



CHAMBER OF COMMERCE HAPPENINGS

Promoting and celebrating the businesses and organizations of the Souhegan Valley.

*You can find it
in the
Souhegan Valley.*

Southern NH Expo 2011

New Features – New Vendors – Expanded Audience

The activity is heating up and the plans are all falling into place for one of the biggest Expos ever in the region. SNH Expo 2011 will have new exhibitors and features that will attract larger crowds of potential customers and clients for our vendors. Don't be left out of the action.

Farmers' Market Square will find Cabot Cheese and Stonyfield Farms the cornerstones of a wide variety of locally produced food items, handmade crafts, micro-breweries and wineries. All will be sampling their wares for the public and selling their products to take home. Other exhibitors will be selling all kinds of items for home and gift giving from their booths. Select from a number of personal accessories or services for the perfect holiday or hostess gift.

Another feature of the Expo will be in support of CHaD, Children's Hospital at Dartmouth. Red Sox Hall of Fame players will offer their expertise to our young people in the batting cage at the Dome for a small donation to the charity. The fundraiser is part of the announcement of CHaD opening their second facility here in the southern

part of NH. Located close by off 101A, the clinic will be closely related to Children's Hospital in Boston through the sharing of doctors, personnel and files. What a fantastic asset to our communities! And what a great opportunity for our future "big leaguers" to be coached by the former greats of the Sox!

To support our exhibitors in making the Expo expo-special, we will be developing a marketing package to go out for pre-expo promoting and follow up activities that will help get the return on investment. The Expo Committee has scheduled a workshop for exhibitors presented by one of the premier marketing firms, Spectrum Marketing, to help focus advertising and promotional efforts for success. Hold August 25 in your calendar whether you are exhibiting or not to come to the Dome for this very unique opportunity to hear from the experts.

Warning to all who aren't registered for the Expo – Don't wait much longer! Booths are going very quickly and as of August 1st, two-thirds of the booths are sold! Space will be limited and you could be left out. Call the office or go online today.

Your Board of Directors at Work

Twenty Directors and Officers of the Souhegan Valley Chamber Board met for a day long retreat at the end of June. This opportunity was hosted by Hitchiner Manufacturing and catered by Jose Menendez, The Barn.

The members were presented with several questions requiring thoughtful responses as to the value, purpose and services of the Chamber. Carefully guided by our

consultant, Susan Gunther, People Friendly Strategic Planning, a map for action was created that will result in new efforts and more programs that will enhance the value of your Chamber membership.

Watch for our announcement of a business informational series and a new community fundraiser this fall. And please, your input is what directs the Board. Please respond to our survey when you receive it in mid-August.

Executive Committee

Effective July 1, 2011

Amy Wheeler - Chairman
First Colebrook Bank

Rick Boyd – Immediate Past Chairman
Beard & Boyd Insurance

Mike Brisebois – Chair-Elect
Hitchiner Manufacturing

Karen Keating - VP Events
St. Mary's Bank

Heather Arvanitis - Treasurer
PSNH

Rosie Deloge - Secretary
May Balsama – Executive Director

Board of Directors

Marc Violette
TDS Telecom

Jeff Boutin
Boutin Financial

Stephanie Kruey
Milford Rotary Club

Mary Kling
Wendi's Cleaning Service

Walter Schneckner
C1M Photography

Joan Lemire
Joan P. Lemire Real Estate

Julie Sullivan
SAU 41

Jay Maiona
Maiona Law Offices

Tracy Bardsley
Milford DO-IT

Debbie Hoffman
this Field, Center for Beginner's Mind

Christopher Gagnon
Longhorn Steakhouse

Trent Blalock
Edward Jones Investments

Nancy Pomerleau
Real Living The Norwood Group

Brian LaBonte
Anthem Blue Cross Blue Shield

Message From May's Desk:

I simply can't believe it is August! This month is going to pass by so quickly, if you blink, it will be gone. We have jammed the calendar with opportunities to learn something new or meet someone new to make an important connection. We have a breakfast workshop and a Brown Bag sponsored by two of our members, a special marketing presentation at the Dome, a great After Hours and the long anticipated announcement of the Best of Souhegan Region Readers Choice Awards. The office is a buzz with so much good information to share. That's not all – We are really heating up the plans and arrangements for the biggest and best Expo we have held yet! As I write this, Stephanie Kruey, volunteer extraordinaire, has signed and confirmed 160 booths. Okay, you are not impressed? Well, we are only able to take 225 to allow for the special sections and the special events planned at the Expo. And by the way, as of this time last year? Only 72 had been confirmed. What does that tell you? Get the lead out and get on the phone or online or be left standing at the door! We have a new Farmers Market Square with locally products and produce, handmade and handcrafted, wineries and microbreweries. Who wouldn't like to be next to those booths? This in addition to the great restaurants, bakeries and confectionaries coming to offer their samples of wonderful fare. We are very proud to announce a



partnership with CHaD, Children's Hospital at Dartmouth. We are arranging for special family activities for everyone to enjoy and participate in helping to raise funds to support the work of this wonderful organization. Did you know there will be a new facility right down the street at exit 8? This location near the MA border will enable CHaD to develop a closer relationship to Boston Children's Hospital. Sharing doctors and resources will enhance what is available to our children. This is an incredible asset to our region and we are very excited to host them at the Expo. One of the activities will give our young visitors and those young at heart a chance to be "coached" on their batting skills by former Red Sox Hall of Famers. Donations for the opportunity will go to CHaD. As to the Readers Choice Awards, we are proud to see so many Chamber members in the roster of top two businesses in the various categories. Thank you to everyone who voted. Thank you to all our wonderful business people who work hard to exceed the expectations of their customers and clients. You make our region very special. Congratulate them with placing an ad in the supplement that will come out in the Cabinet at the end of the month. Nice way to pay tribute to their hard work. Celebrate with us on September 20 at the Awards Ceremony. And mark the Expo in your October calendar on the 20th.



69 Route 101A • Amherst, NH 03031
603-673-4360 • fax 603-673-5018
chamber@souhegan.net
www.souhegan.net

Happenings is published monthly by
the Souhegan Valley Chamber
of Commerce

Subscriptions are complimentary to
members and \$15.00 annually to non-
members.

