



# CHAMBER OF COMMERCE HAPPENINGS

Promoting and celebrating the businesses and organizations of the Souhegan Valley.

*You can find it  
in the  
Souhegan Valley.*

## Networking Palooza Teaches Art of Successful Marketing

Been to a Chamber event before or after work, visited a professional group meeting and came away not satisfied? Isn't networking just saying hello, what you do, passing out a couple of cards and eating the refreshments? You are in for a big surprise! Networking Palooza is the title of the workshop presented by Debby Hoffman Adair, Jigsaw Consulting and Ken Fordham, J. Kenneth Fordham, CPA and the Souhegan Valley Chamber of Commerce. This workshop takes place Thursday, January 13 at 4:00 PM at the Training Center, Hitchiner Manufacturing, Old Wilton Road in Milford. It is open to the public.

While the word "networking" may seem overused, the effort to capitalize on opportunities to meet people and find

customers or clients is a time-tested, tried and true marketing device. It is a chance for others to develop familiarity with who you are and what you do. Networking has many facets. It is not a sales call. These contacts can become your "sales force" if you have the knowledge of how to get started on the right track. This is a big workshop with lots of great information packed into it. Hence the term "Palooza".

"Referral marketing is a big movement that is fast growing and proving effectiveness", Adair says. "Businesses that keep track report increases that are impressive." Debby brings the expertise of her years at the Concord Chamber of Commerce as their Membership Director and personal experience of growing her own business.

*continued on Page 3*

## Winter Gala - March 5 at Alpine Grove

**Winter Gala March 5**  
**Alpine Grove, Hollis**  
**6:00 to Midnight**  
**6:00 to 7:00 Warm Up with our**  
**Professional Dancers and Social Hour**

This evening of music, dancing and entertainment is presented by Souhegan Valley Chamber of Commerce and Opportunity Networks. We hope you will want to be part of the evening and plan now to join us with your friends, neighbors, family. Ballroom dancing will be the featured in our demonstrations from Paper Moon Dance Center in Merrimack. All will enjoy the evening and be welcomed with a variety of dance styles and music.

The Chamber is proud to partner with Opportunity Networks, a 29 year non-profit organization that has provided genuine vocational opportunities to adults from the Greater Nashua/Souhegan Valley communities. They are committed to the ideal of meaningful work, in a safe, community-based environment, working towards individual growth and fulfillment. This event is for the benefit of both organizations.

Please call us at 673-4360 to reserve your table and celebrate the impending end of Winter!! Tickets are just \$40 per person and includes a full family style dinner.

## Executive Committee

Effective July 1, 2010

Amy Wheeler - Chairman  
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Beard & Boyd Insurance

Mike Brisebois – VP Events  
Hitchiner Manufacturing

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Rosie Deloge  
Milford High School ATC

Debbie Hoffman  
this Field, Center for Beginner's Mind

## Message From May's Desk:

Happy New Year! I think just about a year ago, I was congratulating all of us for keeping our chin up and making it through. Well, guess the same could apply again this year.

While NH is not in the same difficult spot as many other states, it has been no walk in the park for anyone. The challenge of unemployment, the economy in general, home foreclosures has impacted all directly or as it trickles down to hit every business.



The fact that we are in business – perhaps with changes, cutbacks and streamlining –deserves credit. Let's stand for a round of applause. And let's see what has happened in 2010 worth celebrating. We have a couple of members who have moved into larger facilities and expanded their businesses. I know there are others, but Devine Flooring and Brinestone come immediately to mind. New businesses have opened out here on 101A, Harbor Freight Tools among the newest. Frederick's Pastries has opened a third location. Several of you have reached significant anniversaries - Amherst Outdoor Antique Auto Show 50 years, Frederick's 30, Earthward 35, Amherst Country Club 40 and Milford Rotary 60 years. Now that reads success!

The Chamber has had a pretty good year, as well. An expanded board of directors that numbers 23 volunteers. All committed to providing our business community with opportunities for growth, education and support services. Our

events have all exceeded 2009 experiences and become an extra boost for the civic organizations that partner with us –

Veterans Auction, Winter Gala, Annual Award Dinner and the Southern NH Expo. A quick calculation of the past five years shows over \$100,000 raised in support of our partners, students and local agencies. That is something to shout about. What other Chamber can match us. This Chamber is different because it recognizes that businesses are only successful when the whole fabric of the community is strong.

Value-added is a well worn phrase. But that is what the Board and the office try to do with every event, after hours or breakfast. We want to provide value to the membership investment you have made in the Chamber. Bringing information to you through the workshops, venues to meet new people who can become new clients, advertising through the website or the newsletter, opening the conference room for member use at no charge, these are only a couple of the ways we want to meet your needs. Your participation is what we strive for. We are looking forward to developing new programs in 2011. We hope you will be right there with us. Working together is the best way to making this a year to remember for the pluses more than the minuses.

Happy, Happy New Year to you and yours.  
May this be the best ever!



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# Welcome New Members

**Coudough, Inc.**  
**PO Box 138, Milford 03055**  
**603-554-1462**  
**www.coudough.com**

Coudough, Inc. produces a Coupon Book representing small businesses in the Souhegan Valley. The book is sold as a fund raiser by civic, charitable and school organizations. A portion of the proceeds from each book sold is donated to a targeted charity.

The concept behind Coudough is to create a worthwhile way to raise money to fund important service and educational groups. At the same time, advertisers in the Coupon Book place their low cost ads in the form of coupons to be redeemed at their place of business. The advertisers support the production of the book and receive real value in return. Business is generated through the people buying the book and taking advantage of the special offers and discounts. It promotes local shopping and local employment. Money that is raised and money that supports the book all stays in the local communities. Charlie Burns is the owner of Coudough, Inc. and will be developing the next edition this spring. Watch for announcements in the area news and this newsletter.

**CCSI**  
**365 Mason Road, Milford 03055**  
**603-672-7176**  
**www.rickdedrick.com**  
CCSI is a real estate company with over

25 years of Real Estate experience in all types of real estate transactions. We have been involved with all types of real estate including single and multifamily homes, condos, enclosed malls, strip malls, and office space. Eliminating the surprises, uncertainties, and stress for the buyer or seller by using our real estate experience and knowledge to negotiate fair and reasonable real estate transactions that meet your needs, purposes and dreams is goal of our company.

We are a Residential Real estate Company that prefers to work exclusively by referral. We focus on serving our client base before, during and after the purchase or sale of a home. In fact, we prefer to add a client to our data base long before they are interested in the purchase or sale of a home keeping them informed on a monthly basis with information our clients find valuable. We regularly help with anything needed in regards to Real Estate services or other services locally or across the country. We have a network of Real Estate contacts that can serve our existing clients the same way that we do ensuring that our clients are treated the way that they deserve to be treated.

**Countryside Self-Storage**  
**6 Pine Road, Amherst 03031**  
**603-672-3691**  
**www.countrysidestorage.com**

We are your answer to convenient, secure, easy to access self storage located in the

Bedford - Amherst, New Hampshire area. We can provide storage for your seasonal needs (winter/summer storage), transitional needs (moving/downsizing) or if you just need extra space!

