for permit and inspection requirements. Ask the Building Inspector about the contractor's performance. Be sure your contractor is insured. A contractor should have personal liability, property damage and workers' comp insurance. Insist on a written contract. That states exactly what work will be done, the quality of materials that will be used, warranties, timetables, makes of subcontractors, the total price of the job and schedule of payments.

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603-672-5520

Marc D Chareth
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603-673-3957

www.edwardjones.com Member SIPC

Trent Blalock
Financial Advisor

1 Elm Street
Milford, NH 03055
603-673-3957

Edward Jones
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Member Directory

Every month all of our Chamber members will be listed. Bold print will be used to distinguish Premiere and Premiere Plus Members. Additional information may be included in the listing for a nominal fee. A listing that includes logo, name, address, telephone and website is \$48 annually. Please contact the Chamber at 673-4360 for more information.

-A-

Accountants

Business Clinic, Inc., The ph: 672-1234
Christopher Rogers, CPA ph: 673-0336
Dionne & Strout, PA ph: 598-3693
J. Kenneth Fordham CPA ph: 672-1830
Steele Associates Tx Services & Business Services
ph: 673-4660

Air Conditioning/Heating

Absolute Mechanical ph: 249-9800
Card Heating & Cooling ph: 673-9767
Sanford Temperature Control ph: 672-1643

Antiques

Amherst NH Outdoor Antique Market, Inc.
ph: 673-2093
Antiques at Mayfair ph: 546-0194
Robin's Nest at 326 ph: 672-3900
White Home Collections ph: 654-7363

Apparel

Barbour, Inc. ph: 673-1313
Haywards Trading Post ph: 673-1321

Appliance Sales & Service

Brennan & MacKay Appliances ph: 673-1177

Art Galleries/Instruction

Andres Institute of Art ph: 673-7441

Automobile Sales & Service

Contemporary Chrysler Dodge Jeep, Inc. ph: 673-5511
Medlyn Motor, Inc. ph: 673-1667

-B-

Bakery



Frederick's Pastries

109 Route 101A, Amherst ph: 882-7725
25 South River Rd., Bedford ph: 647-CAKE
The Good Loaf ph: 672-1500

Banks & Banking Associations

Centrix Bank & Trust - Milford ph: 672-4200

First Colebrook Bank



69 Route 101A
Amherst, NH 03031
ph: 673-1440

fax 673-1290

www.firstcolebrookbank.com



New Hampshire's local bank
Laconia Savings Bank

256 Wallace Rd. Bedford 03110
laconiasavingsbank.com ph: 527-7207

Lake Sunapee Bank ph: 673-2350

The Nashua Bank ph: 882-2700

Peoples United Bank - Jones Road ph: 673-4700

Peoples United Bank - Lorden Plaza ph: 672-5055

TD Bank ph: 249-4021

Banquet Catering

Alpine Grove Banquet Facility ph: 882-9051

Books New & Rare

Mori Books ph: 732-0258
Toadstool Bookshop ph: 673-1734

Boutiques & Specialty Shops

Amanda Thomas, LLC ph: 595-9447
The Color Shop & More ph: 654-6297
Cozy Baby ph: 672-5554
The Cozy Tea Cart ph: 249-9111
Salzburg Square ph: 732-6507

Business and Organizing Services

Space 4U, LLC ph.765-9267

-C-

Chiropractors

Amherst Chiropractic ph: 673-9191
Amherst Family Chiropractic Wellness Center
ph: 673-0010
Backstop Chiropractic Health Ctr, Inc., The ph: 673-1511
Spinal Corrective Center ph: 673-5600

Churches

St. Paul Lutheran Church ph: 821-7891

Civic Organizations

Amherst Lions Club ph: 673-2834
High Hopes Foundation of NH ph: 429-1010
Hollis Brookline Rotary Club ph: 589-0808
Milford Historical Society ph: 673-3385
Milford Main Street/DO-IT ph: 672-4567
Milford Rotary Club ph: 673-4778
Nashua Senior Activity Center ph: 889-6155 ext.12
Opportunity Networks ph: 883-4402
Planet Aid ph: 533-9437
Rotary Club of Hollis Brookline ph: 589-0808
SCORE ph: 666-7561
SHARE ph: 673-9898
United Way of Greater Nashua ph: 882-4011
Wilton Main Street Association ph: 654-3020