Editor: May Balsama
Graphic Design: SJ Balsama
Publishing Support : Chuck Taylor

Welcome New Members

Citizens Bank

173 Elm Street, Milford 03055
www.citizensbank.com 603-673-3481

Citizens Bank is a full service commercial bank serving its customers, communities and colleagues with 82 branches and 203 ATMs located across New Hampshire. In 1828, Citizens Financial Group got its start as a small community bank called the High Street Bank in Providence, Rhode Island. Citizens Financial Group, Inc. is a \$132 billion commercial bank holding company that continues to be headquartered in Providence. It operates its branch network in 12 states and has non-branch retail and commercial offices in more than 30 states.

It takes a lot of good things to make up a good bank. Good ideas. Good practices. Good execution. And more than anything else: good people. We have a lot of them – more than 22,000 in all. People of all backgrounds coming together to create a culture dedicated to serving our customers and our communities. In support of our colleagues, we provide matching gifts, grants for a non-profit through volunteer efforts and donations for of new school supplies at our local branches.

Jeffrey Scott Fine Jewelry
141 Route 101A, Amherst 03031
www.jeffreyscottjewelry.com
603-521-7481

A family owned and operated business with 25 years of experience, Jeff and Irene Wolf have created a distinctive store that is beautifully appointed and offers a full selection of diamonds, precious gems, pearls and an extensive selection of gold, silver and platinum jewelry. Their old fashioned dedication to service sets them apart from the chain stores.

Jeff is a GIA trained gemologist with experience in the NY area jewelry business. His knowledge and training of the latest trends and technology allows him to design and create pieces customized for the client or occasion with a full range of new materials and stones or from older stones and metals from family members. All work is done on the premises giving the customer the security of knowing their items are in trusted hands. From sizing to repairs to creating new from old, Jeffery Scott Fine Jewelry is looking forward to serving their new neighbors.

Maillet Construction, LLC
PO Box 492, New Ipswich 03071
www.mailletconstruction.com
603-878-0798

Maillet Construction offers a wide range of services for the residential or commercial property. We can help you with additions, decks, garages, roofing or window and door replacement along with siding. We can enhance your property and give you future savings in heat/cooling costs. We are available for winter maintenance with snow plowing service.

Landscaping from basic lawn and planting maintenance to stonework, hardscapes, excavation and septic repair and replacement are all available from Maillet. Our full scope of services will make your project go smoothly and with only one contractor to work with in getting the job done to your complete satisfaction.

NEIP
212A South Street, Milford
www.neip-sales.com 603-249-5801

You can put your trust in New England Imaging Products. All of our services and products are guaranteed. For over sixteen years, Owners Sue and Bill Schroeter have built a solid reputation as New England's most trusted office equipment dealer. NEIP is committed to providing quality service to the community. We believe that a reputation as an honest and reliable business is the recipe for success. While others seek to profit by cutting corners, or recommending unnecessary services to customers, NEIP believes that a good reputation and consistent service will reap bigger profits in the long run. By being trustworthy, NEIP believes that they will enjoy a long term profitable business that serves the community. Our unparalleled service, competitive prices, and overall value are why our loyal customers won't go anywhere else.

As you look for ways to better manage your business needs, we hope you will not hesitate to call or email us if you have a particular need that isn't addressed. In addition to providing mailing services that include folding and inserting, we also service and sell mailing equipment, printers, postage meters and copiers. The manufacturers whom we represent are Hewlett Packard, Brother, Samsung, Francotyp-Postalia and Kyocera.

Please browse our products and allow New England Imaging Products to propose a cost effective solution for your business!

People Friendly Strategic Solutions
33 Greenwood Drive
Northfield, NH 03276
www.pf-strategic-solutions.com
603-286-3534

Strat-tactical Planning. Susan Gunther works with businesses to create action based plans and then works with them during implementation to insure success. She facilitates business planning that encourages clients to focus on mission and execution of successful strategies for today's world. Gunther stays with her clients for one year with reality checks to mark and recognize progress.

She will customize retreats for your organization for staff development, building a team culture and solid project planning skills. Her typical audience are business owners and CEOs, executive directors, human resource managers and nonprofit leaders. Compassion, enthusiasm, and a willingness to take a chance best describe Susan Gunther.

Gunther began her career with the American Heart Association in Columbus, Ohio. She moved up all the while moving east, until she landed in New Hampshire as Executive Director for the NH Affiliate. She has provided training to over 5000 State of NH employees, insurance company staff and non-profit organizations in New England and the Midwest. Gunther continues her practice of facilitation and speaking from her office in New Hampshire.

Stonesetters Landscaping, LLC
PO Box 253, Bookline, NH 03033
www.stonesetterslandscapellc.com
603-672-7866

Stonesetters was established in 2004 and has developed a strong reputation in the Southern New Hampshire and Northern Massachusetts areas. The owner and operator, Tim LeBaron has over 15 years of experience and brings his eye for design, extensive landscaping and stonework knowledge as well as attention to detail to every project. Stonesetters offers an array of services including Walkways, Patios, Out-

continued on Page 5

Member Happenings

EWGA

ewgasnh@gmail.com 978-633-9421

Want to play golf and have some fun while meeting a bunch of nice ladies? Well, you are invited to join the EWGA 9 hole league. Executive Women's Golf Association welcomes all ability levels to play at the Amherst country Club on Thursday evenings. Sign up and start to enjoy the game and the camaraderie. Go to our website, www.ewganh.org or email to ewgasnh@gmail.com for more information or to sign up.

Frederick's Pastries Birthday Parties

***Frederick's Pastries
109 Route 101A, Amherst
882-7725***

Frost it up and be the official cake decorator of the day with your friends at Frederick's Pastries! You and each of your friends will have your own 6" round, two layered cake to decorate with all of the frosting you can imagine! Show us what decorating a cake is all about when you make balloons, animals and flowers out of colorful butter cream frosting! Your imagination can run wild because there can never be a cake that is too over the top! This sweet creation is packaged up in an official Frederick's Pastries box for you to bring home and show off your new cake decorating talent! A tour of the bakery kicks off this unique birthday celebration and the birthday cake centerpiece will be created as the party guests' watch and express the party theme, colors and creation to be made by their cake decorator! This fun filled birthday party will be one that the kids will never forget!