Factors you need to consider when choosing self-storage include location, security, access and service. Convenience is most important to have easy access to your belongings and you want to be assured they are safe in an environment that will preserve them correctly. Your storage unit should be easy to get in and out of and be able to get hold of the property manager. Cleanliness and constant maintenance complete the package at Countryside.

Conveniently located between Bedford and Amherst, New Hampshire, our units range in size from 50 square feet (5 X 10) to 360 square feet (12 X 30). Month-to-month leases are available in our secure, fenced and gated facility with security cameras on site, accessible to you 24/7 with a personal access code.

If you need self-storage near Amherst, Bedford, Merrimack, Nashua or other Southern New Hampshire towns, then please consider Countryside Self-Storage.

## Networking Palooza January 13

*continued from Page 1*

What are the techniques involved with successful networking and how to be an effective communicator will be part of the one and one half hour session. What to do to follow up and be remembered is a key factor for building a relationship that will have positive results.

Networking is developing a relationship that builds confidence to make the referrals. A recent series in Business NH magazine highlights its important role in

the marketing strategy of a business. This workshop is not just for the company's CEO or owners. It is for all the employees, who with the knowledge gained from the workshop, can be the best salesmen for the company. Whether shy and timid or gregarious, Adair and Fordham will give you the tools to become a highly effective networker.

"We want to reach people who want to grow. Who are looking for marketing strategies that pay off with out big dollar

signs," says Fordham. "I find a new client at every gathering I attend". All participants in the workshop will be the guests of Hitchiner Manufacturing After Hours in the Barn immediately following to try out the new knowledge. Reservations are required for planning purposes. Call the Souhegan Valley Chamber of Commerce at 673-4360 or email [executivedirector@souhegan.net](mailto:executivedirector@souhegan.net). The fee for the workshop is \$30. Members can bring a guest and both will be admitted free.

# Member Happenings

## **Antiques at Mayfair Salzburg Square**

**292 Route 101, Amherst**

Join Linda May and her wonderful dealers on January 15th to celebrate Twenty Years in the business of serving the public in collecting antiques, collectibles and preserving the memories of yesteryear. The dealers will be on hand to answer your questions and offer special discounts on many items.

A Chowderfest is the feature of the day! Come and sample the array of different chowders that will be there for tasting and voting for your favorite. All day from 10:00 to 5:00 PM.

## **2011 Winter Happenings at Beaver Brook Regional Environmental Center**

117 Ridge Road, Hollis  
465-7787 Call for registration and information. Most require a nominal fee

## **Adventures for Women: Snowshoe Hikes, Saturday, Jan.8, 2011**

10 a.m. – Noon Meet at Spear Room,  
Maple Hill Barn, Hollis, NH  
Fee: \$10 includes snowshoes and guide

## **Winter Herbal class: Creating Cordials**

January 6, 7:00-8:30  
Spear Room, Maple Hill Farm.  
Come learn how to make fruit and herbal cordials to warm a long winter night or as a Valentine's Day gift for someone special. Must be 21 or older.

## **Family Nature Outing Jan 9th 1-3 pm**

Maple Hill Farm, Free  
Explore the life and activity of the winter fields and forests. You will be surprised by the level of activity in the winter! Get outside for your health, some activity, some Vitamin D and some fresh air.

## **Winter Wonder Walks and Discoveries for Parents and Young Children**

Mondays 12:30-1:30 Jan 10, 17, 24, 31  
and Feb 7,14  
Tuesdays- 9-10 AM or 10:30-11:30 am  
January 11, 18, 25 and February 1, 8, 15  
Take time out with your young children to explore winter. Each session will include a story or poem to stir up our curiosities, a cool winter craft, and a venture out to the special places of Beaver Brook for first

hand investigation. Geared for ages 2-5.

## **Full Moon Snowshoe Hikes**

Saturday Jan.15, 2010 7-9 pm  
Friday Feb 18 7-9 pm

How often do you take time to enjoy the beauty of the night? Winter evenings are a unique time to get outside and explore the woods and sky. Join Beaver Brook staff on the near full moon nights of January and February for a unique guided walk on Beaver Brook's trails.

## **Martin Luther King Day Hike or Snowshoe Jan 17th 10-12**

Don't stay inside on a national holiday. Get outside and move and appreciate your beautiful and lively surroundings.

## **Wildlife Tracking in Winter**

January 23, 2011 from 10 am – 12 pm.  
We will explore the Mill Pond and Merganser Pond and around the Whaleback property.

## **Midweek Snowshoe Picnic Lunch**

Jan 26 11 am - 1 pm  
Featuring hot soup and a snowshoe hike  
Combine snowshoeing with a picnic! It can be done in the winter time. You will be so happy to get outside and move and see the sights of winter in the woods.

## **Yoga and Snowshoeing Jan 29th, 9 am- noon**

Moving Spirit Yoga and Dance Maple Hill Farm  
Relax and enjoy an introductory yoga class designed to stretch and warm you up prior to snowshoeing. We will provide the snowshoes or you can use your own. Bring a yoga mat and wear non restrictive clothing for yoga. Bring layers to dress for the outdoor active component of the program.

## **Ledgewood Bay – Assisted Living & Memory Care**

43 Ledgewood Drive, Milford (formerly The Isle at Ledgewood)  
On Tuesday, January 11 at 6 pm,  
Ledgewood Bay Assisted Living & Memory Care,  
will host a FREE presentation for those caring for loved ones facing the challenges of memory loss. Guest speaker will be Margaret "Peggy" Dorson, MSN, APRN, Gerontological Nurse Practitioner / Roger Dioe Senior Center / St. Joseph's Hospital.

Her informative presentation will address "Communication tools for caregivers as their loved ones travel through the various stages of dementia." A question and answer session will immediately follow.

Seating is limited and available on a first-come basis. Light refreshments will be served. RSVP by January 10 by calling 603-672-5037.

## **MAP presents "August" in July! [www.MilfordAreaPlayers.org](http://www.MilfordAreaPlayers.org)**

Milford Area Players is excited to announce that its summer 2011 production is the Pulitzer and Tony award winning "August: Osage County" by Tracy Letts. This will be the New Hampshire premiere and first resident production in New England of his critically acclaimed play (his second to win a Pulitzer). "August: Osage County" will be performed July 15 – 24th at the beautiful, climate-controlled Amato Performing Arts Center in Milford, NH. Director Vick Bennison, who grew up in the Tulsa area where this play is set, has wanted to direct this play since its debut. He is looking forward to assembling a stellar cast and crew to do justice to this fine artistic work. More information about becoming involved on and off stage will be available at [www.MilfordAreaPlayers.org](http://www.MilfordAreaPlayers.org) in early spring.



## **Frederick's Pastries**

109 Route 101A, Amherst  
603-882-7725

## **Kids Decorating Class ~ Jan. 17th ~ 1:00 – 2:30**

It's time for winter fun! Join us in our January decorating class. Start with our 6" cake, frost and then the real fun begins! Decorate your own Winter Wonderland with snowmen, sleds, penguins, hills,

*continued on Page 5*

# Member News & Announcements

## Amherst Label Receives Innovator Award

Nick Calvetti, President, recently announced Amherst Label's received the Innovator of the Year Award from 2010 from the Tag and Label Manufacturers Institute (TLMI). The award was presented at the TLMI annual meeting held in Boca Raton, Florida. For nearly eighty years, TLMI has been the leading trade association in the North American label industry providing invaluable tools and educational resources to its label converter and supplier members.