Cleaning/Restoration

Wendi's Cleaning Services, Inc. ph: 673-4266

Coin Dealers/Collectibles

Rare Coins of New Hampshire, Inc. ph: 673-9311

Communication Skills

Milford Toastmasters ph: 731-0116

Computer Services

Brinestone ph: 673-6696

CEJ Computer Business ph: 424-3117
Computer Alliance ph: 881-8411
Microtime ph: 672-7076
YourPresenceOnTheWeb.com ph: 801-0688

Confections

Lisa's Sweets ph: 672-1022
Maple Lane Farm ph: 654-5362

Conservation Education

Beaver Brook Association ph: 465-7787

Construction/Contractors

Allen Remodeling ph: 672-5992
Gavin Remodeling ph: 672-3200
National Property Consulting & Management, LLC
ph: 490-3692
Portrait Homes Inc. ph: 672-8228
The Stabile Companies ph: 889-0318

Consultants

Rodney P. Watkins ph: 465-1706
Jigsaw Consultant ph: 731-0116

Credit Unions



Granite State Credit Union ph: 249-9035
www.gscu.org
St. Mary's Bank phone ph: 249-7301
Triangle Credit Union ph: 577-9137

-D-

Dance Instruction

Kathy Blake Studios ph: 673-3978

Dental Practices

Amerident Dental ph: 672-6546
Amherst Pediatric Dental Associates ph. 673-1000
Family Dental Care of Milford P.A.



154 Elm Street / PO Box 135

Milford, NH

ph: 673-3332

www.fdcmilford.com

Kayser, Clark & Leighton PLLC ph: 673-7950
Kenneth G. Edwards, D.D.S. Family Dental Care
ph: 673-0782

-E-

Education

Empowering Learning ph: 703-1664

Elder Housing

Bentley Commons ph: 644-2200
Parkhurst Place ph: 249-1600
Ledgewood Bay ph: 672-5037

Electricians

Evan Jones Master Electrician ph: 289-1589
KB Electric, LLC ph: 801-3563

Employment Staffing Services

Accurate Staffing, LLC ph: 673-1083
Adecco, The Employment People ph: 598-0117
Demarest Career Directions ph: 249-5641
Personnel Interface Staffing Services, Inc., The
ph: 732-0206

-F-

Family Services

Big Brothers Big Sisters of Greater Nashua
ph: 883-4851
Bridges-Domestic & Sexual Violence Support
ph: 672-9833

Granite State Child and Family Counseling, LLC
ph: 672-1881
Nashua Pastoral Care Center, Inc. ph: 886-2866

Financial Services

AspenCross Financial Group ph: 232-8262
Boutin Financial Group ph: 878-0584
Edward Jones Investments - Amherst ph: 672-5520
Edward Jones Investments - Milford ph: 673-3957
Mike Bonacorsi, LLC ph: 769-3111

Fitness Facilities

Amherst Yoga ph: 673-7661
Hampshire Hills Sports & Fitness Club ph: 673-7123
Trilogy Fitness ph: 249-5614

Florists

Amaryllis ph: 889-7750

Fuel

Ciardelli Fuel Co., Inc. ph: 673-1336
Lorden The Home Climate Co. ph: 315-4222

Funeral Homes

Nelson Funeral Home ph. 654-6524

Furniture Retail

Winchendon Furniture Co., Inc. ph: 880-6393

-G-

Garden Centers & Nurseries

Milford Agway ph: 673-1669

Gifts

J.M. Princewell ph: 673-0611
Lozier Studios LLC ph: 672-0976

Government

Town of Amherst ph: 673-6041
Town of Milford ph: 673-3514
Town of Wilton ph: 654-9451