St. Joseph Hospital offers Life After Loss Bereavement Support Group

St. Joseph Hospital Bereavement Support Services continues to reach out to our neighbors in an effort to better serve the needs of our community. We understand care does not end at the death of a loved one for families: it is just the beginning. We wish to invite all community members grieving the loss of an adult to join a support group free of charge. Bereavement Support Services provides this bereavement program to achieve our promise to ensure excellence of care and alleviate patient and family suffering.

The support group meets on Tuesday evenings from 4:00 p.m. to 5:30 p.m. Our fall 2011 session begins September 6 through October 25. At the completion of this 8-week course, we offer a monthly drop-in bereavement course designed to help and offer support during difficult times.

Registration is required. To register or for more information, call MedCall at St. Joseph Hospital at (800) 210.9000 ext. 2 or send an email to info@sjnh.org.

Budget Blinds of Keene Installs Custom Window Shades in Lebanon Airport

Budget Blinds – the largest and fastest growing window covering company of its kind in the United States, was asked by Airport Manager Rick Dymont to address selected windows that were in dire need of new window coverings. As members of an area networking organization, BNI (Business Networking International) Larry Sportello, owner and operator of the local Budget Blinds franchise offered to supply the treatments at no charge in exchange for marketing opportunity. With regional air service to both Boston and New York City, Lebanon offers area residents and visitors convenient access to trouble free travel, with free parking.

Budget Blinds of Keene proudly serves homeowners and businesses throughout Southwest New Hampshire, the Upper Valley, southern and central Vermont, offering complementary in-home estimates and consultations, professional measuring and no charge installation, and a rich selection of quality window treatments including shutters, blinds, draperies, shades, and window film. Budget Blinds works with over 25 leading window covering manufacturers such as Draper, Norman Shutters, Kathy Ireland Home by Alta, Lafayette, Hunter Douglas, including its own private label Signature Series line of window treatments.

Credentialed ImPACT Consultant at St. Joseph Hospital offers Computerized Concussion Testing

St. Joseph Hospital is pleased to announce that Ted S. Davis, PhD, Director of The Center for Neuropsychology,

Learning, and Behavioral Medicine at St. Joseph Hospital has earned the title of Credentialed ImPACT Consultant (CIC). Dr. Davis is pleased to offer state-of-the-art sport concussion diagnosis and management. Dr. Davis is the only Neuropsychologist in the area to offer to the ImPACT test.

The ImPACT (Immediate Post-Concussion Assessment and Cognitive Testing) test is an advanced, research-based computer test developed to help clinicians evaluate an athlete's recovery following concussion. The program begins with a 20-minute neurocognitive test battery given in the preseason for a baseline and includes reaction time, memory and other measurable cognitive skills. When a concussion is suspected, a follow-up test is given to see if the results have changed from the baseline. This comparison helps to diagnose and manage the concussion to determine when it's safe for athletes to return to playing sports. Follow-up tests can be given over days or weeks so clinicians can continue to track the athlete's recovery from injury.

If you would like to learn more about ImPACT testing, visit our website at www.stjosephhospital.com or call The Center for Neuropsychology, Learning, and Behavioral Medicine at (603) 598.3384. The Center for Neuropsychology, Learning, and Behavioral Medicine at St. Joseph Hospital offers services for children, adolescents and adults. Our neuropsychologists and learning specialists help people cope with neurological disorders, medical illnesses and learning disorders by applying the principles of the behavioral sciences to improve quality of life.

Salon Aquavit 479 Nashua Street, Milford 673-6006

We are proud to be entering our 10th year in business! Please join us for our 10 Year Anniversary Summer Celebration! We have the following specials and giveaways going on now through the end of August:

*Sun Kissed Mini Partial Highlight \$45

*\$10 off a 60 or 90 Minute Massage

*10% off all Facials and Body Treatments

continued on Page 5

Welcome New Members

door Kitchens, Driveways, Custom Steps, Hot Tub Pads and Pool Areas, Landscape Design and Installation, Water Features, Mulching and General Lawn Maintenance, Plowing Services, Retaining and Decorative Walls and Excavation Services. In addition to the usual materials used for stonework projects, Stonesetters sets itself apart by also working with unusual materials such as hand cut polished granite to make each project unique. Structural materials are chosen with respect to their surface, pattern, color, texture and trim. The materials that we use and the overall complete design are established to complement your existing landscape. Please visit our website or email our office for more information. www.stonesetterslandscapellc.com; info@stonesetterslandscapellc.com

Ultimate Green Cleaning
199 South Street,
Brookline, NH 03033
www.ultimategreencleaning.com
603-548-6512

We are a family owned business that has been satisfying our customers for over 20 years. Using only "Green Certified" cleaning products, we contribute in keeping our environment and YOU a little healthier. We are fully insured, Ilcrt certified.

We provide steam carpet cleaning, tile and grout steam cleaning, upholstery cleaning, auto, boat, and RV interior cleaning. We also offer full line of janitorial services. Let us quote your next job or talk with you about your fall cleaning projects. Home or office, residential or commercial, you will

Member Happenings

*50% off Hair Treatments when booked with another hair service (excludes Keratin Treatments)

*Monthly Raffle. This month we are giving away a \$25 gas gift card and a beach tote filled with \$100 worth of summer hair and skin care products.

*Each client receives a free gift this summer with a special savings offer.

be completely satisfied and feel good about using the latest products available to protect our world from chemical agents.

Vet Flix
3 Myopia Hill Road,
Brookline, NH 03033
www.vetflix.org 603-801-6943

Vetflix, Inc. is a non-profit 501(c)(3) company whose mission is to capture, produce and share U.S. veteran histories. Films are eligible for inclusion in the Library of Congress' Veteran History Project and aim to preserve their stories with dignity and honor. Veterans of all eras contribute to their family heritage and our national legacy by sharing their stories. Through these films, we can all appreciate and remember their courage and sacrifices - and maybe even be better prepared to appreciate the true costs of war today.