The award was given for a trademarked medical dosage schedule/reminder label. This label is applied to a prescription bottle. Two entrepreneurs with an idea and challenge approached Amherst Label. They need help to develop their idea into a useful product. Working together, a custom material was developed. The medical dosage schedule/reminder label is currently being test marketed around the world by a major pharmaceutical company.

## Testa Gift adds to Beaver Brook Land Assets

Beaver Brook Association headquartered in Hollis, New Hampshire is pleased to announce the gift of a 19 acre plot now added to the 2100 acres of land it now owns and manages in Hollis, Milford and Brookline.

John V. Testa, a Hollis resident, was the donor of this wooded plot located just south of Rt. 130 across from the Burton Farm. The land has a mixture of white pine and oak trees and is near the Schoen Farm Wildlife Management Area. Peter Smith, Natural Resources Manager at Beaver Brook points out that about 500 feet of the Elkins Road Trail passes through this land and hikers have for many years enjoyed these quiet woods. "Mr. Testa and the previous owner never objected to Beaver Brook hikers using that part of the trail but with his generosity the entire trail is on Beaver Brook Property. We are very pleased with his gift."

Beaver Brook's trail system is open to the public dawn to dusk. Visitors have year-round access and of course it's free!

## Tully honored as Volunteer of the Year

At the annual Beaver Brook Volunteer Luncheon, the Association singled out David Tully for the 2010 Founder's Award as Volunteer of the Year. Tully, a resident of Dunstable, MA, with his own accounting firm in Nashua NH, has served the Association as a volunteer for over 12 years.

President of the Beaver Brook Board of Trustees, Drew Kellner said "Dave has

helped very significantly in each of the 12 years that he has been with us. He has given most generously of his time as Treasurer of the Association while serving on the Board of Trustees, with stints on the Land Protection committee as well as the investment committee. "His patient demeanor and reliability make him a pleasure to work with. His financial expertise has served us well and he has trained many of us to improve our budgetary processes."

Fred Lyford, Executive Director continued, "Dave Tully is the epitome of volunteerism. We are so glad his commitment continues."

## Hitchiner Manufacturing - Organizational Announcement

Mike Brisebois is being promoted to the newly created position of Director, Product and Supplier Quality. This position incorporates Mike's existing procurement responsibilities and includes responsibility for building strong customer relationships by providing leadership and strategic direction to the quality function, ensuring its proper interface to manufacturing, development and sales.

Tim Sullivan will have responsibility for Information Services as Vice President, Corporate Affairs and Services. Tim will

*continued on Page 6*

# Member Happenings

slides and more with our buttercream frosting! Leave with your decorated cake, chef's hat and your own child sized apron. Fee \$55

## Young Adult Decorating Class ~ Jan. 17th ~ 4:00 - 5:30

Learn to create a 3 dimensional Snowman Cake! Begin with carving the shape of a snowman out of cake, then add finishing touches like a scarf, hat and mittens with our buttercream frosting. This snowman won't melt away, but we're sure it won't last long after you get home! Fee \$65

## Adult Decorating Class ~ Jan. 19th ~ 6:00 - 7:30

Learn to create a 3 dimensional Snowman Cake! Begin with carving the shape of a snowman out of cake, then add finishing

touches like a scarf, hat and mittens with our buttercream frosting. This snowman won't melt away, but we're sure it won't last long after you get home! Fee \$75

Proper dress is required, long hair tied back, rubber soled shoes (no heels and no opened toe shoes.) Class may be rescheduled if minimum of 4 participants is not met. Call us direct at 603-882-7725 or visit [www.pastry.net](http://www.pastry.net) to sign up!

## Wicked Cozy Adds to Product Line [www.wickedcozy.etsy.com](http://www.wickedcozy.etsy.com)

Building on the popularity of the VeryCozyBaby line of customized blankets and accessories, Wicked Cozy was born to "cozy" up to the electronics in use. Karen Mitchell has introduced a line of covers and sleeves to protect your Kindles, iPod



Touch and iPads with style and safety in mind. Visit the website for a full listing of the possibilities. The material is a special industrial weight felt used for durability and protective quality. She will deliver to local Chamber members to eliminate a handling fee!

# Member News & Announcements

provide leadership and strategic direction to the IS function, including project prioritization/project completion and establishing defined IS roles and responsibilities within the manufacturing operation.

Congratulations to Mike, current SVCC Vice President for Events and Tim, former SVCC Board Member.

## **Positive Pampering: A New You! St. Joseph Hospital and Amanda Thomas Women's Boutique**

If you haven't scheduled your annual mammogram screening then join us for a "Girls Day Out" on Wednesday, January 19, from 1:00 to 8:00 p.m. in honor of good health for the New Year! Grab your friends and come in for your yearly mammogram while enjoying some complimentary pampering services including manicures, skin consultations, nutritional education and consultation, relaxation techniques, chair massage, bra fitting offered by Amanda Thomas and refreshments plus so much more. Space is limited and pre-registration is required by calling the Breast Care Center at St. Joseph Hospital at (603) 595.5700, ext. 2. This special service is being offered to women who are due or over-due for their yearly screening mammogram. Check with your insurance company, as most will cover the screening fee.

## **St. Joseph Home & Hospice Care Offers Flu Shots for Adults**

St. Joseph Home & Hospice Care, an affiliate of St. Joseph Hospital, will be offering flu shots for adults, ages 18 and over by appointment. Flu shots will be administered at St. Joseph Home & Hospice Care (entrance is located at the rear of the building), 24 North River Road, Milford. The fee is \$20 per individual. Medicare coverage is accepted; Medicare eligible individuals will need to present their Medicare card to receive service. No insurance will be accepted. For more information, please call Kathryn Carlino, RN at St. Joseph Home & Hospice Care at (603) 673.3460, ext. 62423.

St. Joseph Home & Hospice Care provides vital services and programs in three major areas of Home Care: Palliative Care, Hospice Program and Family Wellness Clinics. With offices in Nashua and Milford, St. Joseph Home & Hospice Care continues to meet the needs of the community through generous individual and business contributions.

## **St. Joseph Hospital and Pediatric Physicians Recognized by Harvard Pilgrim Health Care Honor Roll**

St. Joseph Hospital was recently recognized on the 2010 Harvard Pilgrim Health Care Hospital Honor Roll. The Hospital Honor Roll recognizes those adult, acute care hospitals whose performance was among the

top 25% of those measured nationally on a set of composite quality and patient experience measures, as reported by Centers for Medicare and Medicaid Services (CMS) on Hospital Compare and Leapfrog Patient safety measures.

In addition, St. Joseph Healthcare pediatric physician practices (represented by First Choice PHO) achieved the Harvard Pilgrim Health Care 2010 Pediatric Honor Roll. To achieve honor roll status, the physician practices had to consistently exceed the national 90th percentile published by the National Committee for Quality Assurance (NCQA) in the selected preventive/acute and chronic care HEDIS measures: Chlamydia Screening (ages 16-20), Well Child Visits (ages 3-6), Well Adolescent Visits (ages 12-21), Appropriate Treatment for Children with Upper Respiratory Infection and Treatment of Children with Pharyngitis (after an URI).