Graphic Design Services

Robin Warren Website Design ph: 424-0814
William Pike Design ph: 672-5176
YourPresenceOnTheWeb ph: 801-0688

Gymnastics Instruction

Gymnastics Village, Inc. ph: 889-8092

-H-

Health/Wellness Services

Granite State Vitamins ph: 801-8452

Home Health Care/Nursing Homes

Home Healthcare, Hospice & Community Services
ph: 532-8353
Living at Home SeniorCare ph: 546-6060
St Joseph Home & Hospice Care ph: 673-3460
The Elms Care & Rehabilitation Ctr. ph: 673-2907

Home Improvement

Artistic Tile ph: 886-1920
Budget Blinds of Keene ph: 354-7801
Devine Flooring ph: 654-5400
Harbor Freight Tools ph: 579-0658
Home Theater & Beyond ph: 424-1968
Lowe's Home Improvement ph: 521-9241
Simply Works Home Entertainment Solutions
ph: 249-8999

Hot Dog Cart

Pete's Diggity Dogs ph: 249-6896

Hotels and B&B

Hampton Inn Nashua ph: 883-5333
Stepping Stones Bed & Breakfast ph: 654-9048
Zahn's Alpine Guest House ph: 673-2334

-I-

Insurance

Anthem Blue Cross Blue Shield ph: 695-7423
Allstate Ins. Co. Jim Parolin & Associates ph: 429-8800
American Family Life Assurance ph: 234-0492
Beard & Boyd Insurance Agency LLC ph: 673-7228
Constable Agency-Nationwide, Inc. ph: 672-2243
Combined Insurance, CR Group, LLC ph: 943-0508
Davis & Towle Insurance Group ph: 672-5255
Eaton & Berube Insurance Agency, Inc. ph: 673-0500
Frambach Long Term Care Ins. Planning
ph: 883-2128
Holt Agency, The ph: 673-1201
Liberty Mutual Insurance ph: 472-3597
ph: 889-4333

-L-

Landscaping Contractors

Let the Other Guy Do It Landscaping ph: 672-5180
New England Elements ph: 801-5879

Law Offices

David G. Sturm, Counselor at Law, PLLC ph: 673-4543
Donald H Sienkiewicz, Attorney at Law
ph: 654-8811
Maiona Law, PLLC ph: 769-3924
Prevelt & Prevelt ph: 673-8500
Wiggin & Nourie ph: 669-2211
Wing & Weintraub, P.C. ph: 673-7256

Libraries

Wadleigh Memorial Library ph: 673-2408

Lighting, Fixtures & Supplies

Souhegan Lighting Products, LLC ph: 889-8962

Limousine Service

L.A. Limousine ph: 654-3899

-M-

Management Consultation & Training

Sapphire Consulting, LLC ph: 889-1099

Manufacturing

Alene Candles, Inc. ph: 673-5050
Hitchiner Manufacturing Company, Inc. ph: 673-1100
MTH ph: 886-0011
Williams & Hussey Machine Co., Inc. ph: 654-6828

Marketing Consultants

MarketingFIRST
44 Catacunemaug Road, Shirley, MA 01464
978-764-8711

Markets

Earthward Natural Foods & Co-op ph: 673-4322

Massage Therapy

Caring Hands Massage Therapy, LLC ph. 508-1562

Mortgage Services

First Eastern Mortgage ph: 800-999-7788 x13

Moving & Storage

Countryside Self Storage ph: 672-3691
Currier Self Storage ph: 673-9538
The Vault ph: 262-3311

Music/Performing Arts

Milford Area Players ph: 801-4473

-N-

Newspapers

Cabinet Press, The ph: 673-3100
Telegraph, The ph: 594-6539

-O-

Office Equipment

Konica Minolta Business Solutions
ph: 898-4114
Oce Imagistics, Inc ph: 472-8119
Staples Office Superstore ph: 578-4897