Vetflix interviews veterans, films their stories, collects photographs, artifacts and other mementos and weaves beautiful films from the threads of their service stories. Veterans receive a short 'Highlights Reel' DVD containing a produced presentation of their best stories and designed for sharing with family and friends alike. They also receive a copy of their full interview (typically 2-3 hours) for viewing by those who want to know all the details. Both are delivered in a

personalized DVD case with personalized DVDs. Families finally have the chance to see their heroes come alive in HD, listen to them tell their stories of service firsthand, and learn about the courage and sacrifices made for our freedom by their own bloodline.

Interviews are done on a donation basis, with major donors supporting the preservation of veterans with limited means. Vetflix is actively soliciting support from companies and individuals who value veteran histories, understand the importance of their experiences to our national legacy, and want to invest in the actions and history preservation initiatives that Vetflix has to offer. You can see more detail on our work at www.vetflix.org or by contacting Dan Marcek at 603.801.6943.

Seabees (the US Navy Construction Battalions) and their amazing story have been a major focus for Vetflix, especially World War II Seabee heroes. Vetflix has founded www.SeabeeTV.com as an outlet for their stories, so please visit this website and check out what this incredible group of ordinary men have done for all of us! Subscribers to Vetflix get to see additional film clips and have access to longer length feature films - share these sites with friends today!

Your ONE-STOP Packing, Shipping, Copy, FAX Center

POSTAL CENTER USA

BUY STAMPS HERE

UNITED STATES POSTAL SERVICE

Custom Packing & Shipping • Postage Stamps
Notary • Business Cards • FAX • Copies
Keys • Office Supplies • Mailbox Rentals
Greeting Cards • And Much More!

FedEx Express • Ground Authorized ShipCenter
UPS Authorized Shipping Outlet
DHL EXPRESS
AMERICAN EXPRESS
VISA

NEIGHBORHOOD POSTAL CENTERS MEMBER

Lorden Plaza (Near Movie Scene) • 614 Nashua Street, Milford
672-8816 • FAX 673-8829 • www.postalcenterusa.com

Jeffrey Scott Fine Jewelry Opens in Amherst

You don't have to travel to a city, fight parking or traffic to find the services and selection of a fine jeweler any longer. Jeffrey Scott Fine Jewelry has opened its doors at 141 Route 101A in Amherst in Heritage Place. Family owned and operated since 1989, Jeff and Irene Wolf have relocated their shop to Amherst from New Jersey. Both delighted with the move, they bring



years of expertise and a full array of skills to offer whether purchasing a new piece for yourself, a gift, having a treasured family heirloom repaired or creating a custom piece of jewelry from existing items.

The latest in technology allows for work on the most delicate jewelry and protects the integrity of fragile stonework. One of the several unique features provides patrons with detailed file record of the stone and

piece for peace of mind in leaving your precious stones and metals for repair.

The Wolfs are avid collectors of unusual antique advertising items and would love to demonstrate the fully functioning Coke machine from 1949 for .10 a bottle or the authentic "Tiger in your Tank" from 1960! Stop by and say hello to our newest Chamber member and neighbor in Amherst.

BLOCK PARTY AFTER HOURS!

Fantastic Foursome of Chamber Partners



Demarest Career Directions, Trilogy Fitness, Microtime Computers and NH Center for Comprehensive Dentistry joined forces to turn Windmere Place into a summer block party of networking with over 100 members, guests, friends and clients in attendance.

_____ Management Company supported the event by "dressing up" the landscape and contributing to the night. Everyone enjoyed the delicious buffet



contributed by Longhorn Steakhouse, TGI Friday's and Three Cupcakes, Holly Sheppard along with our hosts.

Many door prizes were drawn including Gift Certificates for Reike Sessions by Reike Master, Libby Barnett, and salon services from Salon Prive, many new faces and a new member of the Chamber, Jeffrey Scott Fine Jewelry.

You're Invited!

You Are Invited to Leadership—The Power of Listening

Presented by Andrea Binder, Program Leader, Landmark Education
Hosted by Perry Spearman, Town Planner
Community Calendar
Brown Bag Lunch 'N Learn
Wednesday, August 17 at Noon

All are welcome and invited to attend a unique one hour presentation focusing on an often overlooked by important aspect of leadership that is available to everyone. A lot has been written about what makes for extraordinary leaders and there is a lot of interest in the qualities that leaders possess.

You will discover hidden preconceptions about leadership that limit your capacity to lead effectively. Come explore the power of listening and the vital role it plays in effective leadership in your personal and business life.

Bring your lunch and enjoy your beverage and dessert with our host, Perry Spearman, Town Planner Community Calendars.

Milford Rotary Hosts Free Breakfast to Honor 9-11

**Sunday, September 11, 2011
from 8 – Noon - Milford Oval**

September 11, 2011 marks the 10 year Anniversary of the horrific loss of four planes and almost three thousand lives by terrorists on American soil. In honor of those lost that day, Milford Rotary is hosting a Pancake Breakfast on Middle Street in the center of Milford. All are invited to attend. We will have a Ceremony at 8:00 am on the Bandstand complete with a Color Guard. A bell will toll at the times each of the four planes went down. Milford Rotary will be serving pancakes and the Fire Department will serve waffles on Middle Street. The public is invited. Donations will be accepted for the benefit of the Fire, Police, and Ambulance services.

The Survey is Coming...The Survey is Coming!

What's on your mind? Got a suggestion for a new initiative, informational topic for a breakfast or lunch 'n Learn or something the Chamber board and office could do better? We want to hear from you! Our Membership Committee led by Mary Kling, Wendi's Cleaning Services, is looking to you to help us develop our programs and events tailored to the interests of our business and civic community members.

Our members will be receiving an email with a link to a survey in which we hope

you will participate. The role of the Chamber is defined by the needs of our members. Your direction is essential to our being successful in providing the opportunities and services you want - And deserve.

The survey will be only five to six questions long and will take no more than ten minutes of your time. Thank you in advance for your participation. With your input, we will enhance the value of your membership in the Souhegan Valley Chamber of Commerce.