## **HAPPY NEW YEAR'S! SOUHEGAN VALLEY CHAMBER OF COMMERCE REFERRAL GROUP**

### **Since July, 2010**

169 Referrals  
\$74,500 in Revenue  
\$3,386 per Seat

Jonathan May,  
YourPresenceOnTheWeb.com  
Web Marketing, Design &  
Development Services

The Referral Group is more than just a networking group. It employs a structured approach that is designed to extend your business's "virtual sales force", and get your message out to a much larger circle of potential customers. Guess what? It works! And it's a fine group of people to get to know too.

If your resolution was to make 2011 better than ever, please visit us!

Contact Walter Schneckner  
C1M Photography  
673-8200 or wschneckner@c1mpp.com



## **VETERANS FIRST AUCTION**

## **Honoring all who serve** *Families • Neighbors • Friends*

We Need Your Help! Veterans FIRST must raise additional funds to expand emergency housing to service members and their families in need.

### **Auction**

**Date:**  
Saturday, April 16, 2011  
**Time:**  
6:00PM – 10:00PM  
**Location:**  
Alpine Grove  
19 S Depot Road, Hollis, NH

**Sponsored by Souhegan Valley Chamber of Commerce and Harbor Homes Inc.**

# January After Hours & Breakfast

## January After Hours at The Barn

Thursday, January 13th  
5:30 to 7:00 PM  
Hitchiner Manufacturing  
117 Old Wilton Rd, Milford

## January Breakfast

Bigtime Marketing on a Smalltime Budget  
Wednesday, January 26th  
7:30 to 9:00 AM  
Amherst Label  
15 Westchester Rd, Milford

Two great Chamber members are opening their doors to welcome you. Two great

opportunities to jumpstart your marketing efforts in 2011. Coupled with our Networking Palooza that precedes the After Hours, you will be making a triple play towards growing your business.

Join us to meet our hosts at Hitchiner and see the company's own restaurant expertly run by Jose Menendez. The Barn is open for breakfast and lunch and offers dishes that are wonderfully prepared and very reasonable. Plan to bring plenty of business cards because you will meet lots of new people!

Sponsoring our breakfast workshop on the 26th are SendOut Cards, Kathy Sousa, Classic Signs and YourPresenceOnTheWeb. It will build on the focus of the month – how to seize every opportunity to get your company in front of the people you want for clients. The speaker will help you develop strategies for using low cost methods for advertising and make sure your name is remembered.

**We would appreciate your RSVP to the Chamber office for both of these events for planning.**

## Sustaining Partnership Opportunity Launched

The Souhegan Valley Chamber of Commerce has been privileged to partner with many of the outstanding businesses in our area. It has been our pleasure to recognize their generosity in our publications, publicity and events. We are presenting this new opportunity that offers maximum return on your corporate marketing dollars. Sponsorships of Chamber events underwrite not only the events but allow local nonprofits and schools to share in the proceeds. Over the past five years, nearly \$100,000 has been reinvested in our communities. For that reason, we are initiating Sustaining Partnerships. We invite you to consider be-

ing part of this executive tier of sponsors at \$2,500. The accumulated value of the same levels subscribed individually is \$5,500. Only ten Partnerships are available. Three have been secured to date.

A Sustaining Partner will be recognized at the top level of sponsors for all four of the Chamber's major events. We understand our solicitation is just one of many that come to you. By consolidating the sponsorship packages and offering more exposure at a reduced cost, we are demonstrating our appreciation and consideration for the demands on your company. The total pack-

age will result in your company name or logo being seen almost 500,000 times. We hope you will want to be part of this elite recognition.

Sustaining Partnership will include:  
Top Level at all Four Events – Winter Gala with Opportunity Networks March 5; Veterans FIRST Auction with Harbor Homes April 16; Annual Awards Dinner June 2 and Southern NH Expo October 20, 2011.

**Company Logo** - Prominently placed on Website Home Page; Chamber Letterhead; Newsletter; Email Format for all communications.

**Company Banner** – Displayed at all four events; in the Chamber office.

**Program Ads** – Complimentary Ads in program books for Gala, Auction and Dinner. Lead placement with sponsors in Expo pullout.

**Reserved Seats** – Winter Gala and Veterans FIRST Auction.

**Pre Event Promotion** – Sustaining Partners listed in press releases.

We hope you will contact the Chamber office or a member of our Executive Committee with your questions or comments. We look forward to offering many levels of participation at all events, After Hours, Brown Bag Lunches and Breakfasts so every business that is interested in these opportunities can do so.

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672-8816 • FAX 673-8829 • [www.postalcenterusa.com](http://www.postalcenterusa.com)

## GSCU Supports Manchester Police

### GRANITE STATE CREDIT UNION SUPPORTS MANCHESTER POLICE K-9 FUNDRAISING EFFORTS

Granite State Credit Union is lending its support to the Manchester Police Department's fundraising efforts to add two new police dogs to its K-9 unit. "We recognize the value that these dogs and their handlers bring to the force," notes Pat Hamel, Vice President of Branch Administration. "With the advanced skills instilled by intense training, they not only serve the department, but the greater community at large. We encourage all local businesses to join us in lending

support to the MPD's fundraising efforts."

Celebrating 65 years in 2010 as a full-service financial institution, Granite State Credit Union serves individuals, families and businesses with membership open to anyone living or working within New Hampshire. For more information, visit [www.gscu.org](http://www.gscu.org) or call 800-645-4728.

In addition to the Manchester Branch, Granite State Credit Union currently has locations in Concord, Candia, Nashua, Amherst and Seabrook. It also maintains two student-run branches within Nashua



(Left to Right) Officer Lisa Mackey, Shana Lajoie, Manchester Branch Supervisor, Pat Hamel, GSCU VP Branch Administration, and Officer Allen Aldenberg.

High School North and Alvirne High School in Hudson.

## 6th Annual Small Business Day at the State House

February 1, 2011

Holiday Inn, Concord

Small Business Day is an opportunity for small business owners and managers to meet New Hampshire's top policymakers, to learn more about legislative issues that could affect your bottom line, and to receive valuable information about tools to help your company grow and prosper. This event is presented by the Business and Industry Association in cooperation with the New Hampshire Small Business Development Center and Souhegan Valley Chamber of Commerce sponsored by Public Service of New Hampshire, Anthem Blue Cross and Blue Shield, The New Hampshire Division of Economic Development, and media sponsor NH Business Review.

### PRELIMINARY AGENDA

- 7:30 a.m. Registration & Continental Breakfast
- 8:00 a.m. Welcoming Remarks
- 8:10 a.m. State Leadership Panel - Senate President Peter Bragdon, Senate Democratic Leader Sylvia Larsen, House Speaker Bill O'Brien and House Minority Leader Terie Norelli.  
Topic: What are the top small business issues facing the 2011 New Hampshire Legislature and how will our state elected leaders resolve them?
- 9:15 a.m. Break
- 9:30 a.m. Healthcare – Why is it so expensive and what can my small business do about it?  
Hear from a panel of experts about why

- healthcare is so expensive for small businesses in the Granite State, as well as a discussion about strategies and opportunities for controlling rising healthcare costs.
- 10:15 a.m. Break
- 10:30 a.m. Critical issues for small business
- 11:30 a.m. Adjourn

### REGISTRATION

Cost is \$15 per person and registration is required. To register, call 224-5388 x116 or visit [www.nhbia.org](http://www.nhbia.org) and click on February 1 on the events calendar.