Optometrists

Joseph J. Raczek O.D. ph: 673-7428
Nashua Eye Associates, Inc. ph: 672-8800

Orthodontics

Amherst Orthodontics ph: 672-0844
Edward L. Klopfer D.D.S., PA Orthodontist
ph: 673-2406

-P-

Painting

Markal Angelo ph: 566-9013

Party and Event Rentals

Monadnock Tent Rental ph: 562-6690
Special Events of New England ph. 624-8389

Paving & Plowing



Shattuck Paving & Plowing, LLC ph: 654-5695

Payroll

Time Pay\$ of NH ph: 233-6676

Personal Chef

The Everyday Epicure ph: 672-0708

Pets

Food for Pets / Souhegan Pet Supply

Cobblestone Corner; 76 Route 101A
Amherst, New Hampshire 03031
ph: 673-7387
email: food_for_pets@comcast.net
Granite State Dog Center ph: 672-3647

Photography

Catching | Moment Professional Photography
ph: 673-8200
Tracy Hanlon Photography ph: 769-0513

Physical Therapy

Amherst Physical Therapy ph: 672-5125
Apple Therapy ph: 769-3331
Hampshire Hills Clinic for Physical Therapy
ph: 672-4478

Physicians & Surgeons

Dartmouth - Hitchcock Milford ph: 673-2515
Elliot Family Medicine at Amherst ph: 249-3000

Foundation Medical Partners ph: 577-2770
 Greenhouse Naturopathic Medicine ph: 465-2895
 Dr. Jennifer Madden Family Practice ph: 769-3308
 Milford Medical Center ph: 673-5623
 Robert D'Agostino MD Family Practice
 ph: 672-2003

Postal / Package Services

NH Mailing Services ph: 223-4600
 Postal Center USA ph: 672-8816

Plumbers

Jason Wetherbee, LLC ph: 673-6719

Printing/Publishing

Amherst Label, Inc. ph: 673-7849
 Copy Shop, Inc., The ph: 882-9111
 Coudough Inc. 554-1462
 Hansen Printing & Design Services, LLC ph: 672-7599
 SendOutCards Distributor ph: 878-2411
 SendOut Cards Distributor 673-2665
 Town Planner Community Calendar ph: 791-4748

Propane

EnergyNorth Propane ph: 654-6070
 Suburban Propane ph: 673-2903

Property Management

Stewart Property Management ph: 641-2163

-R-

Real Estate

Bean Group, Sharon Campbell ph: 493-5347
 CCSI ph: 672-7176
 Coldwell Banker ph: 673-4000
 Joan P. Lemire Real Estate ph: 654-6118
 Kokko Realty, Inc. ph: 673-7000
 Leonard, Lee & Company ph: 672-5100
 Norwood Group, The ph: 673-1775
 S.T. Cutter Real Estate, LLC ph: 493-5347
 Transitions Realty, LLC 673-0833
 Virtual Homes ph: 673-9747

Recreation / Golf Clubs

Amherst Country Club ph: 673-9908
 The River Card Room ph: 249-5548

Restaurants

Longhorn Steakhouse ph: 579-6975
 Milford Coffee & Provisions ph: 672-5464
 Red Arrow Diner 23 ph: 249-9222

Retail

Seasonal Specialty Stores ph: 880-8471
 Very Cozy Baby, LLC ph: 672-5554
 Wal-Mart ph: 672-3421

-S-

Salons & Spas

Ageless Salon & Medical Day Spa ph: 883-3550
 Innovations, Salon & Spa ph: 880-7499
 Salon 2000 & Green Gallery ph: 654-6930
 Salon Aquavit ph: 673-6006
 SpaScape, LLC ph: 249-5807

Schools

High Mowing School ph: 654-9408
 Little Einsteins Preschool Learning Center, LLC
 ph: 673-3022
 Pine Hill Waldorf School ph: 654-6003
 RSEC Academy ph: 886-8500 ext. 309
 SAU #39-Amherst/MontVernon/Souhegan 673-2690