August After Hours at Antiques at Mayfair

Wednesday, August 17
5:30 to 7:30 PM - Salzborg Square
292 Route 101, Amherst

A warm welcome waits Chamber members, area business people and guest at the mid-summer night after hours at Antiques at Mayfair. Always a popular spot for our gatherings, Linda May and her cadre of dealers are planning a winning combination of sumptuous goodies, refreshing beverages and interesting and fun door prizes. Don't miss this chance to enjoy the company of old friends and make lots of new ones on the 17th.

Please RSVP to the Chamber office for our count, may@souhegan.net or 673-4360.



(Want to be part of the festivities and promote your business at our After Hours? Contribute a door prize of \$25 or more and share the spotlight with a 2 minute "advertisement" during our announcements!)

Marketing to Grow!

Marketing to Grow!
Thursday, August 25
7:30 AM to 9:00 AM
Hampshire Dome
Emerson Road, Milford

Plan to be part of this exciting opportunity to hear from one of the region's premier marketing services organizations. We are fortunate to offer this presentation from Spectrum Marketing as a special opportunity for our members, guests and expo exhibitors.

The focus will be on techniques and vehicles for promoting your business that will ensure success for your efforts by making the best use of your marketing dollars. Low-cost, no cost measures can attract and retain customers done with the advice of these industry experts.

The Spectrum Marketing Companies have a 20 year history of driving results for businesses through unique, compelling and well-executed marketing solutions. With a proven track record and a diverse range of clients that includes thousands of small, independent businesses and some of the nation's largest franchise groups, Spectrum's focus on results has universal appeal.

Spectrum is further distinguished by maintaining multiple production facilities that offer direct mail processing, commercial printing, large format signs, promotional products, branded apparel and a talented group of design professionals that brings its clients ideas to life.

Spectrum can design captivating trade show graphics, produce marketing collateral, outfit staff with branded apparel and coordinate direct mail to the customers you want to attract to your next event.

Registration for this workshop is strongly recommended. SV Chamber members and Exhibitors at the SNH Expo, \$10. All others are \$15.

ST. JOSEPH BUSINESS & HEALTH

Occupational Health Services

St. Joseph Business & Health, Occupational Health Services is a leading provider in occupational medicine in Southern New Hampshire. They offer businesses immediate access for work-related injuries (workers' compensation) including evaluation, diagnosis and treatment for injured workers.

Their services also include:

- New hire physicals
- Drug and alcohol testing
- DOT physicals
- Respirator physicals
- Respirator fit testing

Right in your own community, St. Joseph Business & Health is the place for businesses that require comprehensive workers' compensation services, work site evaluations, wellness programs or medical exams for employees; it's all just a phone call away.




ST. JOSEPH
BUSINESS & HEALTH

Call today to see how we can
help your business.
(603) 595.7371

17 Riverside Street
Nashua, NH 03062
www.stjosephhospital.com

Is Your Business at Risk? Are Your Personal Files at Risk?

Breakfast Seminar
Wednesday, August 10
7:30 to 9:00 AM
SV Chamber Office

Identity theft happens in alarming numbers in every type of business, community and home. During this workshop you will learn how to protect yourself from the devastating effects of ID theft, cyber theft, be introduced to the five major types of identity theft, learn how to better protect personal and company information and learn about restoration services and credit monitoring plans.

Every year businesses lose millions of dollars because of identity theft and lost data. Your company and your family is worth your vigilance and protection. Come and hear what safeguards you can put in place for your protection and theirs.

Our presenter, Craig Graham, Harvard Risk Management Corporation, will be joined by a representative of the Amherst Police Department who will offer insight and information of the local area.

Please RSVP so we can plan on you to may@souhegan.net. Members and guests \$10.



First Annual

Antique and Classic Car and Tractor Show

August 20th, 2011

Showtime 9am - 3pm • Judging at 2:30pm
 Walmart • 85 Route 101A • Amherst, NH
 Spectators: \$3.00 • Kids Under 12: FREE

[All proceeds to local charities]

Participation Registration:

\$7 [preregistration] • \$10 [at the gate]

BY E-MAIL: DCPotter381@AOL.com

BY MAIL: Amherst Lions Club
 PO Box 1105
 Amherst, NH 03031

amherst.nhliions.org



SVCC Referral Group

\$9,613 per seat

**2 Free
Visits**

Check us out & grow your business...Every Tuesday from 7:00 –8:00 am at the Chamber office 69 Rte 101A, Amherst NH

From July, 2010-June, 2011 we shared 331 referrals, generating \$221,094!

For more information, please call:

Walter 673-8200

Walter@c1mpp.com



WE UNDERSTAND COMMITMENT.

For decades, Edward Jones has been committed to providing financial solutions and personalized service to individual investors.

You can rely on us for:

■ Convenience

Locations in the community and face-to-face meetings at your convenience

■ A Quality-focused Investment Philosophy

A long-term approach that focuses on quality investments and diversification

■ Highly Personal Service

Investment guidance tailored to your individual needs

Call or visit today.

Brian S McGuigan
 Financial Advisor

46 Route 101A
 Amherst, NH 03031
 603-672-5520

Marc D Chareth
 Financial Advisor

1 Elm Street
 Milford, NH 03055
 603-673-3957

www.edwardjones.com Member SIPC

Trent Blalock
 Financial Advisor

1 Elm Street
 Milford, NH 03055
 603-673-3957

Edward Jones
 MAKING SENSE OF INVESTING™

Member Directory

Every month all of our Chamber members will be listed. Bold print will be used to distinguish Premiere and Premiere Plus Members. Additional information may be included in the listing for a nominal fee. A listing that includes logo, name, address, telephone and website is \$48 annually. Please contact the Chamber at 673-4360 for more information.