## NH Center for Nonprofits Workshop

The Souhegan Valley Chamber was fortunate to have Scott Myers, First Colebrook Bank, present a breakfast seminar on nonprofit financial statements and practice. Sponsored by FCB, he gave a thorough overview for those who volunteer with our local organizations.

A new opportunity is available to probe the issues in more depth. We are happy to host the NH Center for Nonprofits series. Raising the Bar on Your Financial Management is the title for this three part series on basic fiscal practices. These programs will focus on strengthening your capacity to develop meaningful budgets and relevant financial statements that allow you and your board to

clearly understand your organization's fiscal status and strategize for the future.

The sessions run from 9:00 AM to noon and the dates scheduled are:

- January 13** – Budgeting Basics
- February 16** - Understanding Nonprofit Financials
- March 16** – Designing Great Financials

You may register for one of the sessions or all three. The fee is \$45 for members of the Center, \$90 for non-members. Register online at [www.nhnonprofits.org](http://www.nhnonprofits.org) or call 225-1947. SVCC holds a membership that would include our members.

## Tax Law Was Focus

Congress went right down to the wire with passing legislation covering tax law in December. What to anticipate when filing for 2010? That was the question for our presenter, Ken Fordham, J. Kenneth Fordham, CPA, at the December 16th Breakfast session. Sponsored by St. Mary's Bank, Ken was able to highlight the major areas for business and personal concern when preparing for filing. Some changes are more supportive of our business community and that was the good news. Maybe not so good, the IRS is tightening up the requirements for keeping track of expenses.

The handouts provided by Fordham were a good source for beginning to prepare. A copy is available in the Chamber office for those not able to participate. Just give us a call.

## Harbor Freight Tools Opens 1st NH Store

Harbor Freight Tools, the nation's largest discount tool retailer, opened their newest retail store located in The Amherst Commons Shopping Center at 123 Route 101A in Amherst. The Amherst store will be Harbor Freight's first location in New Hampshire.



The Grand Opening Celebration took place on Saturday, December 18th with Amy Wheeler, Chairman, Souhegan Valley Chamber of Commerce assisting Mike Berube, Store Manager and Bob Kimball, District Manager, Ron Cocolin, James Wiendfeld, and Nate Talabac.

## Southern NH Expo Volunteer Receives Award



Souhegan Valley Chamber of Commerce recognized Andrew Constable for his outstanding volunteer efforts at the SNH Expo this fall at Hampshire Dome. "It takes a lot of manpower to put on a successful event as big as the Expo," explained Mike Brisebois, chairman of the Expo and Director of Procurement for Hitchiner Manufacturing, Milford. "Andrew manned the doors at the Dome all day, helping exhibitors and attendees, smiling the whole time to make everyone feel good about coming."

Monarch Instrument in Amherst, where Andrew works, hosted a morning coffee for him. His co-workers gathered around him to applaud his efforts. "Andrew is a very special member of our team," said Alan Woolfson, who represented the Monarch management.

## CEJ Receives Employment Leader Award

### CEJ Computer Business Systems, LLC Acknowledged for Excellence in Disability Employment and Practice

Five NH businesses were recognized with an Employment Leadership Award for demonstrating exceptional leadership, innovation and/or a commitment to adopting hiring practices that improve employment opportunities for workers with disabilities. SV Chamber member, CEJ Computer Business Systems was congratulated by Gov. John Lynch, Fred Kocher, WMUR, FairPoint Communications President Teresa Rosenberger and Roy Duddy, NH Division of Economic Development at the Employer Recognition Breakfast in Concord. Jackie Freeman, office manager for CEJ was on hand to accept the award for owner, Chris Conway.

"Our most valuable business asset is a well-trained employee. It is our hope that other employers will take note that the able person with a disability could be their most valuable asset", Conway said. The Statewide Employer Recognition Breakfast and the Employment Leadership Award acknowledge the efforts of Granite State businesses that are actively implementing disability employment practices. 23 companies were nominated for the award. The mission of the Granite State Employment

Project is to improve the employment for people with disabilities in NH.

For nearly 20 years, CEJ Computer Business Systems, LLC has been offering solutions to the specific computer needs of its clients. Each solution, whether involving new equipment purchase, network design and installation or computer repair – is planned to respond to the individual requirements of each customer so this award winner's approach to responding to the individual needs of an able worker with a disability is consistent with this mission.

## ST. JOSEPH BUSINESS & HEALTH Occupational Health Services

St. Joseph Business & Health, Occupational Health Services is a leading provider in occupational medicine in Southern New Hampshire. They offer businesses immediate access for work-related injuries (workers' compensation) including evaluation, diagnosis and treatment for injured workers.

Their services also include:

- New hire physicals
- Drug and alcohol testing
- DOT physicals
- Respirator physicals
- Respirator fit testing

Right in your own community, St. Joseph Business & Health is the place for businesses that require comprehensive workers' compensation services, work site evaluations, wellness programs or medical exams for employees; it's all just a phone call away.



  
**ST. JOSEPH**  
BUSINESS & HEALTH

Call today to see how we can  
help your business.  
(603) 595.7371

17 Riverside Street  
Nashua, NH 03062  
[www.stjosephhospital.com](http://www.stjosephhospital.com)

# Holidays Shine Brightly at First Colebrook After Hours

Caroling, sparkling decorations and a crackling fireplace welcomed the Chamber members and guests of First Colebrook Bank for the December After Hours. Our hosts, led by Jim Tibbetts, CEO and Loyd Dollins, President, made sure everything was in place for a very successful evening. Carolers from the Amherst Baptist Church, including Chamber member Becky Tripp, Classic Signs, provided beautiful music for the season.

The lobby, the conference rooms and most of the offices were filled to overflowing with the 100+ gathered. Lots of new businesses in



attendance with many familiar faces to make for great connecting. Thank you to Amy Wheeler, Shelly Wetherbee, Scott Myers and all the wonderful folks at First Colebrook for a first class After Hours to ring in the holidays.

## HUNGER DOESN'T STOP AFTER THE HOLIDAYS!

The New Hampshire Food Bank serves over **127,000** hungry individuals through their agencies each year.



This January let's come together to improve lives and move the nation closer to the "Beloved Community" Dr. King envisioned by helping fight hunger in the Granite State!

**Join us by donating to your local food drive during the weeks surrounding MLK Day.**

**Accepting non-perishable donations January 3<sup>rd</sup> – January 28<sup>th</sup>**

For more information on how you can get involved contact Volunteer NH by phone at 271-7205 or email [nhvoad@volunteernh.org](mailto:nhvoad@volunteernh.org)



# WE UNDERSTAND COMMITMENT.

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1 Elm Street  
Milford, NH 03055  
603-673-3957

[www.edwardjones.com](http://www.edwardjones.com) Member SIPC

**Chris Marcucci**  
46 Route 101A  
Amherst, NH 03031  
603-672-5520

**Edward Jones**  
MAKING SENSE OF INVESTING

# Member Directory

Every month all of our Chamber members will be listed. Bold print will be used to distinguish Premiere and Premiere Plus Members. Additional information may be included in the listing for a nominal fee. A listing that includes logo, name, address, telephone and website is \$48 annually. Please contact the Chamber at 673-4360 for more information.