SAU #40-Milford School District ph: 673-2202
 SAU #41 Hollis/Brookline School District 465-2269
 Southern New Hampshire University ph: 881-8393
 Wilton-Lyndeborough Coop Middle/High School
 ph: 654-6123

Security Systems

One Source Security ph: 645-5969

Septic Services

Souhegan Septic Tank Service, LLC ph: 673-4711

Sign Manufacturing

Classic Signs ph: 883-0384

Stoves – Wood, Pellet, Gas

Solstice Pellet Stove Solutions, LLC ph: 325-1134

Supermarkets

Shaw's Supermarkets, Inc. ph: 672-1280

Surveyors & Engineering

Meridian Land Services, Inc. ph: 673-1441

-T-

Take-Out Foods

Moulton's Market ph: 673-2404

Telecommunications/Communication

Moore Enterprises ph: 978-597-0204
 US Cellular - Nashua ph: 533-2070

Tire Dealers

Carson City Tire, Inc. ph: 673-5402

Tractor Sales & Service

Chappell Tractor Sales ph: 673-2640

Trash Removal

H2O Waste Disposal Services, LLC ph: 732-0961

Tutoring

Huntington Learning Centers ph: 595-1880

-U-

U.S. Military

Employer Support for the Guard and Reserves
 ph: 225-1342
 NH National Guard ph: 225-1206

Utilities

Public Service of New Hampshire ph: 634-2380
 TDS Telecom ph: 888-837-1347

-V-

Veterinary Medicine & Surgery

Hollis Veterinary Hospital, PLLC ph: 465-7071
 Ponemah Veterinary Hospital ph: 673-5300

-Y-

Youth Clubs & Organizations

Souhegan Valley Boys & Girls Club ph: 673-6820

SAVE THE DATE

Veterans FIRST Auction
 April 16

2nd Annual Winter Gala
 March 5

All Star Award Dinner
 June 2

MEMBER SERVICES

	Members	Non-Mems.	Newsletter Advertising*		
Newsletter Subscription	Free	\$15/yr.	Size	1 Issue	Prepaid
Chamber Conf. Rm.	Free	\$50.	Business Card	\$25.	12 Months \$250.
Certificate of Origins	Free	\$35.	1/4 Page	\$35.	\$350.
Relocation Packages	Free	\$10.	1/2 Page	\$60.	\$600.
Member Mailing Labels			Back Page	\$100.	\$1,000.
(1st Set)	Free	\$35.	Full Page Inside	\$100.	\$1,000.
Event Announcements	Free	\$25.	Insert **	\$75.	\$750.
Welcome Bags					
One Sheet/Item	\$50.	\$100.			

* Prices for camera ready artwork. Design service available at additional fee.
 ** Must supply enough inserts to meet newsletter distribution.

Stand out in our directory with an extended listing!
 For just an additional \$48 annually you can have your logo, tag line,
 address, and fax number added to our directory.
 Contact the Chamber for more details.

WWW.SOUHEGAN.NET • 673-4360

APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 7:00 AM SV Chamber Referral Group	6 8:00 AM Veterans FIRST Auction	7 5 – 7PM Reception for Stephanie Kruy at People's	8	9
10	11	12 7:00 AM SV Chamber Referral Group	13 8:00 AM Veterans FIRST Auction	14 7:45 AM Board of Directors	15 Noon Membership Comm.	16 6 – 10 PM Veterans FIRST Auction Alpine Grove
17	18	19 7:00 AM SV Chamber Referral Group	20 5:30 – 7:30 After Hours at Ponemah Vet. w/ Boyd & Boufford	21	22 8:00 Expo Full Committee	23
24	25	26 7:00 AM SV Chamber Referral Group	27 8:00 Auction Wrap Up Meeting	28 7:30 AM Member Breakfast/Networking at Huntington Learning Center	29	30

Thank you to our Sustaining Partners

Souhegan Valley Chamber of Commerce
69 Route 101A • Amherst NH 03031

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