-A-

Accountants

Business Clinic, Inc., The ph: 672-1234
Christopher Rogers, CPA ph: 673-0336
Dionne & Strout, PA ph: 598-3693
J. Kenneth Fordham CPA ph: 672-1830
Steele Associates Tx Services & Business Services
ph: 673-4660

Air Conditioning/Heating

Absolute Mechanical ph: 249-9800
Card Heating & Cooling ph: 673-9767
Sanford Temperature Control ph: 672-1643

Antiques

Amherst NH Outdoor Antique Market, Inc.
ph: 673-2093
Antiques at Mayfair ph: 546-0194
Robin's Nest at 326 ph: 672-3900
White Home Collections ph: 654-7363

Apparel

Barbour, Inc. ph: 673-1313
Haywards Trading Post ph: 673-1321

Appliance Sales & Service

Brennan & MacKay Appliances ph: 673-1177

Art Galleries/Instruction

Andres Institute of Art ph: 673-7441

Automobile Sales & Service

Contemporary Chrysler Dodge Jeep, Inc. ph: 673-5511
Medlyn Motor, Inc. ph: 673-1667

-B-

Bakery



Frederick's Pastries

109 Route 101A, Amherst ph: 882-7725
25 South River Rd., Bedford ph: 647-CAKE
The Good Loaf ph: 672-1500

Banks & Banking Associations

Centrix Bank & Trust - Milford ph: 672-4200

First Colebrook Bank



69 Route 101A
Amherst, NH 03031
ph: 673-1440

fax 673-1290

www.firstcolebrookbank.com



New Hampshire's local bank
Laconia Savings Bank

256 Wallace Rd. Bedford 03110
laconiasavingsbank.com ph: 527-7207

Lake Sunapee Bank ph: 673-2350

The Nashua Bank ph: 882-2700

Peoples United Bank - Jones Road ph: 673-4700

Peoples United Bank - Lorden Plaza ph: 672-5055

TD Bank ph: 249-4021

Banquet Catering

Alpine Grove Banquet Facility ph: 882-9051

Books New & Rare

Mori Books ph: 732-0258
Toadstool Bookshop ph: 673-1734

Boutiques & Specialty Shops

Amanda Thomas, LLC ph: 595-9447
Arabella's Boutique ph: 673-7417
The Color Shop & More ph: 654-6297
Cozy Baby ph: 672-5554
The Cozy Tea Cart ph: 249-9111

-C-

Chiropractors

Amherst Chiropractic ph: 673-9191
Amherst Family Chiropractic Wellness Center
ph: 673-0010
Backstop Chiropractic Health Ctr, Inc., The ph: 673-1511
Spinal Corrective Center ph: 673-5600

Churches

St. Paul Lutheran Church ph: 821-7891

Civic Organizations

Amherst Lions Club ph: 673-2834
High Hopes Foundation of NH ph: 429-1010
Hollis Brookline Rotary Club ph: 589-0808
Milford Historical Society ph: 673-3385
Milford Main Street/DO-IT ph: 672-4567
Milford Rotary Club ph: 673-4778
Nashua Senior Activity Center ph: 889-6155 ext.12
Opportunity Networks ph: 883-4402
Planet Aid ph: 533-9437
Rotary Club of Hollis Brookline ph: 589-0808
SCORE ph: 666-7561
SHARE ph: 673-9898
United Way of Greater Nashua ph: 882-4011

Cleaning/Restoration

Peniel Environmental Services ph: 654-1062
Wendi's Cleaning Services, Inc. ph: 673-4266

Coin Dealers/Collectibles

Rare Coins of New Hampshire, Inc. ph: 673-9311

Communication Skills

Milford Toastmasters ph: 731-0116

Computer Services

Brinestone ph: 673-6696
CEJ Computer Business ph: 424-3117
Infosystems.com ph: 821-0288
GatherWorks, Inc. ph: 801-3552

Microtime ph: 672-7076

Confections

Lindt Chocolates, Amherst
Lisa's Sweets ph: 672-1022
Maple Lane Farm ph: 654-5362

Conservation Education

Beaver Brook Association ph: 465-7787

Consignment Services

Second Avenue Consignment ph: 880-3323

Construction/Contractors

Adam Vaillancourt Roofing & Construction
ph: 673-0006
Allen Remodeling ph: 672-5992
Gavin Remodeling ph: 672-3200
National Property Consulting & Management, LLC
ph: 490-3692
Portrait Homes Inc. ph: 672-8228
The Stabile Companies ph: 889-0318

Consultants

Rodney P. Watkins ph: 465-1706
Jigsaw Consultant ph: 731-0116

Credit Unions



Granite State Credit Union ph: 249-9035
www.gscu.org
St. Mary's Bank phone ph: 249-7301
Triangle Credit Union ph: 577-9137

-D-

Dance Instruction

Kathy Blake Studios ph: 673-3978

Dental Practices

Amherst Pediatric Dental Associates ph. 673-1000

Family Dental Care of Milford P.A.

154 Elm Street / PO Box 135
Milford, NH
ph: 673-3332
www.fdcmilford.com

Kayser, Clark & Leighton PLLC ph: 673-7950
Kenneth G. Edwards, D.D.S Family Dental Care
ph: 673-0782

NH Center for Comprehensive Dentistry
ph: 672-6546

-E-

Education

Empowering Learning ph: 703-1664

Elder Housing

Parkhurst Place ph: 249-1600
Ledgewood Bay ph: 672-5037

Electricians

Evan Jones Master Electrician ph: 289-1589
KB Electric, LLC ph: 801-3563

Employment Staffing Services

Demarest Career Directions ph: 249-5641
Personnel Interface Staffing Services, Inc., The
ph: 732-0206

-F-

Family Services

Big Brothers Big Sisters of Greater Nashua
ph: 883-4851

Granite State Child and Family Counseling, LLC
ph: 672-1881
Nashua Pastoral Care Center, Inc. ph: 886-2866

Financial Services

Ameriprise Financial ph: 508-621-5639
AspenCross Financial Group ph: 232-8262
JPB Financial Group ph: 878-0584
Edward Jones Investments - Amherst ph: 672-5520
Edward Jones Investments - Milford ph: 673-3957
Mike Bonacorsi, LLC ph: 769-3111

Fitness Facilities

Amherst Yoga ph: 673-7661
Hampshire Hills Sports & Fitness Club ph: 673-7123
Trilogy Fitness ph: 249-5614