## -A-

### Accountants

Business Clinic, Inc., The ph: 672-1234  
Christopher Rogers, CPA ph: 673-0336  
Dionne & Strout, PA ph: 598-3693  
**J. Kenneth Fordham CPA ph: 672-1830**  
Steele Associates Tx Services & Business Services  
ph: 821-7891

### Air Conditioning/Heating

Absolute Mechanical ph: 249-9800  
Card Heating & Cooling ph: 673-9767  
Sanford Temperature Control ph: 672-1643

### Antiques

Amherst NH Outdoor Antique Market, Inc.  
ph: 673-2093  
Antiques at Mayfair ph: 546-0194  
Robin's Egg at 326 ph: 672-3900  
White Home Collections ph: 654-7363

### Apparel

Barbour, Inc. ph: 673-1313  
Haywards Trading Post ph: 673-1321

### Appliance Sales & Service

Brennan & MacKay Appliances ph: 673-1177

### Art Galleries/Instruction

Andres Institute of Art ph: 673-7441  
Expressions Gallery, Inc. ph: 673-2136

### Automobile Sales & Service

Contemporary Chrysler Dodge, Inc. ph: 673-5511  
Medlyn Motor, Inc. ph: 673-1667

## -B-

### Bakery

Frederick's Pastries  
109 Route 101A, Amherst ph: 882-7725  
25 South River Rd., Bedford ph: 647-CAKE  
The Good Loaf ph: 672-1500

### Banks & Banking Associations

Centrix Bank & Trust - Milford ph: 672-4200

#### First Colebrook Bank

69 Route 101A



Amherst, NH 03031  
ph: 673-1440  
fax 673-1290

www.firstcolebrookbank.com

Laconia Savings Bank ph: 527-7207

Lake Sunapee Bank ph: 673-2350

The Nashua Bank ph: 882-2700

**Peoples United Bank - Jones Road** ph: 673-4700

**Peoples United Bank - Lorden Plaza** ph: 672-5055

TD Bank ph: 249-4021

### Banquet Catering

Alpine Grove Banquet Facility ph: 882-9051

### Books New & Rare

Mori Books ph: 732-0258  
Toadstool Bookshop ph: 673-1734

### Boutiques & Specialty Shops

Amanda Thomas, LLC ph: 595-9447  
The Color Shop & More ph: 654-6297  
Cozy Baby ph: 672-5554  
The CozyTea Cart ph: 249-9111  
Salzburg Square ph: 732-6507

### Business and Organizing Services

Space 4U, LLC ph.765-9267

### Business System Consulting

Schiek Technology Consulting ph: 465-1575

## -C-

### Chiropractors

Amherst Chiropractic ph: 673-9191  
Amherst Family Chiropractic Wellness Center  
ph: 673-0010  
Backstop Chiropractic Health Ctr, Inc., The ph: 673-1511  
Elm Chiropractic Center ph: 673-6133  
Spinal Corrective Center ph: 673-5600

### Churches

St. Paul Lutheran Church ph: 821-7891

### Civic Organizations

American Red Cross ph: 625-1951  
Amherst Lions Club ph: 673-2834  
High Hopes Foundation of NH ph: 429-1010  
Little Hands to Hold Inc. ph: 547-2114  
Make-A-Wish Foundation of NH ph: 623-9474  
Milford Historical Society ph: 673-3385  
Milford Main Street/DO-IT ph: 672-4567  
Milford Rotary Club ph: 673-4778  
Nashua Senior Activity Center ph: 889-6155 ext.12  
Opportunity Networks ph: 883-4402  
Planet Aid ph: 533-9437  
Rotary Club of Hollis Brookline ph: 589-0808  
SCORE ph: 666-7561  
SHARE ph: 673-9898  
United Way of Greater Nashua ph: 882-4011  
Wilton Main Street Association ph: 654-3020

### Cleaning/Restoration

Wendi's Cleaning Services, Inc. ph: 673-4266

### Coin Dealers/Collectibles

Rare Coins of New Hampshire, Inc. ph: 673-9311

### Communication Skills

Milford Toastmasters ph: 731-0116

### Computer Services

Bristone ph: 673-6696  
CEJ Computer Business ph: 424-3117  
Computer Alliance ph: 881-8411  
Microtime ph: 672-7076  
YourPresenceOnTheWeb.com ph: 801-0688

### Confections

EJ's Bakery ph: 654-9393



Frederick's Pastries  
109 Route 101A, Amherst ph: 882-7725  
25 South River Rd., Bedford ph: 647-CAKE  
Lisa's Sweets ph: 672-1022  
Maple Lane Farm ph: 654-5362

### Conservation Education

Beaver Brook Association ph: 465-7787

### Construction/Contractors

Allen Remodeling ph: 672-5992  
Gavin Remodeling ph: 672-3200  
Guardian National ph: 275-4484  
Hammersmith Post & Beam ph: 654-3210  
National Property Consulting & Management, LLC  
ph: 490-3692  
Portrait Homes Inc. ph: 672-8228  
The Stabile Companies ph: 889-0318

### Credit Unions



Granite State Credit Union ph: 249-9035  
www.gscu.org  
St. Mary's Bank phone ph: 249-7301  
Triangle Credit Union ph: 577-9137

## -D-

### Dance Instruction

Kathy Blake Studios ph: 673-3978

### Dental Practices

Amerident Dental ph: 672-6546  
Amherst Pediatric Dental Associates ph. 673-1000  
**Family Dental Care of Milford P.A.**  
154 Elm Street / PO Box 135  
Milford, NH  
ph: 673-3332  
www.fdcmilford.com  
Kayser, Clark & Leighton PLLC ph: 673-7950  
Kenneth G. Edwards, D.D.S. Family Dental Care  
ph: 673-0782

## -E-

### Education

Empowering Education ph: 703-1664

### Elder Housing

Bentley Commons ph: 644-2200  
Parkhurst Place ph: 249-1600  
The Isle at Ledgewood ph: 672-5037

### Electricians

Evan Jones Master Electrician ph: 289-1589  
KB Electric, LLC ph: 801-3563

### Employment Staffing Services

Accurate Staffing, LLC ph: 673-1083  
Adecco, The Employment People ph: 598-0117  
Demarest Career Directions ph: 249-5641  
Personnel Interface Staffing Services, Inc., The  
ph: 732-0206

## -F-

### Family Services

Big Brothers Big Sisters of Greater Nashua  
ph: 883-4851  
Bridges-Domestic & Sexual Violence Support  
ph: 672-9833

Granite State Child and Family Counseling, LLC  
ph: 672-1881  
Nashua Pastoral Care Center, Inc. ph: 886-2866

### Financial Services

AspenCross Financial Group ph: 232-8262  
Boutin Financial Group ph: 878-0584  
Commonwealth Financial Group ph: 769-7776  
Edward Jones Investments - Amherst ph: 672-5520  
Edward Jones Investments - Milford ph: 673-3957  
Merrill Lynch ph: 628-3244  
Mike Bonacorsi, LLC ph: 769-3111