Florists

Amaryllyis ph: 889-7750

Fuel

Ciardelli Fuel Co., Inc. ph: 673-1336
Lorden The Home Climate Co. ph: 315-4222

Funeral Homes

Nelson Funeral Home ph. 654-6524

Furniture Retail

Winchendon Furniture Co., Inc. ph: 880-6393

-G-

Garden Centers & Nurseries

Milford Agway ph: 673-1669

Gifts

J.M. Princewell ph: 673-0611

Government

Town of Amherst ph: 673-6041
Town of Milford ph: 673-3514
Town of Wilton ph: 654-9451

Graphic Design Services

Robin Warren Website Design ph: 424-0814
William Pike Design ph: 672-5176

Gymnastics Instruction

Gymnastics Village, Inc. ph: 889-8092

-H-

Health/Nutrition

Nutrissante ph: 396-8480

Home Health Care/Nursing Homes

Home Healthcare, Hospice & Community Services
ph: 532-8353
Living at Home SeniorCare ph: 546-6060
St Joseph Home & Hospice Care ph: 673-3460

Home Improvement

Artistic Tile ph: 886-1920
Budget Blinds of Keene ph: 354-7801
Devine Flooring ph: 654-5400
Harbor Freight Tools ph: 579-0658
Home Theater & Beyond ph: 424-1968
Lowe's Home Improvement ph: 521-9241
Our Town Interior Design ph: 654-1029
Simply Works Home Entertainment Solutions
ph: 249-8999

Hot Dog Cart

Pete's Diggity Dogs ph: 249-6896

Hotels and B&B

Hampton Inn Nashua ph: 883-5333
Stepping Stones Bed & Breakfast ph: 654-9048
Zahn's Alpine Guest House ph: 673-2334

-I-

Insurance

Anthem Blue Cross Blue Shield ph: 695-7423
Allstate Ins. Co. Jim Parolin & Associates ph: 429-8800
American Family Life Assurance ph: 234-0492
Beard & Boyd Insurance Agency LLC ph: 673-7228
Constable Agency-Nationwide, Inc. ph: 672-2243
Combined Insurance, CR Group, LLC ph: 943-0508
Davis & Towle Insurance Group ph: 672-5255
Eaton & Berube Insurance Agency, Inc. ph: 673-0500
Frambach Long Term Care Ins. Planning
ph: 883-2128
Holt Proctor McBriarty ph: 673-1201
Liberty Mutual Insurance ph: 595-0900

-L-

Landscaping Contractors

Atlantic Lawn Irrigation ph: 673-2034
Let the Other Guy Do It Landscaping ph: 672-5180
New England Elements ph: 801-5879

Law Offices

David G. Sturm, Counselor at Law, PLLC ph: 673-4543
Donald H Sienkiewicz, Attorney at Law
ph: 654-8811
Maiona Law, PLLC ph: 769-3924
Prevett & Prevett ph: 673-8500

Libraries

Wadleigh Memorial Library ph: 673-2408

Lighting, Fixtures & Supplies

Souhegan Lighting Products, LLC ph: 889-8962

Limousine Service

L.A. Limousine ph: 654-3899

-M-

Management Consultation & Training

Sapphire Consulting, LLC ph: 889-1099

Manufacturing

Alene Candles, Inc. ph: 673-5050
Hitchiner Manufacturing Company, Inc. ph: 673-1100
Marmon Utility, LLC 673-2040
MTH ph: 886-0011
Williams & Hussey Machine Co., Inc. ph: 654-6828

Marketing Consultants

MarketingFIRST
44 Catacunemaug Road, Shirley, MA 01464
978-764-8711

Markets

Earthward Natural Foods & Co-op ph: 673-4322

Massage Therapy

Caring Hands Massage Therapy, LLC ph. 508-1562

Mediation Services

Triangle Mediation Services ph: 554-1880

Mortgage Services

First Eastern Mortgage ph: 800-999-7788 x13

Moving & Storage

Countryside Self Storage ph: 672-3691
Currier Self Storage ph: 673-9538
The Vault ph: 262-3311

Music/Performing Arts

Milford Area Players ph: 801-4473

-N-

Newspapers

Cabinet Press, The ph: 673-3100
Telegraph, The ph: 594-6539

-O-

Office Equipment

Konica Minolta Business Solutions
ph: 898-4114
Oce Imagistics, Inc ph: 472-8119
Staples Office Superstore ph: 578-4897

Optometrists

Joseph J. Raczek O.D. ph: 673-7428
Nashua Eye Associates, Inc. ph: 672-8800

Orthodontics

Amherst Orthodontics ph: 672-0844
Edward L. Klopfer D.D.S., PA Orthodontist
ph: 673-2406

-P-

Painting

Markal Angelo ph: 566-9013

Party and Event Rentals

Monadnock Tent Rental ph: 562-6690
Special Events of New England ph. 624-8389

Paving & Plowing



Shattuck Paving & Plowing, LLC ph: 654-5695

Payroll

Paychex, Inc. ph: 857-488-7708
Time Pay\$ of NH ph: 233-6676

Personal Chef

The Everyday Epicure ph: 672-0708

Pets

Food for Pets / Souhegan Pet Supply

Cobblestone Corner, 76 Route 101A
Amherst, New Hampshire 03031
ph: 673-7387
email: food_for_pets@comcast.net
Granite State Dog Center ph: 672-3647



Photography

CIM Professional Photography
ph: 673-8200
Tracy Hanlon Photography ph: 769-0513

Physical Therapy

Amherst Physical Therapy ph: 672-5125
Apple Therapy ph: 769-3331
Hampshire Hills Clinic for Physical Therapy
ph: 672-4478

Physicians & Surgeons

Dartmouth - Hitchcock Milford ph: 673-2515
Elliot Family Medicine at Amherst ph: 249-3000
Foundation Medical Partners ph: 577-2770
Greenhouse Naturopathic Medicine ph: 465-2895
Dr. Jennifer Madden Family Practice ph: 769-3308
Milford Medical Center ph: 673-5623

Postal / Package Services

NEIP ph: 249-5801
NH Mailing Services ph: 223-4600
Postal Center USA ph: 672-8816