### Fitness Facilities

Amherst Yoga ph: 673-7661  
Hampshire Hills Sports & Fitness Club ph: 673-7123  
Nia NH & Yoga, LLC ph: 562-7525

### Florists

Amaryllis ph: 889-7750  
Works of Heart ph: 673-3299

### Fuel

Ciardelli Fuel Co., Inc. ph: 673-1336  
Lorden The Home Climate Co. ph: 315-4222

### Funeral Homes

Nelson-Michaud Funeral Home ph. 654-6524

### Furniture Retail

Winchendon Furniture Co., Inc. ph: 880-6393

## -G-

### Garden Centers & Nurseries

Milford Agway ph: 673-1669

### Gifts

J.M. Princewell ph: 673-0611  
Just Naturals Boutique ph: 672-6900  
Lozier Studios LLC ph: 672-0976

### Government

Town of Amherst ph: 673-6041  
Town of Milford ph: 673-3514  
Town of Wilton ph: 654-9451

### Graphic Design Services

FixMedia ph: 721-9283  
Patelligence, LLC ph: 367-8072  
Robin Warren Website Design ph: 424-0814  
William Pike Design ph: 672-5176  
YourPresenceOnTheWeb ph: 801-0688

### Gymnastics Instruction

Gymnastics Village, Inc. ph: 889-8092

## -H-

### Health/Wellness Services

Granite State Vitamins ph: 801-8452

### Home Health Care/Nursing Homes

Home Healthcare, Hospice & Community Services  
ph: 532-8353  
Living at Home SeniorCare ph: 546-6060  
St Joseph Home & Hospice Care ph: 673-3460  
The Elms Care & Rehabilitation Ctr. ph: 673-2907

### Home Improvement

Artistic Tile ph: 886-1920  
Budget Blinds of Keene ph: 354-7801  
Devine Flooring ph: 654-5400  
Dial I Maintenance Service ph: 529-0711  
Home Theater & Beyond ph: 424-1968

Lowe's Home Improvement ph: 521-9241  
Simply Works Home Entertainment Solutions  
ph: 249-8999  
Total Deck Care ph: 303-5292

### Hot Dog Cart

Pete's Diggity Dogs ph: 249-6896

### Hotels and B&B

Hampton Inn Nashua ph: 883-5333  
Stepping Stones Bed & Breakfast ph: 654-9048  
Zahn's Alpine Guest House ph: 673-2334

## -I-

### Insurance

Aflac ph: 781-223-0276  
Allstate Ins. Co. Jim Parolin & Associates ph: 429-8800  
American Family Life Assurance ph: 234-0492  
Beard & Boyd Insurance Agency LLC ph: 673-7228  
Constable Agency-Nationwide, Inc. ph: 672-2243  
Combined Insurance, CR Group, LLC ph: 943-0508  
Davis & Towle Insurance Group ph: 672-5255  
Eaton & Berube Insurance Agency, Inc. ph: 673-0500  
Frambach Long Term Care Ins. Planning  
ph: 883-2128  
Holt Agency, The ph: 673-1201  
Liberty Mutual Insurance ph: 472-3597  
Proctor Insurance Agency, The ph: 654-2081  
Tom Peters State Farm Insurance Agency  
ph: 889-4333

## -L-

### Landscaping Contractors

Let the Other Guy Do It Landscaping ph: 672-5180  
New England Elements ph: 801-5879

### Law Offices

David G. Sturm, Counselor at Law, PLLC ph: 673-4543  
Donald H Sienkiewicz, Attorney at Law  
ph: 654-8811  
Griffin & Owen P.C. ph: 673-5200  
Maiona Law, PLLC ph: 769-3924  
Wiggin & Nourie ph: 669-2211  
Wing & Weintraub, P.C. ph: 673-7256

### Libraries

Wadleigh Memorial Library ph: 673-2408

### Lighting, Fixtures & Supplies

Souhegan Lighting Products, LLC ph: 889-8962

### Limousine Service

L.A. Limousine ph: 654-3899

## -M-

### Management Consultation & Training

Calm Water, LLC ph: 566-7847  
Sapphire Consulting, LLC ph: 889-1099

### Manufacturing

Alene Candles, Inc. ph: 673-5050  
Cirtronics Corporation ph: 249-9190  
Hitchiner Manufacturing Company, Inc. ph: 673-1100  
MTH ph: 886-0011  
Saint-Gobain Crystals ph: 673-5831  
Williams & Hussey Machine Co., Inc. ph: 654-6828

### Marketing Consultants

MarketingFIRST  
44 Catacunemaug Road, Shirley, MA 01464  
978-764-8711

### Markets

Earthward Natural Foods & Co-op ph: 673-4322

### Massage Therapy

Associated Muscular Therapy ph: 582-5409  
Caring Hands Massage Therapy, LLC ph: 508-1562

### Mortgage Services

First Eastern Mortgage ph: 800-999-7788 x13  
NE Best Rate Mortgage ph: 930-5706  
NE Moves Mtg LLC ph: 472-5281

### Moving & Storage

Currier Self Storage ph: 673-9538  
Granite Clover Self Storage, LLC ph: 883-2188

### Music/Performing Arts

Milford Area Players ph: 801-4473  
Monadnock Chorus ph: 654-5566

## -N-

### Newspapers

Cabinet Press, The ph: 673-3100  
Telegraph, The ph: 594-6539

## -O-

### Office Equipment

Konica Minolta Business Solutions  
ph: 898-4114  
New England Copy Specialists  
ph: 800-321-6327 x7745  
Oce Imagistics, Inc ph: 472-8119  
Staples Office Superstore ph: 578-4897

### Optometrists

Joseph J. Raczek O.D. ph: 673-7428  
Nashua Eye Associates, Inc. ph: 672-8800

### Orthodontics

Amherst Orthodontics ph: 672-0844  
Edward L. Klopfer D.D.S., PA Orthodontist  
ph: 673-2406

## -P-

### Painting

Markal Angelo ph: 566-9013

### Party and Event Rentals

Monadnock Tent Rental ph: 562-6690  
Special Events of New England ph. 624-8389

### Paving & Plowing



Shattuck Paving & Plowing, LLC ph: 654-5695

### Payroll

Time Pay\$ of NH ph: 233-6676

### Personal Chef

The Everyday Epicure ph: 672-0708

### Pets

#### Food for Pets / Souhegan Pet Supply

Cobblestone Corner, 76 Route 101A  
Amherst, New Hampshire 03031  
ph: 673-7387  
email: food\_for\_pets@comcast.net  
Granite State Dog Center ph: 672-3647

### Photography

Catching I Moment Professional Photography  
ph: 673-8200  
Tracy Hanlon Photography ph: 769-0513

## Physical Therapy

Amherst Physical Therapy ph: 672-5125  
 Apple Therapy ph: 769-3331  
 Hampshire Hills Clinic for Physical Therapy  
 ph: 672-4478

## Physicians & Surgeons

Dartmouth - Hitchcock Milford ph: 673-2515  
 Elliot Family Medicine at Amherst ph: 249-3000  
 Foundation Medical Partners ph: 577-2770  
 Greenhouse Naturopathic Medicine ph: 465-2895  
 Dr. Jennifer Madden Family Practice ph: 769-3308  
 Milford Medical Center ph: 673-5623  
 Robert D'Agostino MD Family Practice  
 ph: 672-2003

## Postal / Package Services

Postal Center USA ph: 672-8816

## Plumbers

Jason Wetherbee, LLC ph: 673-6719

## Printing/Publishing

Amherst Label, Inc. ph: 673-7849  
 The Armarium Press ph: 878-3811  
 Copy Shop, Inc., The ph: 882-9111  
 Gallygher Printing Services, ph: 672-4540  
 Hansen Printing & Design Services, LLC ph: 672-7599  
 Labels For Less ph: 654-8379  
 Minuteman Yellow Pages ph: 866-922-3990  
 SendOutCards Distributor ph: 878-2411  
 SendOut Cards Distributor 673-2665  
 Town Planner Community Calendar ph: 791-4748

## Propane

EnergyNorth Propane ph: 654-6070  
 Suburban Propane ph: 673-2903

## Property Management

Stewart Property Management ph: 641-2163

## Public Relations

Civic Media Corporation ph: 673-9545

## -R-

## Real Estate

Amherst Rose Realty ph: 673-9141  
 Bean Group, Sharon Campbell ph: 493-5347  
 Coldwell Banker ph: 673-4000  
 Grubb & Ellis/Coldstream Real Estate Advisors, Inc.  
 ph: 623-0100 x 207  
 Joan P. Lemire Real Estate ph: 654-6118  
 Kokko Realty, Inc. ph: 673-7000  
 Leonard, Lee & Company ph: 672-5100  
 Norwood Group, The ph: 673-1775  
 Prudential/Verani Realty, Inc. - Londonderry 434-2377  
 RE/MAX Country Properties - Amherst 673-9747  
 Roedel Partners, LLC ph: 654-2040  
 S.T. Cutter Real Estate, LLC ph: 493-5347  
 Sunset Settlement Company, LLC ph: 598-4030  
 Transitions Realty, LLC 673-0833

## Recreation / Golf Clubs

Amherst Country Club ph: 673-9908  
 The River Card Room ph: 249-5548

## Restaurants

Elisha's Restaurant ph: 249-9452  
 Longhorn Steakhouse ph: 579-6975  
 Milford Coffee & Provisions ph: 672-5464  
 Red Arrow Diner 23 ph: 249-9222

## Retail

Very Cozy Baby, LLC ph: 672-5554  
 Wal-Mart ph: 672-3421

## Retreat Center

This Field, Center for Beginner's Mind ph: 249-5549

## -S-

## Salons & Spas

Ageless Salon & Medical Day Spa ph: 883-3550  
 Innovations, Salon & Spa ph: 880-7499  
 Salon 2000 & Green Gallery ph: 654-6930  
 Salon Aquavit ph: 673-6006  
 SpaScape, LLC ph: 249-5807

## Schools

High Mowing School ph: 654-9408  
 Little Einsteins Preschool Learning Center, LLC  
 ph: 673-3022  
 Pine Hill Waldorf School ph: 654-6003  
 RSEC Academy ph: 886-8500 ext. 309  
 SAU #39-Amherst/MontVernon/Souhegan 673-2690  
 SAU #40-Milford School District ph: 673-2202  
 SAU #41 Hollis/Brookline School District 465-2269  
 Southern New Hampshire University ph: 881-8393  
 Wilton-Lyndeborough Coop Middle/High School  
 ph: 654-6123

## Septic Services

Souhegan Septic Tank Service, LLC ph: 673-4711

## Sign Manufacturing

Classic Signs ph: 883-0384  
 Poyant Signs, Inc. ph: 673-4233

## Sporting Goods

Sports Authority ph: 594-3041

## Stoves – Wood, Pellet, Gas

Solstice Pellet Stove Solutions, LLC ph: 325-1134

## Supermarkets

Shaw's Supermarkets, Inc. ph: 672-1280

## Surveyors & Engineering

Meridian Land Services, Inc. ph: 673-1441

## -T-

## Take-Out Foods

Moulton's Market ph: 673-2404

## Telecommunications/Communication

DSCI Corp. 781-862-4545  
 Moore Enterprises ph: 978-597-0204  
 US Cellular - Nashua ph: 533-2070

## Tire Dealers

Carson City Tire, Inc. ph: 673-5402

## Tractor Sales & Service

B - B Chain, Inc. ph: 673-3455  
 Chappell Tractor Sales ph: 673-2640

## Trash Removal

H2O Waste Disposal Services, LLC ph: 732-0961

## Tutoring

Huntington Learning Centers ph: 595-1880

## -U-

## U.S. Military

Employer Support for the Guard and Reserves  
 ph: 225-1342  
 NH National Guard ph: 225-1206

## Utilities

Public Service of New Hampshire ph: 634-2380  
 TDS Telecom ph: 888-837-1347

## -V-

## Veterinary Medicine & Surgery

Hollis Veterinary Hospital, PLLC ph: 465-7071  
 Ponemah Veterinary Hospital ph: 673-5300

## Voice Over Services

Priscilla Hamilton, Voice Overs ph: 759-3145

## -Y-

## Youth Clubs & Organizations

Souhegan Valley Boys & Girls Club ph: 673-6820

## MEMBER SERVICES

	Members	Non-Mems.	Newsletter Size	Advertising* 1 Issue	Prepaid 12 Months
Newsletter Subscription	Free	\$15/yr.			
Chamber Conf. Rm.	Free	\$50.	Business Card	\$25.	\$250.
Certificate of Origins	Free	\$35.	1/4 Page	\$35.	\$350.
Relocation Packages	Free	\$10.	1/2 Page	\$60.	\$600.
Member Mailing Labels (1st Set)	Free	\$35.	Back Page	\$100.	\$1,000.
Event Announcements	Free	\$25.	Full Page Inside	\$100.	\$1,000.
Welcome Bags			Insert **	\$75.	\$750.
One Sheet/Item	\$50.	\$100.			

\* Prices for camera ready artwork. Design service available at additional fee.

\*\* Must supply enough inserts to meet newsletter distribution.

Stand out in our directory with an extended listing!  
 For just an additional \$48 annually you can have your logo, tag line,  
 address, and fax number added to our directory.

Contact the Chamber for more details.

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# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4 7:00 Referral Group 4:00 Gala	5 8:00 Event Leaders	6 8:00 Exec. Comm.	7	8
9	10 4:00 Freedoms Way Planning Meeting at Devens	11 7:00 Referral Group	12 8:00 Veterans FIRST Auction	13 7:30 Board of Directors 9:00 NH Center Non- profits Workshop 4:00 Networking Palooza 5:30-7 After Hours at Hitchiner	14 Noon Membership	15 10-4 Red Cross Babysitting Class
16	17 Martin Luther King Day	18 7:00 Referral Group 4:00 Gala	19	20	21 8:00 Expo 2011	22
23	24	25	26 7:30-9 Breakfast at Amherst Label 8:00 Veterans FIRST Auction	27	28	29
30	31	7:00 Referral Group				

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Thank you to our Sustaining Partners

Souhegan Valley Chamber of Commerce  
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