Power Washing

Blue Sky Power Washing ph: 594-WASH

Plumbers

Jason Wetherbee, LLC ph: 673-6719

Printing/Publishing

Amherst Label, Inc. ph: 673-7849
Copy Shop, Inc., The ph: 882-9111
Hansen Printing & Design Services, LLC ph: 672-7599
SendOutCards Distributor ph: 878-2411
SendOut Cards Distributor 673-2665
Souhegan Printed Products ph: 672-0858
Town Planner Community Calendar ph: 791-4748

Propane

EnergyNorth Propane ph: 654-6070
Suburban Propane ph: 673-2903

Property Management

Stewart Property Management ph: 641-2163

-R-

Real Estate

CCSI ph: 672-7176
Coldwell Banker ph: 673-4000
Joan P. Lemire Real Estate ph: 654-6118
Kokko Realty, Inc. ph: 673-7000
Leonard, Lee & Company ph: 672-5100
Norwood Group, The ph: 673-1775
Transitions Realty, LLC 673-0833
Virtual Homes ph: 673-9747

Recreation / Golf Clubs

Amherst Country Club ph: 673-9908
The River Card Room ph: 249-5548

Restaurants

Amigos Cantina ph: 673-1500
Longhorn Steakhouse ph: 579-6975
Milford Coffee & Provisions ph: 672-5464
Red Arrow Diner 23 ph: 249-9222

Retail

Seasonal Specialty Stores ph: 880-8471
Very Cozy Baby, LLC ph: 672-5554
Wal-Mart ph: 672-3421

Risk Management

Harvard Risk Management Corp ph: 930-8152

-S-

Salons & Spas

Innovations, Salon & Spa ph: 880-7499
Salon 2000 & Green Gallery ph: 654-6930
Salon Aquavit ph: 673-6006

Schools

High Mowing School ph: 654-9408
Little Einsteins Preschool Learning Center, LLC
ph: 673-3022
Pine Hill Waldorf School ph: 654-6003
RSEC Academy ph: 886-8500 ext. 309
SAU #39-Amherst/MontVernon/Souhegan 673-2690
SAU #40-Milford School District ph: 673-2202
SAU #41 Hollis/Brookline School District 465-2269
Southern New Hampshire University ph: 881-8393
Wilton-Lyndeborough Coop Middle/High School
ph: 654-6123

Security Systems

One Source Security ph: 645-5969

Septic Services

Souhegan Septic Tank Service, LLC ph: 673-4711

Sign Manufacturing

Classic Signs ph: 883-0384

Stoves – Wood, Pellet, Gas

Solstice Pellet Stove Solutions, LLC ph: 325-1134

Supermarkets

Shaw's Supermarkets, Inc. ph: 672-1280

Surveyors & Engineering

Meridian Land Services, Inc. ph: 673-1441

-T-

Take-Out Foods

Moulton's Market ph: 673-2404

Telecommunications/Communication

Moore Enterprises ph: 978-597-0204
US Cellular - Nashua ph: 533-2070

Tire Dealers

Carson City Tire, Inc. ph: 673-5402

Tractor Sales & Service

Chappell Tractor Sales ph: 673-2640

Trash Removal

H2O Waste Disposal Services, LLC ph: 732-0961

Tutoring

Huntington Learning Centers ph: 595-1880

-U-

U.S. Military

Employer Support for the Guard and Reserves
ph: 225-1342
NH National Guard ph: 225-1206

Utilities

Public Service of New Hampshire ph: 800-662-7764
TDS Telecom ph: 888-837-1347

-V-

Veterinary Medicine & Surgery

Hollis Veterinary Hospital, PLLC ph: 465-7071
Ponemah Veterinary Hospital ph: 673-5300

-Y-

Youth Clubs & Organizations

Souhegan Valley Boys & Girls Club ph: 673-6820

MARK YOUR CALENDARS

August

- 2 Small Business Forum Chamber Office 1:00 PM
- 17 Antiques at Mayfair After Hours 5:30 – 7:30 PM
- 25 Marketing Workshop, Hampshire Dome 7:30 AM
Spectrum Marketing Presenting

MEMBER SERVICES

	Members	Non-Mems.	Newsletter Size	Advertising* 1 Issue	Prepaid 12 Months
Newsletter Subscription	Free	\$15/yr.			
Chamber Conf. Rm.	Free	\$50.	Business Card	\$25.	\$250.
Certificate of Origins	Free	\$35.	1/4 Page	\$35.	\$350.
Relocation Packages	Free	\$10.	1/2 Page	\$60.	\$600.
Member Mailing Labels (1st Set)	Free	\$35.	Back Page	\$100.	\$1,000.
Event Announcements	Free	\$25.	Full Page Inside	\$100.	\$1,000.
Welcome Bags			Insert **	\$75.	\$750.
One Sheet/Item	\$50.	\$100.			

* Prices for camera ready artwork. Design service available at additional fee.

** Must supply enough inserts to meet newsletter distribution.

Stand out in our directory with an extended listing!
For just an additional \$48 annually you can have your logo, tag line,
address, and fax number added to our directory.

Contact the Chamber for more details.

WWW.SOUHEGAN.NET • 673-4360

AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 1:00 PM Small Business Forum with Jay Maiona 7:00 AM SV Referral Group	3	4 8:00 Ambassadors 3:30 Finance	5 8:00 Expo Task Force	6
7	8	9 7:00 AM SV Referral Group	10 7:45 Board of Directors	11	12	13
14	15	16 7:00 AM SV Referral Group	17 Noon Brown Bag 5:30-7:30 Antiques at Mayfair After Hours	18 3:30 Membership Comm	19 8:00 Expo Task Force	20
21	22	23 7:00 AM SV Referral Group	24	25 7:30 AM Marketing Breakfast at Dome Spectrum Marketing	26	27
28	29	30	31			

Plan to Take Advantage of the Value Added Opportunities This Month

Thank you to our Sustaining Partners

Souhegan Valley Chamber of Commerce
69 Route 101A • Amherst NH 03031

PRST. STD.
US Postage
PAID
Permit No. 37
Amherst, NH